



BALLARAT GOLD
SWIMMING CLUB

Takes pleasure in presenting the

2022 Ballarat Gold Long Course Meet

A proposed qualifying meet



BALLARAT GOLD
SWIMMING CLUB



coles

Ballarat Central

Long Course Meet

Sunday 9th Oct
Ballarat Aquatic & Lifestyle Centre

Ballarat Gold acknowledges the support of the following
sponsors and partner organisations



Ballarat Central

Mark Stahl

Swim School



swimmerch



Thank you for your continued Support

Welcome

The Members and Committee of Ballarat Gold Swimming Club welcome all competitors to Ballarat for our club's 2022 Long Course Meet. We wish everyone an enjoyable day at the Ballarat Aquatic and Lifestyle Centre and hope that you all achieve the goals that you have set for today.

We would like to thank the following Officials and Volunteers who have provided their time today to allow us to run a Qualifying Meet: Kevin Carolan, Gavin Parkinson, Jenny Ough, Heather Lang, Muriel Aberline, Michelle Gristede, Julian Cofield, Angela Riddle, Tim Sutherland, John Luo, Louise Gorman, Jen Ravisa, Lisa Makara, Celina Scott, Jo Peters, Jac Pierce, Issy Jarvis, Bec Tracy, Jess Rodda, Suzanne Liu, Helen Wills, Belinda Taylor, Elizabeth McCormack, Adam Laube, Marissa Cofield, Sally Howe, Tim O'Callaghan, Trevor Costellow, Rod Ward, Marc Schnyder. Additionally, thanks to all other parent volunteers and timekeepers, without whom we would not be able to run the meet.

Ballarat Gold appreciates the support that the following clubs and their members have shown for this meet and would like to thank everyone for complying with Covid-Safe practices.

Ballarat GCO Swimming Club Inc
Ballarat Gold Swimming Club Inc
Ballarat Swimming Club Inc
Bendigo East Swimming Club
Camberwell Grammar Aquatic
Echuca Swimming Club Inc
Essendon Dolphins Swimming Club Inc
Flyers Swim Team (Victoria)
Geelong Sharks Swimming Club
Geelong Swimming Club Inc
Hamilton Olympic Swimming Club
Ivanhoe Aqua Power Swimming Club
Kangaroo Flat
Kardinia International College
Kyabram Swimming Club
Melbourne Swimming Club
Melton Swimming Club Inc
MLC Aquatic Inc (Victoria)
Starplex
Tuggeranong Vikings SC
Warragul Swimming Club
Warrnambool Swimming Club

Ballarat Gold Swimming Club would like to Acknowledge the Traditional Custodians of the land, the Wadawurrung People, and pay our respects to their Elders past, present and emerging and extend that respect to all Aboriginal and Torres Strait Islander People.

JOLYN pop-up shop

WHAT:

2022 BALLARAT GOLD
LONG COURSE SWIM MEET

WHEN:

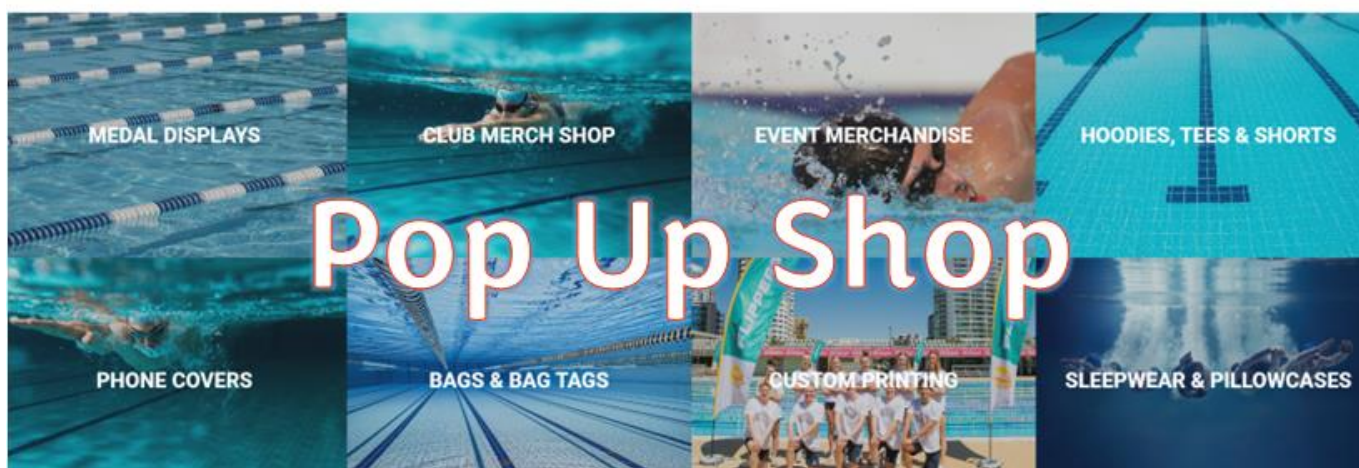
9:00AM - 2:00PM
SUNDAY 9TH OCTOBER, 2022

WHERE:

BALLARAT AQUATIC & LEISURE
CENTRE, GILLIES STREET NORTH

swimmerch
swimmerch

HOME GIFTS & CARDS POP UP SHOPS SWIMMING AUSTRALIA SWIMMING VICTORIA
CLUB MERCH SHOP MEDAL DISPLAYS APPAREL CUSTOM PRINTING GALLERY
EVENT MERCHANDISE LATEST SWIMMERCH EDIT



Pop Up Shop

Ballarat Gold Swimming Club Long Course Meet

WHEN : Sunday 9th October

Time: From 10:00 am

WHERE : Ballarat Lifestyle and Aquatic Centre - Courtyard



BALLARAT GOLD SWIMMING CLUB

Presents

2022 Ballarat Gold Long Course Meet

A proposed long course qualifying meet.

Sunday 9th October 2022 at

Ballarat Aquatic and Lifestyle Centre, Gillies St North, Ballarat

Doors open 9.00am, warm up 9.15 am, start 10.00am
Entry is via double doors at the North end of the competition pool

Program of events

Event #		SESSION 1		Event #		SESSION 2
Female	Male	Event		Female	Male	Event
1		Mixed Open 400m Freestyle*		14	15	Open 200m IM
2		Mixed Open 400m IM*		16	17	Open 50m Backstroke
3	4	Open 50m Butterfly		18	19	Open 100m Freestyle
5	6	Open 100m Breaststroke		20		Mixed Open 200m Butterfly
7		Mixed Open 200m Backstroke		21	22	Open 50m Breaststroke
8	9	Open 50m Freestyle		23	24	Open 100m Backstroke
10	11	Open 100m Butterfly		25	26	Open 200m Freestyle
12		Mixed Open 200m Breaststroke		27		Mixed Open 4x50m Medley Relay
13		Mixed Open 4x50m Free Relay		Please stay for Age Group medal		
BREAK				PRESENTATION		

*Events 1/2 may be combined. Limit of 4 combined heats, open to the first 32 swimmers to enter.
Only enter EITHER Event 1 OR Event 2, do NOT enter both.

All enquiries to Jo Peters, jo@farmingit.com.au , 0438 823 965

Conditions of Entry

Entries:

Meet open to SAL registered swimmers only.
Age of competitors is as at date of meet.
ONLINE entries via [Swim Central](#).
\$12 per event (includes Swimming Victoria levy)
Entry Fees will not be refunded*.
Closing date 1st October, no late entries will be accepted.
The Meet Director reserves the right to cancel/ merge events or alter the program as required.
Ballarat Gold Swimming Club reserves the right to close online entries early to accommodate time constraints.
*Events 1/2 maybe combined. Limit of 4 combined heats, open to the first 32 swimmers to enter.
Only enter EITHER Event 1 OR Event 2, do NOT enter both.

Meet:

Meet to be conducted under the rules of Swimming Australia and Swimming Victoria.
One start rule applies.
The SV [11 & Under swim suit rule](#) will apply to this meet.
The Referees decisions will be final.
All events are timed finals with POINTS awarded for individual events in the following age categories: 11 & U, 12/13, 14/15, 16/17 and 18 & O for both male and female swimmers. Medals will be awarded for 1st, 2nd & 3rd AGGREGATE POINTS at the conclusion of the meet in each age group. Please stay for the medal presentation following the final Relay event.

Relays:

Mixed relay – minimum 1 girl/team.
Email relay entry details to jo@farmingit.com.au by Tuesday 4th October.
Relay entries are \$16 per team. No restrictions on the number of teams entered
Relay payments -Direct deposit to Ballarat Gold SC Inc. BSB 633-000, Account No.1083-32453 using "LCRelay club name" as a reference. Please forward remittance advice to jo@farmingit.com.au

General:

Program, timeline and athlete roster available no later than two days prior to competition from [Swim Central](#) and [Ballarat Gold Website](#)
Free spectator entry. Grandstand seating available.

Covid-19 information:

Nominees agree to adhere to Victorian Covid Rules and Restrictions in place at time of Meet, in addition to any Venue specific requirements and [SV's COVID-19 Terms & Conditions](#).
If you are feeling sick or have symptoms of COVID-19, DO NOT ATTEND this competition.
*Individual refunds may be considered.
All Meet details subject to change based on Victorian Covid Rules and Restrictions at time of Meet.

Hockey Pitch

Prince of Wales Recreation Reserve
Gillies St N,
Lake Gardens
VIC 3350

To Car Park

Roundabout

North End

Meet Entry/Exit

swimmerch

BALLARAT GOLD
SWIMMING CLUB

SAUSAGE Sizzle



Centre entrance
and reception

Café

Grandstand Seating

Results posted on window
Readable outside

100m, 200m, 400m
events start

50m Competition Pool

50m events start

25m Pool

Warm up/ Cool down during
competition (2 lanes)

Marshalling area

Change rooms
and toilets

Recording



2022 Ballarat Gold Long Course Meet Marshalling

An informal Marshalling process will be in operation. All swimmers should Marshall in the Grandstand next to the 25m pool (see venue map)

Please listen for announcements and keep an eye on the Marshalling board to know when to go to the Marshalling Area. The Meet program will be displayed on the '25m pool Grandstand wall' (see map) or swimmers can ask the Marshalling assistants for help.

To assist with marshalling, we recommend swimmers arrive at the event prepared with the following information that they will need for marshalling:

- Event number/s
- Heat number/s
- Lane number/s

It is also a good idea for swimmers to write all event/heat/lane numbers on their arm, in that order.



2022 Ballarat Gold Long Course Meet

Timekeeper Roster

The smooth running of this Meet is reliant on Volunteer Timekeepers. Your assistance in this matter is greatly appreciated. Please can all clubs listed below ensure that, unless otherwise specified, they have supplied **TWO** timekeepers to the correct lane for the duration of the meet.

Timekeepers should be ready to take their seats immediately prior to the conclusion of warm up for the first session. Timekeepers should take their seats 5 minutes prior to the commencement of the second session after the morning break. Please listen carefully for the starting time of the second session since this could be subject to change on the day of the meet. Timekeepers should bring their own water bottle. All Timekeepers should record their name, club and time period they were on duty in the Timekeeper log for their lane (in the clipboard).

