



BALLARAT GOLD SWIMMING CLUB

Presents

2022 Ballarat Gold Long Course Meet

A proposed long course qualifying meet.

Sunday 9th October 2022 at

Ballarat Aquatic and Lifestyle Centre, Gillies St North, Ballarat

Doors open 9.00am, warm up 9.15 am, start 10.00am
Entry is via double doors at the North end of the competition pool

Program of events

Event #		SESSION 1	Event #		SESSION 2
Female	Male	Event	Female	Male	Event
1		Mixed Open 400m Freestyle*	14	15	Open 200m IM
2		Mixed Open 400m IM*	16	17	Open 50m Backstroke
3	4	Open 50m Butterfly	18	19	Open 100m Freestyle
5	6	Open 100m Breaststroke	20		Mixed Open 200m Butterfly
7		Mixed Open 200m Backstroke	21	22	Open 50m Breaststroke
8	9	Open 50m Freestyle	23	24	Open 100m Backstroke
10	11	Open 100m Butterfly	25	26	Open 200m Freestyle
12		Mixed Open 200m Breaststroke	27		Mixed Open 4x50m Medley Relay
13		Mixed Open 4x50m Free Relay	Please stay for Age Group medal		
BREAK			PRESENTATION		

*Events 1/2 may be combined. Limit of 4 combined heats, open to the first 32 swimmers to enter.
Only enter EITHER Event 1 OR Event 2, do NOT enter both.

All enquiries to Jo Peters, jo@farmingit.com.au , 0438 823 965

Conditions of Entry

Entries:

Meet open to SAL registered swimmers only.
Age of competitors is as at date of meet.
ONLINE entries via [Swim Central](#).
\$12 per event (includes Swimming Victoria levy)
Entry Fees will not be refunded*.
Closing date 1st October, no late entries will be accepted.
The Meet Director reserves the right to cancel/ merge events or alter the program as required.
Ballarat Gold Swimming Club reserves the right to close online entries early to accommodate time constraints.
*Events 1/2 maybe combined. Limit of 4 combined heats, open to the first 32 swimmers to enter.
Only enter EITHER Event 1 OR Event 2, do NOT enter both.

Meet:

Meet to be conducted under the rules of Swimming Australia and Swimming Victoria.
One start rule applies.
The SV [11 & Under swim suit rule](#) will apply to this meet.
The Referees decisions will be final.
All events are timed finals with POINTS awarded for individual events in the following age categories: 11 & U, 12/13, 14/15, 16/17 and 18 & O for both male and female swimmers. Medals will be awarded for 1st, 2nd & 3rd AGGREGATE POINTS at the conclusion of the meet in each age group. Please stay for the medal presentation following the final Relay event.

Relays:

Mixed relay – minimum 1 girl/team.
Email relay entry details to jo@farmingit.com.au by Tuesday 4th October.
Relay entries are \$16 per team. No restrictions on the number of teams entered
Relay payments -Direct deposit to Ballarat Gold SC Inc. BSB 633-000, Account No.1083-32453 using "LCRelay club name" as a reference. Please forward remittance advice to jo@farmingit.com.au

General:

Program, timeline and athlete roster available no later than two days prior to competition from [Swim Central](#) and [Ballarat Gold Website](#)
Free spectator entry. Grandstand seating available.

Covid-19 information:

Nominees agree to adhere to Victorian Covid Rules and Restrictions in place at time of Meet, in addition to any Venue specific requirements and [SV's COVID-19 Terms & Conditions](#).
If you are feeling sick or have symptoms of COVID-19, DO NOT ATTEND this competition.
*Individual refunds may be considered.
All Meet details subject to change based on Victorian Covid Rules and Restrictions at time of Meet.