Lane	Session 1 (10am – 12ish)	Session 2 (12:30pm – 3ish)
1	Kangaroo Flat	Geelong
2	Ballarat GCO/ Ballarat SC	Ballarat Gold
3	Ballarat SC	Ballarat Gold
4	Ballarat Gold	Ballarat Gold
5	Ballarat Gold	Ballarat Gold
6	Ballarat Gold	Ballarat Gold
7	Ballarat Gold	Ballarat SC
8	Warrnambool SC	Ballarat GCO/ Ballarat SC

BACKSTROKE START LEDGES

Backstroke ledges will be installed and available to all swimmers at the 2022 Ballarat Gold LC Meet.

Their use is optional at the discretion of each swimmer.

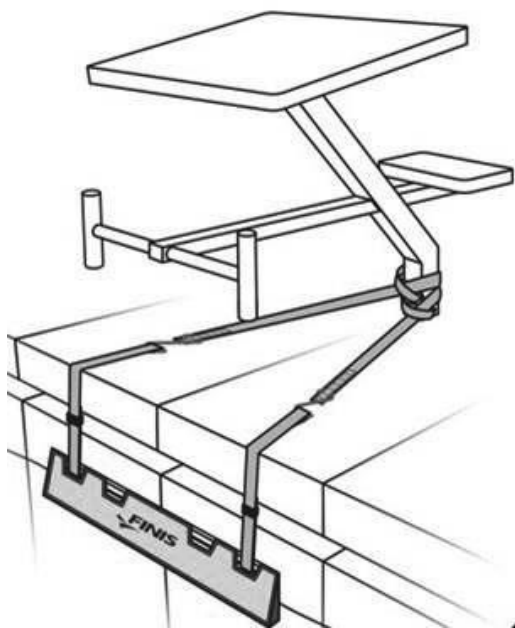
Technical officials (or timekeepers) will place the ledge in the water. This should not be undertaken by swimmers.

Swimmers may adjust the ledge once it is in the water using the hook on each strap.

When using a backstroke ledge at the start, the toes of both feet must be in contact with the face of the touchpad.

Once the race has started the ledge will be removed from the water and placed under the block.

If a swimmer does not wish to use the ledge, they should ask the official (or timekeeper) to remove the ledge from the water prior to the start of the race.



11 & UNDER TECHNICAL/PERFORMANCE SUIT POLICY



Swimming Victoria, alongside Swimming Australia, is committed to creating a welcoming and inclusive swimming environment for all competitive members. In 2021, Swimming Australia introduced an [Inclusive Swimming Policy](#) with the aim to ensure:

- All Australians feel welcome safe, valued, and celebrated in swimming.
- All Australians can participate in the role and at the level of their choice in swimming.
- Australia's diversity is reflected in swimming.

Swimming Victoria have adopted this framework for all competitions run under the Swimming Victoria rules.

In addition to this framework, the Swimming Victoria Competitions & Events By-Law states that:

'Competitors 11 years and under are not permitted (or allowed) to wear a technical/performance suit in SV hosted competitions'.

This also extends to all competitions run under the Swimming Victoria rules.

Swimming Victoria believe that in order to keep young swimmers in our sport, we need to be providing an environment that encourages them and keeps the level of competition and pressure appropriate for their age. Further rationale for this policy is outlined below.

What is a Technical/Performance Suit?

Technical/Performance racing suits are typically manufactured using scientifically advanced materials. Materials of this type are normally comprised of spandex and nylon composite fabrics with features to reduce 'drag' against the water, reduce absorption of water and are highly compressive to increase the athlete's glide through the water.

The design of these suits also typically includes features like special seams and tape to optimise performance. Traditional one-piece race suits for girls as well as briefs and trunks for boys are not technical/performance suits and are permitted under this policy. Knee length suits and 'jammers' (suits that end closer to the knee than the hip) will be permitted provided they do not feature the key components of a technical/performance swimsuit.

The key, easily- identifiable component/s of a technical/performance suit that should be used when differentiating what is, and is not, permitted are the following:

- Bonded/Sealed seams
- Meshed seams
- Kinetic tape.

The below photographs are examples of swimsuit seaming which is **not permitted** for swimmers aged 11 and under.



The below images are examples of swimwear which **are permitted** for athletes aged 11 and under, noting the stitching is raised on the outside of the fabric.



It should be noted that some permitted swimwear is FINA approved and will have a FINA barcode attached to the back of the suit. FINA approved swimwear can be worn permitted it is not classed as a technical/performance suit. The differentiation between these suits is the fabric and stitching, as described above.

The rationale behind this decision by Swimming Victoria is outlined below.

1. There is no documented evidence that supports any benefits of performance/technical suits for athletes 11 years and under.
2. Personal best times should not be the only evaluation or measure of success for younger swimmers. Technique and skill development is essential for long-term swimmer development. It is crucial that as swimmers progress through the sport, they have developed a strong foundation in technique and stroke development to enable them to achieve higher results in the latter years of their career.
3. The cost of technical suits makes them unattainable for many families. Swimming Victoria does not want to add any extra financial pressure on parents with unnecessary purchases. We understand that for various reasons, cost of suits may not be an issue for all swimmers however, in order to effectively police this change, we must restrict all suits of this style.
4. These suits aren't designed for young swimmers. The manufacturers design these suits for older athletes. One of the main benefits of wearing a technical suit is for muscle compression. Swimmers, who are not yet developed, are not impacted by this benefit. Swimmers cannot 'grow into' these suits.
5. A common misconception amongst younger swimmers is that without a technical suit, a swimmer cannot swim fast. An age group swimmer does not need a performance suit to swim fast. Swimmers will improve and attain personal bests regardless of the suit they are wearing due to gradual increases in training and skill development.
6. The aim should be to build mentally strong swimmers, confident in their own ability and training ethic rather than an athlete depending on a technical suit to get an improved result.

For more information on Swimming Australia's Inclusive Swimming Framework and the swimsuits permitted under the Inclusive Swimwear Policy, please [click here](#).

BALLARAT GOLD

SAUSAGE *Sizzle*

Thanks to

coles

Ballarat Central



SUNDAY **OCTOBER 9TH**

BALLARAT LIFESTYLE & AQUATIC CENTRE COURTYARD

2022 Ballarat Gold Long Course Meet - 9/10/2022**Session Report**

Session: 1 Session 1

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 25 Seconds / Back +20 Seconds / Chase +5

Round	Event	Starts at	
Finals	1 Mixed 400 Freestyle & Ev2 400IM	10:00 AM	_____
Finals	3 Girls 50 Butterfly	10:25 AM	_____
Finals	4 Boys 50 Butterfly	10:30 AM	_____
Finals	5 Girls 100 Breaststroke	10:36 AM	_____
Finals	6 Boys 100 Breaststroke	10:47 AM	_____
Finals	7 Mixed 200 Backstroke	10:58 AM	_____
Finals	8 Girls 50 Freestyle	11:10 AM	_____
Finals	9 Boys 50 Freestyle	11:20 AM	_____
Finals	10 Girls 100 Butterfly	11:29 AM	_____
Finals	11 Boys 100 Butterfly	11:36 AM	_____
Finals	12 Mixed 200 Breaststroke	11:41 AM	_____
Finals	13 Mixed 200 Freestyle Relay	11:53 AM	_____
	Swimmers Counts for Warm-ups: 216		
	Finish Time	12:07 PM	_____

NB Session and break times are a guide and are subject to change. Please keep an eye on the Marshalling board and listen for announcements.

NB Event 2 400 IM will be swum with Heat 1 of Event 1. If you are entered in the 400IM you will be swimming in the first heat of the Meet - please be prepared.

If you are entered in a 400m Event and do NOT intend to swim it, please let the computer desk know as early as possible. Thanks.

2022 Ballarat Gold Long Course Meet - 9/10/2022

Meet Program - Session 1

Event 1 Mixed 400 LC Meter Freestyle & Ev2 400IM

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
Freestyle 1	Leila Psaila	W13	Flyers Swim Team (Victoria)	NT	_____	_____
Freestyle 2	Ava Candy	W13	Ballarat Swimming Club Inc	NT	_____	_____
Freestyle 3	Isabelle Kilborn	W13	Ballarat Swimming Club Inc	NT	_____	_____
4					_____	_____
5					_____	_____
IM 6	Tadhg Hughan	M14	Melbourne Swimming Club	5:41.67	_____	_____
IM 7	Aidan McGee	M14	Geelong Swimming Club Incorpor	5:22.18	_____	_____
IM 8	Zara Jeffery	W12	Camberwell Grammar Aquatic	NT	_____	_____
Heat 2 of 4 Timed Finals ALL REMAINING HEATS FREESTYLE						
1	Bettina Ambrose	W13	Ballarat Swimming Club Inc	NT	_____	_____
2	Harriet Meakin	W14	Ballarat Swimming Club Inc	NT	_____	_____
3	Benjamin Nolta	M15	Melton Swimming Club Inc	NT	_____	_____
4	Anna Leighton	W22	Ballarat Gold Swimming Club In	5:48.62	_____	_____
5	Kate Crilly	W13	Ballarat Swimming Club Inc	6:20.31	_____	_____
6	Oliver McCormack	M14	Ballarat Gold Swimming Club In	NT	_____	_____
7	Riley James	M14	Ballarat Swimming Club Inc	NT	_____	_____
8					_____	_____
Heat 3 of 4 Timed Finals						
1	Zahlie Snijders	W13	Geelong Swimming Club Incorpor	5:16.23	_____	_____
2	Zoe Rouse	W17	Hamilton Olympic Swimming Club	5:10.78	_____	_____
3	Kevin Huang	M14	Ballarat Gold Swimming Club In	5:05.05	_____	_____
4	Sean Hanlon	M15	Camberwell Grammar Aquatic	4:53.81	_____	_____
5	Mikaela James	W16	Ballarat Swimming Club Inc	4:59.52	_____	_____
6	Jacob Riches	M12	Geelong Swimming Club Incorpor	5:09.87	_____	_____
7	Max Mason	M15	Ballarat Gold Swimming Club In	5:11.51	_____	_____
8	Cody Bird	M14	Kangaroo Flat	5:17.65	_____	_____
Heat 4 of 4 Timed Finals						
1	Jarrad Smith	M14	Starplex	4:50.64	_____	_____
2	Joseph Pascall	M21	Tuggeranong Vikings SC	4:38.25	_____	_____
3	Ross Sykiotis	M15	Camberwell Grammar Aquatic	4:27.83	_____	_____
4	Mitchell Wills	M24	Melton Swimming Club Inc	4:16.30	_____	_____
5	Benjamin Wills	M22	Melton Swimming Club Inc	4:27.08	_____	_____
6	Zachary Meakin	M18	Ballarat Swimming Club Inc	4:29.06	_____	_____
7	Alana Cummings	W15	Camberwell Grammar Aquatic	4:44.19	_____	_____
8	James Gargano	M14	Camberwell Grammar Aquatic	4:52.19	_____	_____

Event 3 Girls 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 5 Timed Finals						
1	Niamh Wallbank	11	Ballarat Gold Swimming Club In	NT	_____	_____
2	Tayla Holt	9	Geelong Swimming Club Incorpor	1:04.57	_____	_____
3	Neve Harrison	10	Ballarat Gco Swimming Club Inc	46.92	_____	_____
4	Molly Malone	11	Ballarat Swimming Club Inc	45.18	_____	_____
5	Lily Goodman	11	Warrnambool Swimming Club	45.99	_____	_____
6	Savenya Ilukketiya	11	Geelong Swimming Club Incorpor	52.94	_____	_____
7	Millie Kerr	14	Kangaroo Flat	NT	_____	_____
8	Jade Hayward	10	Kangaroo Flat	NT	_____	_____

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 1****Heat 2 Timed Finals... (Event 3 Girls 50 LC Meter Butterfly)**

1	Makayla McRostie	14	Hamilton Olympic Swimming Club	44.09		
2	Miley Bird	9	Kangaroo Flat	41.90		
3	Emily McMillan	12	Echuca Swimming Club Inc	40.16		
4	Alexandra Wilson	14	Ess Dolphins Swimming Club Inc	39.25		
5	Hollanah Hinde	12	Ballarat Gold Swimming Club In	40.13		
6	Ada Xie	11	Ballarat Swimming Club Inc	40.65		
7	Freya Nicoletti	15	Bendigo East Swimming Club	42.50		
8	Emma Heer	12	Kardinia Interna-ti	44.44		

Heat 3 of 5 Timed Finals

1	Ellie Morgan	14	Geelong Swimming Club Incorpor	38.04		
2	Elle Cofield	13	Ballarat Gold Swimming Club In	37.07		
3	Isabella Till	15	Ballarat Geo Swimming Club Inc	36.36		
4	Mackenna Naylor	16	Ballarat Gold Swimming Club In	35.83		
5	Amelia Jennings	14	Kardinia Interna-ti	35.88		
6	Zoe Davis	12	Warrnambool Swimming Club	37.03		
7	Megan Shaw	16	Ballarat Gold Swimming Club In	37.55		
8	Lara Riddle	14	Ballarat Gold Swimming Club In	38.64		

Heat 4 of 5 Timed Finals

1	Holly Hembrow	13	Kangaroo Flat	35.33		
2	Aaliyah Wong	13	Camberwell Grammar Aquatic	34.91		
3	Eva Xie	13	Ballarat Swimming Club Inc	34.39		
4	Stephanie Ingram	13	Bendigo East Swimming Club	33.46		
5	Anna Swanton	17	Ballarat Gold Swimming Club In	33.77		
6	Makaylen Di Sisto	13	Warragul Swimming Club	34.60		
7	Amelia Luo	10	Ballarat Gold Swimming Club In	34.93		
8	Sophie Kenafacke	13	Camberwell Grammar Aquatic	35.58		

Heat 5 of 5 Timed Finals

1	Charley Ward	15	Ballarat Gold Swimming Club In	32.97		
2	Gabrielle King	14	Camberwell Grammar Aquatic	32.31		
3	Celeste Lean	16	Ballarat Gold Swimming Club In	31.28		
4	Isla Ho	15	Ballarat Gold Swimming Club In	30.63		
5	Jade King	15	Warrnambool Swimming Club	30.70		
6	Skye Laube	15	Ballarat Gold Swimming Club In	31.72		
7	Marley Addlem	15	Bendigo East Swimming Club	32.88		
8	April Downing	13	Bendigo East Swimming Club	33.26		

Event 4 Boys 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 5 Timed Finals						
1	Hugh White	11	Warrnambool Swimming Club	NT		
2	Toby Salter	12	Kangaroo Flat	NT		
3	Cade Faulkner	12	Camberwell Grammar Aquatic	NT		
4	Martin Ma	8	Ballarat Gold Swimming Club In	52.35		
5	Dominic Zylan	14	Kangaroo Flat	NT		
6	Kaelan McGee	12	Geelong Swimming Club Incorpor	NT		
7	Sean Hughan	11	Kangaroo Flat	NT		
8						
Heat 2 of 5 Timed Finals						
1	Winston Kilborn	11	Ballarat Swimming Club Inc	50.37		
2	Eli Kerr	11	Warrnambool Swimming Club	46.04		
3	Kingsley Cheung	10	Camberwell Grammar Aquatic	44.58		
4	Samuel Johnson	11	Kangaroo Flat	41.90		
5	Codey Farquhar	13	Ballarat Geo Swimming Club Inc	42.66		
6	Miles Crilly	11	Ballarat Swimming Club Inc	44.75		
7	Oliver Salter	13	Kangaroo Flat	47.86		
8	Owen Barnes	10	Kangaroo Flat	51.35		

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 1****Heat 3 Timed Finals... (Event 4 Boys 50 LC Meter Butterfly)**

1	William Zhang	13	Camberwell Grammar Aquatic	39.00		
2	Jack Stonehouse	13	Warrnambool Swimming Club	38.15		
3	Elliot Bird	13	Kangaroo Flat	36.91		
4	Luka Lim	12	Camberwell Grammar Aquatic	36.56		
5	Aaron Skinner	31	Geelong Sharks Swimming Club	36.68		
6	Oscar Woithe	12	Warrnambool Swimming Club	37.40		
7	Bryce Scott	10	Ballarat Gold Swimming Club In	38.25		
8	Ronan Kerr	14	Warrnambool Swimming Club	41.77		

Heat 4 of 5 Timed Finals

1	Keppler Snijders	11	Geelong Swimming Club Incorpor	35.02		
2	Liam Orton	15	Ballarat Geo Swimming Club Inc	33.95		
3	Jairus Cheung	12	Camberwell Grammar Aquatic	32.17		
4	Andreas Ginis	15	Bendigo East Swimming Club	30.74		
5	Cody Bird	14	Kangaroo Flat	31.22		
6	Fraser Allan	14	Melbourne Swimming Club	32.77		
7	Blake Scott	14	Ballarat Gold Swimming Club In	34.52		
8	Edward O'Connor	14	Warrnambool Swimming Club	35.49		

Heat 5 of 5 Timed Finals

1	Xander Zefferelli	14	Camberwell Grammar Aquatic	29.27		
2	Dayne Schnyder	16	Ballarat Gold Swimming Club In	28.89		
3	Jett Bird	16	Kangaroo Flat	28.05		
4	Edward Meddings	15	Ballarat Gold Swimming Club In	27.30		
5	William Watson	15	Camberwell Grammar Aquatic	27.96		
6	William Elliott	20	Warrnambool Swimming Club	28.74		
7	Jack Lanyon	15	Ballarat Gold Swimming Club In	29.11		
8	Nicholas Kearns	14	Melbourne Swimming Club	29.37		

Event 5 Girls 100 LC Meter Breaststroke

**Sponsor: Ballarat Orthopaedics & Sports
Medicine**

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 5 Timed Finals						
1						
2	Grace Dillon	11	Ballarat Swimming Club Inc	NT		
3	Alexandra Wilson	14	Ess Dolphins Swimming Club Inc	NT		
4	Telani Bibby	16	Bendigo East Swimming Club	NT		
5	Millie Kerr	14	Kangaroo Flat	NT		
6	Eva Robertson	12	Ballarat Gold Swimming Club In	NT		
7	Tayla Holt	9	Geelong Swimming Club Incorpor	NT		
8						
Heat 2 of 5 Timed Finals						
1	Holly Preston	12	Ballarat Geo Swimming Club Inc	2:04.70		
2	Indianna Stonehouse	11	Warrnambool Swimming Club	2:02.79		
3	Ainsley Justin	12	Ballarat Swimming Club Inc	2:00.50		
4	Emma Heer	12	Kardinia Interna-ti	1:54.63		
5	Jone Greeff	11	Ballarat Swimming Club Inc	1:59.35		
6	Emma Crouch	10	Mlc Aquatic Inc (Victoria)	2:00.71		
7	Matisse Aberline	10	Warrnambool Swimming Club	2:03.40		
8	Ania Siedlaczek	36	Ballarat Swimming Club Inc	NT		

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 1****Heat 3 Timed Finals... (Event 5 Girls 100 LC Meter Breaststroke)**

1	Emily McMillan	12	Echuca Swimming Club Inc	1:48.62		
2	Anja Hennig	12	Kardinia Interna-ti	1:47.07		
3	Chloe Nobes	13	Kardinia Interna-ti	1:46.62		
4	Zara Bibby	13	Bendigo East Swimming Club	1:44.68		
5	Hollanah Hinde	12	Ballarat Gold Swimming Club In	1:45.08		
6	Ivy Dickson	12	Ballarat Swimming Club Inc	1:46.82		
7	Alice Lin	12	Ivanhoe Aqua Power Swimming Cl	1:48.21		
8	Celeste Ellis	16	Geelong Swimming Club Incorpor	1:48.86		

Heat 4 of 5 Timed Finals

1	Hannah Buchanan	12	Ballarat Swimming Club Inc	1:39.32		
2	Hanna Wilkinson	14	Geelong Swimming Club Incorpor	1:39.12		
3	Zoe Rouse	17	Hamilton Olympic Swimming Club	1:38.09		
4	Makaylen Di Sisto	13	Warragul Swimming Club	1:33.24		
5	Zahlie Snijders	13	Geelong Swimming Club Incorpor	1:36.02		
6	Sophia Beaton	11	Ballarat Gold Swimming Club In	1:38.70		
7	Freya Nicoletti	15	Bendigo East Swimming Club	1:39.28		
8	Audrey Hogan	12	Bendigo East Swimming Club	1:42.73		

Heat 5 of 5 Timed Finals

1	Ines Parlange	14	Ballarat Gold Swimming Club In	1:30.81		
2	Charley Ward	15	Ballarat Gold Swimming Club In	1:27.52		
3	Isla Ho	15	Ballarat Gold Swimming Club In	1:24.33		
4	Zoe Schnyder	13	Ballarat Gold Swimming Club In	1:16.47		
5	Sarah Provily	14	Geelong Swimming Club Incorpor	1:22.47		
6	Marley Addlem	15	Bendigo East Swimming Club	1:27.26		
7	Demi Candy	16	Ballarat Swimming Club Inc	1:28.72		
8	Paige Martin	15	Kangaroo Flat	1:30.88		

Event 6 Boys 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
------	------	-----	------	-----------	--------	-------

Heat 1 of 5 Timed Finals

1						
2						
3	Jude Harrison	8	Ballarat Geo Swimming Club Inc	NT		
4	Quinn Richards	11	Camberwell Grammar Aquatic	NT		
5	Max Ravisa	11	Ballarat Gold Swimming Club In	NT		
6						
7						
8						

Heat 2 of 5 Timed Finals

1	Miles Crilly	11	Ballarat Swimming Club Inc	2:06.28		
2	Jayden Lim	10	Ballarat Gold Swimming Club In	1:59.99		
3	Oliver Kallio	12	Ballarat Gold Swimming Club In	1:51.70		
4	Tyler Blitz	13	Geelong Swimming Club Incorpor	1:41.96		
5	Jonty Ward	10	Ballarat Gold Swimming Club In	1:45.75		
6	Charlie Tickell	10	Ballarat Gold Swimming Club In	1:58.97		
7	Tadhg O'Neill	12	Kyabram Swimming Club	2:03.21		
8						

Heat 3 of 5 Timed Finals

1	Dylan Denaro	14	Warrnambool Swimming Club	1:38.15		
2	Zavier Aberline	13	Warrnambool Swimming Club	1:35.36		
3	Jake Denaro	13	Warrnambool Swimming Club	1:31.58		
4	Andreas Ginis	15	Bendigo East Swimming Club	1:29.47		
5	Alexander Bell	14	Warrnambool Swimming Club	1:31.03		
6	Hamish Ren	12	Camberwell Grammar Aquatic	1:32.08		
7	Thomas Byrne	12	Kangaroo Flat	1:37.04		
8	James Hinde	11	Ballarat Gold Swimming Club In	1:39.87		

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 1****Heat 4 Timed Finals... (Event 6 Boys 100 LC Meter Breaststroke)**

1	Riley Blitz	16	Geelong Swimming Club Incorpor	1:28.42		
2	Riley James	14	Ballarat Swimming Club Inc	1:26.32		
3	Jarrad Smith	14	Starplex	1:25.04		
4	Max Mason	15	Ballarat Gold Swimming Club In	1:22.68		
5	Cameron Dole	54	Ballarat Gco Swimming Club Inc	1:23.64		
6	Alec O'Brien	14	Geelong Swimming Club Incorpor	1:25.59		
7	Dax Conheady	13	Geelong Swimming Club Incorpor	1:27.63		
8	Matthew Suhandi	15	Geelong Swimming Club Incorpor	1:28.99		

Heat 5 of 5 Timed Finals

1	Harry Sanderson	16	Geelong Swimming Club Incorpor	1:21.17		
2	Todd Robbins	16	Bendigo East Swimming Club	1:19.35		
3	Jonathan Leong	14	Geelong Swimming Club Incorpor	1:15.99		
4	Hugh Cran	15	Camberwell Grammar Aquatic	1:11.19		
5	Nathan Nai	13	Camberwell Grammar Aquatic	1:14.32		
6	Javier Lai	14	Camberwell Grammar Aquatic	1:17.25		
7	Luke Gallagher	14	Ballarat Gco Swimming Club Inc	1:21.09		
8	Will Luo	13	Ballarat Gold Swimming Club In	1:21.67		

Event 7 Mixed 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals						
1						
2						
3	Astrid Buchanan	W10	Ballarat Swimming Club Inc	NT		
4	Alice Lin	W12	Ivanhoe Aqua Power Swimming Cl	NT		
5	Cade Faulkner	M12	Camberwell Grammar Aquatic	NT		
6						
7						
8						
Heat 2 of 3 Timed Finals						
1	Hannah Buchanan	W12	Ballarat Swimming Club Inc	NT		
2	Kate Crilly	W13	Ballarat Swimming Club Inc	NT		
3	Jack Lanyon	M15	Ballarat Gold Swimming Club In	NT		
4	Bradley Doolan	M28	Geelong Swimming Club Incorpor	3:10.31		
5	Meg Conheady	W15	Geelong Swimming Club Incorpor	NT		
6	Aaliyah Wong	W13	Camberwell Grammar Aquatic	NT		
7	Chloe Adams	W13	Warrnambool Swimming Club	NT		
8						
Heat 3 of 3 Timed Finals						
1	James Gargano	M14	Camberwell Grammar Aquatic	2:43.45		
2	Chanel Simsic	W17	Geelong Swimming Club Incorpor	2:41.05		
3	Benjamin Nolta	M15	Melton Swimming Club Inc	2:31.97		
4	Emily Kearns	W17	Melbourne Swimming Club	2:21.91		
5	Oliver McCormack	M14	Ballarat Gold Swimming Club In	2:23.43		
6	Cate Middleton	W16	Camberwell Grammar Aquatic	2:32.31		
7	Isabelle Kilborn	W13	Ballarat Swimming Club Inc	2:42.88		
8	Anna Leighton	W22	Ballarat Gold Swimming Club In	2:57.65		

2022 Ballarat Gold Long Course Meet - 9/10/2022

Meet Program - Session 1

Event 8 Girls 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 9 Timed Finals						
1	Cattleya Atti	9	Western Aquatic Academy	40.47	_____	_____
2	Taylah Costello	10	Ballarat Gold Swimming Club In	NT	_____	_____
3	Grace Dillon	11	Ballarat Swimming Club Inc	NT	_____	_____
4	Danielle Makara	14	Ballarat Gold Swimming Club In	NT	_____	_____
5	Niamh Wallbank	11	Ballarat Gold Swimming Club In	NT	_____	_____
6	Lily McCormack	10	Ballarat Gold Swimming Club In	NT	_____	_____
7	Shae O'Callaghan	9	Ballarat Gold Swimming Club In	NT	_____	_____
8					_____	_____
Heat 2 of 9 Timed Finals						
1	Nylah O'Neill	10	Kyabram Swimming Club	53.62	_____	_____
2	Jade Hayward	10	Kangaroo Flat	45.29	_____	_____
3	Daphne Provily	10	Geelong Swimming Club Incorpor	44.58	_____	_____
4	Jone Greeff	11	Ballarat Swimming Club Inc	43.96	_____	_____
5	Matilda Biberow	10	Geelong Swimming Club Incorpor	44.07	_____	_____
6	Savenya Ilukketiya	11	Geelong Swimming Club Incorpor	44.98	_____	_____
7	Rachael Orton	13	Ballarat Gco Swimming Club Inc	47.45	_____	_____
8	Ania Siedlaczek	36	Ballarat Swimming Club Inc	NT	_____	_____
Heat 3 of 9 Timed Finals						
1	Emma Pomeroy	11	Kangaroo Flat	42.48	_____	_____
2	Emerson McMaster	10	Kardinia Interna-ti	41.03	_____	_____
3	Amelia Wilson	10	Ballarat Gco Swimming Club Inc	40.18	_____	_____
4	Grace Cofield	10	Ballarat Gold Swimming Club In	38.60	_____	_____
5	Neve Harrison	10	Ballarat Gco Swimming Club Inc	38.75	_____	_____
6	Indianna Stonehouse	11	Warnambool Swimming Club	40.81	_____	_____
7	Matisse Aberline	10	Warnambool Swimming Club	41.36	_____	_____
8	Holly Preston	12	Ballarat Gco Swimming Club Inc	43.53	_____	_____
Heat 4 of 9 Timed Finals						
1	Lily Goodman	11	Warnambool Swimming Club	38.14	_____	_____
2	Ivy Dickson	12	Ballarat Swimming Club Inc	37.90	_____	_____
3	Maddison Cannell	13	Ballarat Gold Swimming Club In	37.81	_____	_____
4	Miley Bird	9	Kangaroo Flat	36.38	_____	_____
5	Audrey Hogan	12	Bendigo East Swimming Club	37.70	_____	_____
6	Ainsley Justin	12	Ballarat Swimming Club Inc	37.86	_____	_____
7	Ella Williams	12	Ballarat Gold Swimming Club In	37.97	_____	_____
8	Addison Biberow	13	Geelong Swimming Club Incorpor	38.43	_____	_____
Heat 5 of 9 Timed Finals						
1	Sophia Beaton	11	Ballarat Gold Swimming Club In	35.70	_____	_____
2	Zoe Reynolds	12	Bendigo East Swimming Club	34.82	_____	_____
3	Mia Riddle	12	Ballarat Gold Swimming Club In	34.42	_____	_____
4	Anja Hennig	12	Kardinia Interna-ti	33.88	_____	_____
5	Megan Shaw	16	Ballarat Gold Swimming Club In	34.22	_____	_____
6	Emily McMillan	12	Echuca Swimming Club Inc	34.48	_____	_____
7	Makayla McRostie	14	Hamilton Olympic Swimming Club	35.02	_____	_____
8	Hollanah Hinde	12	Ballarat Gold Swimming Club In	36.31	_____	_____
Heat 6 of 9 Timed Finals						
1	Paige Martin	15	Kangaroo Flat	32.84	_____	_____
2	Elle Cofield	13	Ballarat Gold Swimming Club In	32.72	_____	_____
3	Meg Conheady	15	Geelong Swimming Club Incorpor	32.48	_____	_____
4	April Downing	13	Bendigo East Swimming Club	32.32	_____	_____
5	Mackenna Naylor	16	Ballarat Gold Swimming Club In	32.40	_____	_____
6	Holly Hembrow	13	Kangaroo Flat	32.65	_____	_____
7	Lara Riddle	14	Ballarat Gold Swimming Club In	32.83	_____	_____
8	Amelia Luo	10	Ballarat Gold Swimming Club In	33.47	_____	_____

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 1****Heat 7 Timed Finals... (Event 8 Girls 50 LC Meter Freestyle)**

1	Bridie Hargreaves	17	Warrnambool Swimming Club	32.18		
2	Leila Psaila	13	Flyers Swim Team (Victoria)	32.11		
3	Eve Pahos	13	Camberwell Grammar Aquatic	31.70		
4	Sarah Howe	17	Ballarat Gold Swimming Club In	31.07		
5	Zoe Davis	12	Warrnambool Swimming Club	31.20		
6	Zarah Reynolds	12	Bendigo East Swimming Club	31.78		
7	Isabella Till	15	Ballarat Gco Swimming Club Inc	32.15		
8	Ellie Morgan	14	Geelong Swimming Club Incorpor	32.32		

Heat 8 of 9 Timed Finals

1	Lucy Crouch	13	Mlc Aquatic Inc (Victoria)	30.58		
2	Imogen Ineson	15	Camberwell Grammar Aquatic	30.41		
3	Zoe Rouse	17	Hamilton Olympic Swimming Club	30.33		
4	Celeste Lean	16	Ballarat Gold Swimming Club In	29.92		
5	Ines Parlange	14	Ballarat Gold Swimming Club In	30.22		
6	Zahlie Snijders	13	Geelong Swimming Club Incorpor	30.40		
7	Sarah Provily	14	Geelong Swimming Club Incorpor	30.46		
8	Demi Candy	16	Ballarat Swimming Club Inc	30.72		

Heat 9 of 9 Timed Finals

1	Alana Cummings	15	Camberwell Grammar Aquatic	29.76		
2	Bettina Ambrose	13	Ballarat Swimming Club Inc	29.71		
3	Telani Bibby	16	Bendigo East Swimming Club	28.58		
4	Georgia King	16	Camberwell Grammar Aquatic	28.05		
5	Janessa Fitzgerald	21	Ballarat Gold Swimming Club In	28.14		
6	Zoe Schnyder	13	Ballarat Gold Swimming Club In	28.81		
7	Gabrielle King	14	Camberwell Grammar Aquatic	29.72		
8	Stephanie Ingram	13	Bendigo East Swimming Club	29.86		

Event 9 Boys 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 9 Timed Finals						
1						
2						
3	Willem Woithe	9	Warrnambool Swimming Club	NT		
4	Graidey Masiero	12	Kangaroo Flat	NT		
5	Hugh White	11	Warrnambool Swimming Club	NT		
6						
7						
8						
Heat 2 of 9 Timed Finals						
1	Thomas Costello	14	Ballarat Gold Swimming Club In	NT		
2	Jude Harrison	8	Ballarat Gco Swimming Club Inc	58.36		
3	Martin Ma	8	Ballarat Gold Swimming Club In	48.01		
4	Matthew Swanton	11	Ballarat Gold Swimming Club In	44.78		
5	Maxim Hocking	12	Ballarat Gold Swimming Club In	46.86		
6	Henry O'Brien	10	Geelong Swimming Club Incorpor	52.67		
7	Jack McRostie	8	Hamilton Olympic Swimming Club	1:05.45		
8	Dominic Zylan	14	Kangaroo Flat	NT		
Heat 3 of 9 Timed Finals						
1	Winston Kilborn	11	Ballarat Swimming Club Inc	44.03		
2	Joshua Ashby	10	Kangaroo Flat	43.40		
3	Jayden Lim	10	Ballarat Gold Swimming Club In	41.02		
4	Max Ravisa	11	Ballarat Gold Swimming Club In	39.66		
5	Toby Salter	12	Kangaroo Flat	39.70		
6	Sean Hughan	11	Kangaroo Flat	43.05		
7	Thomas Hembrow	11	Kangaroo Flat	43.72		
8	Jonah Elliott	13	Warrnambool Swimming Club	44.38		

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 1****Heat 4 Timed Finals... (Event 9 Boys 50 LC Meter Freestyle)**

1	Miles Crilly	11	Ballarat Swimming Club Inc	39.35		
2	Hayden Wilson	12	Ballarat Gco Swimming Club Inc	39.19		
3	Tadhg O'Neill	12	Kyabram Swimming Club	38.44		
4	Ronan Kerr	14	Warrnambool Swimming Club	36.56		
5	Owen Barnes	10	Kangaroo Flat	38.32		
6	Jonty Ward	10	Ballarat Gold Swimming Club In	38.93		
7	Angus Lim	11	Camberwell Grammar Aquatic	39.29		
8	Eli Kerr	11	Warrnambool Swimming Club	39.54		

Heat 5 of 9 Timed Finals

1	Samuel Johnson	11	Kangaroo Flat	35.50		
2	Codey Farquhar	13	Ballarat Gco Swimming Club Inc	35.11		
3	William Zhang	13	Camberwell Grammar Aquatic	34.38		
4	Kingsley Cheung	10	Camberwell Grammar Aquatic	33.79		
5	Oscar Woithe	12	Warrnambool Swimming Club	34.21		
6	Elliot Bird	13	Kangaroo Flat	34.57		
7	Oliver Salter	13	Kangaroo Flat	35.46		
8	Oliver Kallio	12	Ballarat Gold Swimming Club In	35.71		

Heat 6 of 9 Timed Finals

1	Hamish Ren	12	Camberwell Grammar Aquatic	33.15		
2	Cooper Hargreaves	13	Warrnambool Swimming Club	32.82		
3	Jake Denaro	13	Warrnambool Swimming Club	32.42		
4	Blake Scott	14	Ballarat Gold Swimming Club In	32.24		
5	Jack Stonehouse	13	Warrnambool Swimming Club	32.29		
6	Luka Lim	12	Camberwell Grammar Aquatic	32.62		
7	Keppler Snijders	11	Geelong Swimming Club Incorpor	32.99		
8	Bryce Scott	10	Ballarat Gold Swimming Club In	33.66		

Heat 7 of 9 Timed Finals

1	Aaron Skinner	31	Geelong Sharks Swimming Club	32.11		
2	Liam Orton	15	Ballarat Gco Swimming Club Inc	30.15		
3	Dylan Denaro	14	Warrnambool Swimming Club	29.75		
4	Benjamin Wills	22	Melton Swimming Club Inc	28.21		
5	Max Mason	15	Ballarat Gold Swimming Club In	28.26		
6	Fraser Allan	14	Melbourne Swimming Club	30.15		
7	Aidan McGee	14	Geelong Swimming Club Incorpor	30.30		
8	Tyler Blitz	13	Geelong Swimming Club Incorpor	32.22		

Heat 8 of 9 Timed Finals

1	Nathan Nai	13	Camberwell Grammar Aquatic	27.94		
2	Jacob Riches	12	Geelong Swimming Club Incorpor	27.76		
3	Hugh Cran	15	Camberwell Grammar Aquatic	27.52		
4	Jack Lanyon	15	Ballarat Gold Swimming Club In	27.19		
5	Xander Zefferelli	14	Camberwell Grammar Aquatic	27.24		
6	Riley Blitz	16	Geelong Swimming Club Incorpor	27.76		
7	Cody Bird	14	Kangaroo Flat	27.78		
8	Javier Lai	14	Camberwell Grammar Aquatic	28.15		

Heat 9 of 9 Timed Finals

1	Ric Shen	14	Camberwell Grammar Aquatic	27.10		
2	Dayne Schnyder	16	Ballarat Gold Swimming Club In	26.83		
3	Mitchell Wills	24	Melton Swimming Club Inc	26.49		
4	William Elliott	20	Warrnambool Swimming Club	25.49		
5	William Watson	15	Camberwell Grammar Aquatic	25.87		
6	Sean Hanlon	15	Camberwell Grammar Aquatic	26.58		
7	Jett Bird	16	Kangaroo Flat	26.92		
8	Maximilian Coia	14	Camberwell Grammar Aquatic	27.17		

2022 Ballarat Gold Long Course Meet - 9/10/2022

Meet Program - Session 1

Event 10 Girls 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals						
1						
2						
3	Astrid Buchanan	10	Ballarat Swimming Club Inc	NT		
4	Zoe Davis	12	Warrnambool Swimming Club	NT		
5	Hannah Buchanan	12	Ballarat Swimming Club Inc	NT		
6						
7						
8						
Heat 2 of 3 Timed Finals						
1	Sophie Kenafacke	13	Camberwell Grammar Aquatic	2:00.32		
2	Hanna Wilkinson	14	Geelong Swimming Club Incorpor	1:34.03		
3	Sophia Beaton	11	Ballarat Gold Swimming Club In	1:27.50		
4	Jade King	15	Warrnambool Swimming Club	1:21.54		
5	Harriet Meakin	14	Ballarat Swimming Club Inc	1:27.02		
6	Amelia Jennings	14	Kardinia Interna-ti	1:29.98		
7	Lily Goodman	11	Warrnambool Swimming Club	1:40.86		
8						
Heat 3 of 3 Timed Finals						
1	Celeste Ellis	16	Geelong Swimming Club Incorpor	1:18.09		
2	Zara Jeffrey	12	Camberwell Grammar Aquatic	1:15.06		
3	Skye Laube	15	Ballarat Gold Swimming Club In	1:10.06		
4	Isla Ho	15	Ballarat Gold Swimming Club In	1:08.07		
5	Francesca Hanlon	16	Camberwell Grammar Aquatic	1:09.76		
6	Chanel Simsic	17	Geelong Swimming Club Incorpor	1:12.57		
7	Chloe Green	15	Camberwell Grammar Aquatic	1:15.12		
8	Makaylen Di Sisto	13	Warragul Swimming Club	1:18.21		

Event 11 Boys 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals						
1						
2						
3	Oscar Woithe	12	Warrnambool Swimming Club	1:35.09		
4	William Watson	15	Camberwell Grammar Aquatic	1:01.81		
5	Edward O'Connor	14	Warrnambool Swimming Club	1:22.43		
6	Nicholas Kearns	14	Melbourne Swimming Club	1:38.22		
7						
8						
Heat 2 of 3 Timed Finals						
1	Kevin Huang	14	Ballarat Gold Swimming Club In	1:22.20		
2	Harry Sanderson	16	Geelong Swimming Club Incorpor	1:17.91		
3	Xander Zefferelli	14	Camberwell Grammar Aquatic	1:11.88		
4	Jairus Cheung	12	Camberwell Grammar Aquatic	1:10.63		
5	Angus Addlem	13	Bendigo East Swimming Club	1:11.83		
6	Will Luo	13	Ballarat Gold Swimming Club In	1:12.54		
7	Jake Denaro	13	Warrnambool Swimming Club	1:18.64		
8						

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 1****Heat 3 Timed Finals... (Event 11 Boys 100 LC Meter Butterfly)**

1	Alec O'Brien	14	Geelong Swimming Club Incorpor	1:09.72		
2	Matthew Suhandi	15	Geelong Swimming Club Incorpor	1:08.94		
3	Jonathan Leong	14	Geelong Swimming Club Incorpor	1:05.59		
4	Edward Meddings	15	Ballarat Gold Swimming Club In	1:03.69		
5	Ryan Chung	15	Camberwell Grammar Aquatic	1:05.73		
6	Zachary Meakin	18	Ballarat Swimming Club Inc	1:06.49		
7	Aidan McGee	14	Geelong Swimming Club Incorpor	1:09.70		
8	Tadhg Hughan	14	Melbourne Swimming Club	1:10.50		

Event 12 Mixed 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 3 Timed Finals

1						
2						
3	Jonty Ward	M10	Ballarat Gold Swimming Club In	NT		
4	Quinn Richards	M11	Camberwell Grammar Aquatic	NT		
5	Grace Dillon	W11	Ballarat Swimming Club Inc	NT		
6						
7						
8						

Heat 2 of 3 Timed Finals

1	Nina Sutherland	W12	Ballarat Gold Swimming Club In	NT		
2	Eva Xie	W13	Ballarat Swimming Club Inc	NT		
3	Anna Leighton	W22	Ballarat Gold Swimming Club In	NT		
4	Jarrad Smith	M14	Starplex	3:15.56		
5	Ania Siedlaczek	W36	Ballarat Swimming Club Inc	NT		
6	Luke Gallagher	M14	Ballarat Gco Swimming Club Inc	NT		
7	Marley Sutherland	M13	Ballarat Gold Swimming Club In	NT		
8	Eva Robertson	W12	Ballarat Gold Swimming Club In	NT		

Heat 3 of 3 Timed Finals

1	Isabella King	W16	Camberwell Grammar Aquatic	3:10.65		
2	Madeline Pierce	W16	Ballarat Gold Swimming Club In	3:04.50		
3	Ric Shen	M14	Camberwell Grammar Aquatic	2:56.46		
4	Dayne Schnyder	M16	Ballarat Gold Swimming Club In	2:40.96		
5	Hugh Cran	M15	Camberwell Grammar Aquatic	2:42.38		
6	Mikaela James	W16	Ballarat Swimming Club Inc	3:01.17		
7	Cameron Dole	M54	Ballarat Gco Swimming Club Inc	3:06.27		
8	William Watson	M15	Camberwell Grammar Aquatic	NT		

Event 13 Mixed 200 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time	Finals	Place
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Heat 1 of 4 Timed Finals

1					
2					
3	Ballarat Gold Swimming Club In	M	NT		
4	Ballarat Gold Swimming Club In	K	NT		
5	Ballarat Gold Swimming Club In	L	NT		
6					
7					
8					

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 1****Heat 2 Timed Finals... (Event 13 Mixed 200 LC Meter Freestyle Relay)**

1					
2	Ballarat Gold Swimming Club In	I	NT		
3	Ballarat Gold Swimming Club In	G	NT		
4	Camberwell Grammar Aquatic	F	NT		
5	Camberwell Grammar Aquatic	G	NT		
6	Ballarat Gold Swimming Club In	H	NT		
7	Ballarat Gold Swimming Club In	J	NT		
8					

Heat 3 of 4 Timed Finals

1	Camberwell Grammar Aquatic	E	NT		
2	Ballarat Gold Swimming Club In	D	NT		
3	Camberwell Grammar Aquatic	C	NT		
4	Kardinia International College-ti	C	NT		
5	Ballarat Gold Swimming Club In	C	NT		
6	Camberwell Grammar Aquatic	D	NT		
7	Ballarat Gold Swimming Club In	E	NT		
8	Ballarat Gold Swimming Club In	F	NT		

Heat 4 of 4 Timed Finals

1	Kangaroo Flat	B	NT		
2	Ballarat Gold Swimming Club In	B	NT		
3	Ballarat Gold Swimming Club In	A	NT		
4	Camberwell Grammar Aquatic	A	NT		
5	Kangaroo Flat	A	NT		
6	Ballarat Geo Swimming Club Inc	A	NT		
7	Camberwell Grammar Aquatic	B	NT		
8	Kangaroo Flat	C	NT		

2022 Ballarat Gold Long Course Meet - 9/10/2022**Session Report**

Session: 2 Session 2

Day of Meet: 1 Starts at 12:30 PM Heat Interval: 25 Seconds / Back +20 Seconds / Chase +5

Round	Event	Starts at	
Finals	14 Girls 200 IM	12:30 PM	_____
Finals	15 Boys 200 IM	12:42 PM	_____
Finals	16 Girls 50 Backstroke	12:53 PM	_____
Finals	17 Boys 50 Backstroke	01:03 PM	_____
Finals	18 Girls 100 Freestyle	01:13 PM	_____
Finals	19 Boys 100 Freestyle	01:28 PM	_____
Finals	20 Mixed 200 Butterfly	01:42 PM	_____
Finals	21 Girls 50 Breaststroke	01:46 PM	_____
Finals	22 Boys 50 Breaststroke	01:54 PM	_____
Finals	23 Girls 100 Backstroke	02:02 PM	_____
Finals	24 Boys 100 Backstroke	02:16 PM	_____
Finals	25 Girls 200 Freestyle	02:27 PM	_____
Finals	26 Boys 200 Freestyle	02:35 PM	_____
Finals	27 Mixed 200 Medley Relay	02:44 PM	_____
	Swimmers Counts for Warm-ups: 220		
	Finish Time	02:56 PM	_____

NB Session and break times are a guide and are subject to change. Please keep an eye on the Marshalling board and listen for announcements.

2022 Ballarat Gold Long Course Meet - 9/10/2022

Meet Program - Session 2

Event 14 Girls 200 LC Meter IM

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals						
1						
2	Cattleya Atti	9	Western Aquatic Academy	NT		
3	Astrid Buchanan	10	Ballarat Swimming Club Inc	NT		
4	Chloe Nobes	13	Kardinia Interna-ti	NT		
5	Lily Goodman	11	Warrnambool Swimming Club	NT		
6						
7						
8						
Heat 2 of 3 Timed Finals						
1	Sophie Kenafacke	13	Camberwell Grammar Aquatic	NT		
2	Emma Heer	12	Kardinia Interna-ti	3:37.73		
3	Leah Ross	14	Ballarat Gold Swimming Club In	3:17.29		
4	Eva Xie	13	Ballarat Swimming Club Inc	3:02.36		
5	Holly Hembrow	13	Kangaroo Flat	3:04.18		
6	Neve Harrison	10	Ballarat Geo Swimming Club Inc	3:33.87		
7	Lara Riddle	14	Ballarat Gold Swimming Club In	NT		
8						
Heat 3 of 3 Timed Finals						
1	Zoe Davis	12	Warrnambool Swimming Club	2:58.60		
2	Charley Ward	15	Ballarat Gold Swimming Club In	2:54.71		
3	Zahlie Snijders	13	Geelong Swimming Club Incorpor	2:45.54		
4	Emily Kearns	17	Melbourne Swimming Club	2:35.44		
5	Georgia King	16	Camberwell Grammar Aquatic	2:42.92		
6	Harriet Meakin	14	Ballarat Swimming Club Inc	2:47.60		
7	Makaylen Di Sisto	13	Warragul Swimming Club	2:55.42		
8	Hanna Wilkinson	14	Geelong Swimming Club Incorpor	3:01.44		

Event 15 Boys 200 LC Meter IM

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals						
1	Jayden Lim	10	Ballarat Gold Swimming Club In	NT		
2	Quinn Richards	11	Camberwell Grammar Aquatic	NT		
3	Kaelan McGee	12	Geelong Swimming Club Incorpor	NT		
4	Aaron Skinner	31	Geelong Sharks Swimming Club	3:13.69		
5	Dax Conheady	13	Geelong Swimming Club Incorpor	3:14.84		
6	Cade Faulkner	12	Camberwell Grammar Aquatic	NT		
7	Owen Barnes	10	Kangaroo Flat	NT		
8						
Heat 2 of 3 Timed Finals						
1	James Hinde	11	Ballarat Gold Swimming Club In	3:10.67		
2	Edward O'Connor	14	Warrnambool Swimming Club	3:02.58		
3	Jairus Cheung	12	Camberwell Grammar Aquatic	2:54.32		
4	Jake Denaro	13	Warrnambool Swimming Club	2:49.27		
5	Riley Blitz	16	Geelong Swimming Club Incorpor	2:49.46		
6	Hamish Ren	12	Camberwell Grammar Aquatic	3:00.37		
7	Bradley Doolan	28	Geelong Swimming Club Incorpor	3:04.07		
8	Codey Farquhar	13	Ballarat Geo Swimming Club Inc	3:12.77		

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Heat 3 Timed Finals... (Event 15 Boys 200 LC Meter IM)

1	Javier Lai	14	Camberwell Grammar Aquatic	2:38.64		
2	Benjamin Nolta	15	Melton Swimming Club Inc	2:36.58		
3	Matthew Suhandi	15	Geelong Swimming Club Incorpor	2:31.17		
4	Ryan Chung	15	Camberwell Grammar Aquatic	2:22.45		
5	Hugh Cran	15	Camberwell Grammar Aquatic	2:29.31		
6	Nicholas Kearns	14	Melbourne Swimming Club	2:35.91		
7	Max Mason	15	Ballarat Gold Swimming Club In	2:37.90		
8	Jarrad Smith	14	Starplex	2:47.32		

Event 16 Girls 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 7 Timed Finals						
1	Nylah O'Neill	10	Kyabram Swimming Club	NT		
2	Taylah Costello	10	Ballarat Gold Swimming Club In	NT		
3	Grace Dillon	11	Ballarat Swimming Club Inc	NT		
4	Danielle Makara	14	Ballarat Gold Swimming Club In	NT		
5	Holly Preston	12	Ballarat Geo Swimming Club Inc	NT		
6	Niamh Wallbank	11	Ballarat Gold Swimming Club In	NT		
7	Lily McCormack	10	Ballarat Gold Swimming Club In	NT		
8	Rose Dillon	9	Ballarat Swimming Club Inc	NT		
Heat 2 of 7 Timed Finals						
1	Rachael Orton	13	Ballarat Geo Swimming Club Inc	54.73		
2	Jade Hayward	10	Kangaroo Flat	53.33		
3	Julia Justin	11	Ballarat Swimming Club Inc	52.97		
4	Clara Powell	11	Ballarat Geo Swimming Club Inc	50.50		
5	Savenya Ilukketiya	11	Geelong Swimming Club Incorpor	52.10		
6	Emma Heer	12	Kardinia Interna-ti	53.30		
7	Tayla Holt	9	Geelong Swimming Club Incorpor	54.31		
8	Matisse Aberline	10	Warrnambool Swimming Club	54.95		
Heat 3 of 7 Timed Finals						
1	Amelia Wilson	10	Ballarat Geo Swimming Club Inc	49.64		
2	Daphne Provily	10	Geelong Swimming Club Incorpor	49.26		
3	Audrey Hogan	12	Bendigo East Swimming Club	47.26		
4	Addison Biberow	13	Geelong Swimming Club Incorpor	45.61		
5	Makayla McRostie	14	Hamilton Olympic Swimming Club	46.09		
6	Indianna Stonehouse	11	Warrnambool Swimming Club	48.04		
7	Emma Pomeroy	11	Kangaroo Flat	49.54		
8	Matilda Biberow	10	Geelong Swimming Club Incorpor	50.14		
Heat 4 of 7 Timed Finals						
1	Alice Lin	12	Ivanhoe Aqua Power Swimming Cl	45.06		
2	Ada Xie	11	Ballarat Swimming Club Inc	44.15		
3	Anja Hennig	12	Kardinia Interna-ti	43.07		
4	Ivy Dickson	12	Ballarat Swimming Club Inc	42.99		
5	Freya Nicoletti	15	Bendigo East Swimming Club	43.05		
6	Ella Williams	12	Ballarat Gold Swimming Club In	43.41		
7	Grace Cofield	10	Ballarat Gold Swimming Club In	44.26		
8	Emerson McMaster	10	Kardinia Interna-ti	45.34		
Heat 5 of 7 Timed Finals						
1	Miley Bird	9	Kangaroo Flat	42.07		
2	Emily McMillan	12	Echuca Swimming Club Inc	39.98		
3	Mia Riddle	12	Ballarat Gold Swimming Club In	39.71		
4	Zoe Reynolds	12	Bendigo East Swimming Club	38.61		
5	Amelia Luo	10	Ballarat Gold Swimming Club In	39.29		
6	Meg Conheady	15	Geelong Swimming Club Incorpor	39.83		
7	Megan Shaw	16	Ballarat Gold Swimming Club In	41.28		
8	Maddison Cannell	13	Ballarat Gold Swimming Club In	42.90		

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Heat 6 Timed Finals... (Event 16 Girls 50 LC Meter Backstroke)

1	Madeline Pierce	16	Ballarat Gold Swimming Club In	38.28		
2	Zarah Reynolds	12	Bendigo East Swimming Club	36.73		
3	Marley Addlem	15	Bendigo East Swimming Club	36.43		
4	Sarah Howe	17	Ballarat Gold Swimming Club In	35.94		
5	Alana Cummings	15	Camberwell Grammar Aquatic	36.27		
6	Anna Leighton	22	Ballarat Gold Swimming Club In	36.50		
7	Eve Pahos	13	Camberwell Grammar Aquatic	38.11		
8	Bridie Hargreaves	17	Warrnambool Swimming Club	38.48		

Heat 7 of 7 Timed Finals

1	Lucy Crouch	13	Mlc Aquatic Inc (Victoria)	34.91		
2	Chanel Simsic	17	Geelong Swimming Club Incorpor	34.54		
3	Skye Laube	15	Ballarat Gold Swimming Club In	33.78		
4	Janessa Fitzgerald	21	Ballarat Gold Swimming Club In	32.07		
5	Sarah Provily	14	Geelong Swimming Club Incorpor	33.27		
6	Jade King	15	Warrnambool Swimming Club	33.85		
7	Celeste Lean	16	Ballarat Gold Swimming Club In	34.63		
8	Isla Ho	15	Ballarat Gold Swimming Club In	35.06		

Event 17 Boys 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals						
1						
2	Willem Woithe	9	Warrnambool Swimming Club	NT		
3	Jack Stonehouse	13	Warrnambool Swimming Club	NT		
4	Thomas Costello	14	Ballarat Gold Swimming Club In	NT		
5	Dominic Zylan	14	Kangaroo Flat	NT		
6	Hugh White	11	Warrnambool Swimming Club	NT		
7						
8						
Heat 2 of 6 Timed Finals						
1	Henry O'Brien	10	Geelong Swimming Club Incorpor	1:10.05		
2	Jude Harrison	8	Ballarat Gco Swimming Club Inc	56.17		
3	Matthew Swanton	11	Ballarat Gold Swimming Club In	52.83		
4	Hayden Wilson	12	Ballarat Gco Swimming Club Inc	51.84		
5	Charlie Tickell	10	Ballarat Gold Swimming Club In	52.22		
6	Martin Ma	8	Ballarat Gold Swimming Club In	54.18		
7	Tadhg O'Neill	12	Kyabram Swimming Club	58.85		
8	Jack McRostie	8	Hamilton Olympic Swimming Club	1:11.56		
Heat 3 of 6 Timed Finals						
1	Thomas Hembrow	11	Kangaroo Flat	49.11		
2	Winston Kilborn	11	Ballarat Swimming Club Inc	48.45		
3	Angus Lim	11	Camberwell Grammar Aquatic	47.24		
4	Eli Kerr	11	Warrnambool Swimming Club	46.11		
5	Owen Barnes	10	Kangaroo Flat	46.27		
6	Miles Crilly	11	Ballarat Swimming Club Inc	48.31		
7	Sean Hughan	11	Kangaroo Flat	48.50		
8	Joshua Ashby	10	Kangaroo Flat	49.35		
Heat 4 of 6 Timed Finals						
1	Max Ravisa	11	Ballarat Gold Swimming Club In	45.37		
2	Toby Salter	12	Kangaroo Flat	44.28		
3	Samuel Johnson	11	Kangaroo Flat	43.33		
4	Oliver Salter	13	Kangaroo Flat	40.61		
5	Cooper Hargreaves	13	Warrnambool Swimming Club	41.54		
6	Ronan Kerr	14	Warrnambool Swimming Club	43.80		
7	Bryce Scott	10	Ballarat Gold Swimming Club In	45.05		
8	Maxim Hocking	12	Ballarat Gold Swimming Club In	46.01		

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Meet Program - Session 2

Heat 5 Timed Finals... (Event 17 Boys 50 LC Meter Backstroke)

1	Oscar Woithe	12	Warrnambool Swimming Club	39.05		
2	Blake Scott	14	Ballarat Gold Swimming Club In	38.53		
3	Dylan Denaro	14	Warrnambool Swimming Club	37.01		
4	Fraser Allan	14	Melbourne Swimming Club	35.00		
5	Luka Lim	12	Camberwell Grammar Aquatic	37.00		
6	Elliot Bird	13	Kangaroo Flat	37.52		
7	Codey Farquhar	13	Ballarat Gco Swimming Club Inc	38.94		
8	Angus Addlem	13	Bendigo East Swimming Club	39.54		

Heat 6 of 6 Timed Finals

1	Kevin Huang	14	Ballarat Gold Swimming Club In	34.39		
2	Luke Gallagher	14	Ballarat Gco Swimming Club Inc	33.36		
3	Cody Bird	14	Kangaroo Flat	31.36		
4	Jett Bird	16	Kangaroo Flat	28.05		
5	Jack Lanyon	15	Ballarat Gold Swimming Club In	30.21		
6	Andreas Ginis	15	Bendigo East Swimming Club	33.16		
7	Max Mason	15	Ballarat Gold Swimming Club In	33.53		
8	James Gargano	14	Camberwell Grammar Aquatic	34.42		

Event 18 Girls 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 8 Timed Finals						
1						
2						
3	Tayla Holt	9	Geelong Swimming Club Incorpor	NT		
4	Clara Powell	11	Ballarat Gco Swimming Club Inc	NT		
5	Matilda Biberow	10	Geelong Swimming Club Incorpor	NT		
6						
7						
8						
Heat 2 of 8 Timed Finals						
1	Ella Williams	12	Ballarat Gold Swimming Club In	NT		
2	Alexandra Wilson	14	Ess Dolphins Swimming Club Inc	NT		
3	Julia Justin	11	Ballarat Swimming Club Inc	1:43.14		
4	Holly Preston	12	Ballarat Gco Swimming Club Inc	1:34.98		
5	Daphne Provily	10	Geelong Swimming Club Incorpor	1:41.98		
6	Millie Kerr	14	Kangaroo Flat	NT		
7	Eva Robertson	12	Ballarat Gold Swimming Club In	NT		
8	Jone Greeff	11	Ballarat Swimming Club Inc	NT		
Heat 3 of 8 Timed Finals						
1	Indianna Stonehouse	11	Warrnambool Swimming Club	1:30.52		
2	Emerson McMaster	10	Kardinia Interna-ti	1:29.47		
3	Maddison Cannell	13	Ballarat Gold Swimming Club In	1:28.68		
4	Hollanah Hinde	12	Ballarat Gold Swimming Club In	1:27.04		
5	Molly Malone	11	Ballarat Swimming Club Inc	1:27.79		
6	Ainsley Justin	12	Ballarat Swimming Club Inc	1:28.70		
7	Emma Heer	12	Kardinia Interna-ti	1:29.94		
8	Emma Crouch	10	Mlc Aquatic Inc (Victoria)	1:34.02		
Heat 4 of 8 Timed Finals						
1	Ada Xie	11	Ballarat Swimming Club Inc	1:24.71		
2	Addison Biberow	13	Geelong Swimming Club Incorpor	1:24.54		
3	Lily Goodman	11	Warrnambool Swimming Club	1:22.06		
4	Zoe Reynolds	12	Bendigo East Swimming Club	1:21.17		
5	Zara Bibby	13	Bendigo East Swimming Club	1:21.69		
6	Ania Siedlaczek	36	Ballarat Swimming Club Inc	1:23.72		
7	Chloe Nobes	13	Kardinia Interna-ti	1:24.62		
8	Nina Sutherland	12	Ballarat Gold Swimming Club In	1:24.93		

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 2****Heat 5 Timed Finals... (Event 18 Girls 100 LC Meter Freestyle)**

1	Sophia Beaton	11	Ballarat Gold Swimming Club In	1:18.73		
2	Bridie Hargreaves	17	Warrnambool Swimming Club	1:15.13		
3	April Downing	13	Bendigo East Swimming Club	1:14.81		
4	Ellie Morgan	14	Geelong Swimming Club Incorpor	1:14.56		
5	Zarah Reynolds	12	Bendigo East Swimming Club	1:14.60		
6	Amelia Jennings	14	Kardinia Interna-ti	1:15.02		
7	Freya Nicoletti	15	Bendigo East Swimming Club	1:15.78		
8	Leah Ross	14	Ballarat Gold Swimming Club In	1:19.68		

Heat 6 of 8 Timed Finals

1	Meg Conheady	15	Geelong Swimming Club Incorpor	1:14.07		
2	Ines Parlange	14	Ballarat Gold Swimming Club In	1:13.55		
3	Eve Pahos	13	Camberwell Grammar Aquatic	1:11.82		
4	Sarah Howe	17	Ballarat Gold Swimming Club In	1:09.41		
5	Aaliyah Wong	13	Camberwell Grammar Aquatic	1:10.53		
6	Chloe Adams	13	Warrnambool Swimming Club	1:12.33		
7	Hannah Buchanan	12	Ballarat Swimming Club Inc	1:13.70		
8	Isabella Till	15	Ballarat Gco Swimming Club Inc	1:14.35		

Heat 7 of 8 Timed Finals

1	Madeline Pierce	16	Ballarat Gold Swimming Club In	1:07.90		
2	Stephanie Ingram	13	Bendigo East Swimming Club	1:07.69		
3	Zoe Rouse	17	Hamilton Olympic Swimming Club	1:06.95		
4	Marley Addlem	15	Bendigo East Swimming Club	1:06.33		
5	Ava Candy	13	Ballarat Swimming Club Inc	1:06.39		
6	Celeste Ellis	16	Geelong Swimming Club Incorpor	1:07.01		
7	Demi Candy	16	Ballarat Swimming Club Inc	1:07.85		
8	Gabrielle King	14	Camberwell Grammar Aquatic	1:08.78		

Heat 8 of 8 Timed Finals

1	Bettina Ambrose	13	Ballarat Swimming Club Inc	1:04.83		
2	Chloe Green	15	Camberwell Grammar Aquatic	1:03.94		
3	Francesca Hanlon	16	Camberwell Grammar Aquatic	1:02.54		
4	Eloise Wills	17	Ballarat Gold Swimming Club In	59.21		
5	Georgia King	16	Camberwell Grammar Aquatic	1:02.40		
6	Cate Middleton	16	Camberwell Grammar Aquatic	1:02.92		
7	Zoe Schnyder	13	Ballarat Gold Swimming Club In	1:04.74		
8	Telani Bibby	16	Bendigo East Swimming Club	1:05.00		

Event 19 Boys 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 8 Timed Finals

1						
2						
3	Jayden Lim	10	Ballarat Gold Swimming Club In	NT		
4	Cade Faulkner	12	Camberwell Grammar Aquatic	NT		
5	Thomas Byrne	12	Kangaroo Flat	NT		
6						
7						
8						

Heat 2 of 8 Timed Finals

1	Jonah Elliott	13	Warrnambool Swimming Club	NT		
2	Henry O'Brien	10	Geelong Swimming Club Incorpor	2:04.63		
3	Charlie Tickell	10	Ballarat Gold Swimming Club In	1:41.15		
4	Hayden Wilson	12	Ballarat Gco Swimming Club Inc	1:36.21		
5	Tadhg O'Neill	12	Kyabram Swimming Club	1:36.60		
6	Martin Ma	8	Ballarat Gold Swimming Club In	1:41.93		
7	Josh Stott	44	Ballarat Gold Swimming Club In	NT		
8						

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 2****Heat 3 Timed Finals... (Event 19 Boys 100 LC Meter Freestyle)**

1	James Hinde	11	Ballarat Gold Swimming Club In	1:29.47		
2	Eli Kerr	11	Warrnambool Swimming Club	1:25.82		
3	Ronan Kerr	14	Warrnambool Swimming Club	1:18.60		
4	Miller Stott	13	Ballarat Gold Swimming Club In	1:16.96		
5	Keppler Snijders	11	Geelong Swimming Club Incorpor	1:17.00		
6	Oliver Kallio	12	Ballarat Gold Swimming Club In	1:20.53		
7	Kaelan McGee	12	Geelong Swimming Club Incorpor	1:27.14		
8	Miles Crilly	11	Ballarat Swimming Club Inc	1:35.16		

Heat 4 of 8 Timed Finals

1	Cooper Hargreaves	13	Warrnambool Swimming Club	1:16.01		
2	Tyler Blitz	13	Geelong Swimming Club Incorpor	1:13.98		
3	Dylan Denaro	14	Warrnambool Swimming Club	1:13.35		
4	Jack Stonehouse	13	Warrnambool Swimming Club	1:11.50		
5	Aaron Skinner	31	Geelong Sharks Swimming Club	1:12.55		
6	Kingsley Cheung	10	Camberwell Grammar Aquatic	1:13.91		
7	Dax Conheady	13	Geelong Swimming Club Incorpor	1:14.90		
8	Codey Farquhar	13	Ballarat Gco Swimming Club Inc	1:16.33		

Heat 5 of 8 Timed Finals

1	Harry Sanderson	16	Geelong Swimming Club Incorpor	1:11.42		
2	Andreas Ginis	15	Bendigo East Swimming Club	1:09.76		
3	Liam Orton	15	Ballarat Gco Swimming Club Inc	1:09.12		
4	Alexander Bell	14	Warrnambool Swimming Club	1:07.20		
5	Riley James	14	Ballarat Swimming Club Inc	1:08.49		
6	Angus Addlem	13	Bendigo East Swimming Club	1:09.57		
7	Zavier Aberline	13	Warrnambool Swimming Club	1:10.73		
8	Luka Lim	12	Camberwell Grammar Aquatic	1:11.44		

Heat 6 of 8 Timed Finals

1	Edward O'Connor	14	Warrnambool Swimming Club	1:05.73		
2	Jarrad Smith	14	Starplex	1:04.15		
3	Will Luo	13	Ballarat Gold Swimming Club In	1:03.78		
4	Max Mason	15	Ballarat Gold Swimming Club In	1:02.59		
5	Jacob Riches	12	Geelong Swimming Club Incorpor	1:03.68		
6	Todd Robbins	16	Bendigo East Swimming Club	1:04.07		
7	Tadhg Hughan	14	Melbourne Swimming Club	1:04.42		
8	Fraser Allan	14	Melbourne Swimming Club	1:05.79		

Heat 7 of 8 Timed Finals

1	Alec O'Brien	14	Geelong Swimming Club Incorpor	1:01.71		
2	Jonathan Leong	14	Geelong Swimming Club Incorpor	1:01.09		
3	Benjamin Wills	22	Melton Swimming Club Inc	1:00.36		
4	Hugh Cran	15	Camberwell Grammar Aquatic	1:00.04		
5	Ross Sykiotis	15	Camberwell Grammar Aquatic	1:00.15		
6	Jack Lanyon	15	Ballarat Gold Swimming Club In	1:00.83		
7	Nathan Nai	13	Camberwell Grammar Aquatic	1:01.27		
8	Riley Blitz	16	Geelong Swimming Club Incorpor	1:02.54		

Heat 8 of 8 Timed Finals

1	Sean Hanlon	15	Camberwell Grammar Aquatic	59.77		
2	Zachary Meakin	18	Ballarat Swimming Club Inc	58.31		
3	Edward Meddings	15	Ballarat Gold Swimming Club In	56.75		
4	Mitchell Wills	24	Melton Swimming Club Inc	56.27		
5	William Elliott	20	Warrnambool Swimming Club	56.35		
6	William Watson	15	Camberwell Grammar Aquatic	57.40		
7	Xander Zefferelli	14	Camberwell Grammar Aquatic	59.75		
8	Maximilian Coia	14	Camberwell Grammar Aquatic	59.97		

2022 Ballarat Gold Long Course Meet - 9/10/2022

Meet Program - Session 2

Event 20 Mixed 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 1 Timed Finals						
1						
2						
3	Cooper Sutherland	M16	Ballarat Gold Swimming Club In	2:58.61		
4	Isabella King	W16	Camberwell Grammar Aquatic	2:32.91		
5	Jairus Cheung	M12	Camberwell Grammar Aquatic	2:36.51		
6	Marley Sutherland	M13	Ballarat Gold Swimming Club In	NT		
7						
8						

Event 21 Girls 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals						
1	Taylah Costello	10	Ballarat Gold Swimming Club In	NT		
2	Grace Dillon	11	Ballarat Swimming Club Inc	NT		
3	Danielle Makara	14	Ballarat Gold Swimming Club In	NT		
4	Rachael Orton	13	Ballarat Geo Swimming Club Inc	1:05.82		
5	Matilda Biberow	10	Geelong Swimming Club Incorpor	1:12.81		
6	Niamh Wallbank	11	Ballarat Gold Swimming Club In	NT		
7	Nylah O'Neill	10	Kyabram Swimming Club	NT		
8	Shae O'Callaghan	9	Ballarat Gold Swimming Club In	NT		
Heat 2 of 6 Timed Finals						
1	Miley Bird	9	Kangaroo Flat	1:01.16		
2	Matisse Aberline	10	Warnambool Swimming Club	59.41		
3	Emma Pomeroy	11	Kangaroo Flat	58.59		
4	Amelia Wilson	10	Ballarat Geo Swimming Club Inc	56.44		
5	Indianna Stonehouse	11	Warnambool Swimming Club	56.47		
6	Daphne Provily	10	Geelong Swimming Club Incorpor	58.94		
7	Lily Goodman	11	Warnambool Swimming Club	1:00.12		
8	Savenya Ilukketiya	11	Geelong Swimming Club Incorpor	1:02.41		
Heat 3 of 6 Timed Finals						
1	Jone Greeff	11	Ballarat Swimming Club Inc	54.12		
2	Ella Williams	12	Ballarat Gold Swimming Club In	51.96		
3	Audrey Hogan	12	Bendigo East Swimming Club	51.43		
4	Ada Xie	11	Ballarat Swimming Club Inc	50.31		
5	Lucy Richard	10	Kangaroo Flat	50.94		
6	Mia Riddle	12	Ballarat Gold Swimming Club In	51.72		
7	Addison Biberow	13	Geelong Swimming Club Incorpor	53.86		
8	Molly Malone	11	Ballarat Swimming Club Inc	55.69		
Heat 4 of 6 Timed Finals						
1	Ivy Dickson	12	Ballarat Swimming Club Inc	48.49		
2	Astrid Buchanan	10	Ballarat Swimming Club Inc	46.17		
3	Megan Shaw	16	Ballarat Gold Swimming Club In	45.57		
4	Ania Siedlaczek	36	Ballarat Swimming Club Inc	44.75		
5	Isabella Till	15	Ballarat Geo Swimming Club Inc	45.43		
6	Leah Ross	14	Ballarat Gold Swimming Club In	45.72		
7	Amelia Luo	10	Ballarat Gold Swimming Club In	48.32		
8	Emerson McMaster	10	Kardinia Interna-ti	48.71		

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Heat 5 Timed Finals... (Event 21 Girls 50 LC Meter Breaststroke)

1	Jade King	15	Warrnambool Swimming Club	43.86		
2	Alana Cummings	15	Camberwell Grammar Aquatic	42.02		
3	Anna Leighton	22	Ballarat Gold Swimming Club In	40.50		
4	Telani Bibby	16	Bendigo East Swimming Club	39.93		
5	Ines Parlange	14	Ballarat Gold Swimming Club In	40.29		
6	Paige Martin	15	Kangaroo Flat	40.58		
7	Zara Jeffrey	12	Camberwell Grammar Aquatic	42.20		
8	Stephanie Ingram	13	Bendigo East Swimming Club	43.98		

Heat 6 of 6 Timed Finals

1	Mackenna Naylor	16	Ballarat Gold Swimming Club In	38.94		
2	Isla Ho	15	Ballarat Gold Swimming Club In	38.24		
3	Madeline Pierce	16	Ballarat Gold Swimming Club In	37.08		
4	Zoe Schnyder	13	Ballarat Gold Swimming Club In	35.79		
5	Anna Swanton	17	Ballarat Gold Swimming Club In	36.70		
6	Sarah Provily	14	Geelong Swimming Club Incorpor	37.39		
7	Charley Ward	15	Ballarat Gold Swimming Club In	38.59		
8	Celeste Lean	16	Ballarat Gold Swimming Club In	39.91		

Event 22 Boys 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals						
1						
2	Willem Woithe	9	Warrnambool Swimming Club	NT		
3	Charlie Tickell	10	Ballarat Gold Swimming Club In	NT		
4	Hugh White	11	Warrnambool Swimming Club	NT		
5	Thomas Hembrow	11	Kangaroo Flat	NT		
6	Joshua Ashby	10	Kangaroo Flat	NT		
7						
8						
Heat 2 of 6 Timed Finals						
1	Kaelan McGee	12	Geelong Swimming Club Incorpor	NT		
2	Thomas Costello	14	Ballarat Gold Swimming Club In	NT		
3	Martin Ma	8	Ballarat Gold Swimming Club In	1:09.02		
4	Miles Crilly	11	Ballarat Swimming Club Inc	57.29		
5	Owen Barnes	10	Kangaroo Flat	1:00.06		
6	Henry O'Brien	10	Geelong Swimming Club Incorpor	1:14.08		
7	Dominic Zylan	14	Kangaroo Flat	NT		
8	Graidey Masiero	12	Kangaroo Flat	NT		
Heat 3 of 6 Timed Finals						
1	Sean Hughan	11	Kangaroo Flat	57.09		
2	Tadhg O'Neill	12	Kyabram Swimming Club	55.97		
3	Jayden Lim	10	Ballarat Gold Swimming Club In	55.47		
4	Angus Lim	11	Camberwell Grammar Aquatic	52.06		
5	Jonah Elliott	13	Warrnambool Swimming Club	55.00		
6	Eli Kerr	11	Warrnambool Swimming Club	55.60		
7	Samuel Johnson	11	Kangaroo Flat	56.47		
8	Winston Kilborn	11	Ballarat Swimming Club Inc	57.16		
Heat 4 of 6 Timed Finals						
1	Max Ravisa	11	Ballarat Gold Swimming Club In	50.07		
2	Oliver Salter	13	Kangaroo Flat	47.67		
3	Luka Lim	12	Camberwell Grammar Aquatic	46.85		
4	Bryce Scott	10	Ballarat Gold Swimming Club In	45.55		
5	Angus Addlem	13	Bendigo East Swimming Club	46.55		
6	Oliver Kallio	12	Ballarat Gold Swimming Club In	47.09		
7	Jonty Ward	10	Ballarat Gold Swimming Club In	49.02		
8	Cooper Hargreaves	13	Warrnambool Swimming Club	51.13		

2022 Ballarat Gold Long Course Meet - 9/10/2022

Meet Program - Session 2

Heat 5 Timed Finals... (Event 22 Boys 50 LC Meter Breaststroke)

1	Quinn Richards	11	Camberwell Grammar Aquatic	43.49		
2	Tadhg Hughan	14	Melbourne Swimming Club	40.29		
3	Blake Scott	14	Ballarat Gold Swimming Club In	38.77		
4	Cameron Dole	54	Ballarat Gco Swimming Club Inc	36.77		
5	Jarrad Smith	14	Starplex	37.67		
6	Alec O'Brien	14	Geelong Swimming Club Incorpor	39.61		
7	Cody Bird	14	Kangaroo Flat	40.83		
8	Jack Stonehouse	13	Warrnambool Swimming Club	43.91		

Heat 6 of 6 Timed Finals

1	Todd Robbins	16	Bendigo East Swimming Club	35.29		
2	Jonathan Leong	14	Geelong Swimming Club Incorpor	33.93		
3	Hugh Cran	15	Camberwell Grammar Aquatic	33.27		
4	Dayne Schnyder	16	Ballarat Gold Swimming Club In	32.50		
5	Zachary Meakin	18	Ballarat Swimming Club Inc	32.70		
6	Xander Zefferelli	14	Camberwell Grammar Aquatic	33.56		
7	Javier Lai	14	Camberwell Grammar Aquatic	34.28		
8	Luke Gallagher	14	Ballarat Gco Swimming Club Inc	35.45		

Event 23 Girls 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals						
1						
2						
3	Grace Cofield	10	Ballarat Gold Swimming Club In	NT		
4	Julia Justin	11	Ballarat Swimming Club Inc	NT		
5	Astrid Buchanan	10	Ballarat Swimming Club Inc	NT		
6						
7						
8						
Heat 2 of 6 Timed Finals						
1						
2	Ella Williams	12	Ballarat Gold Swimming Club In	NT		
3	Chloe Nobes	13	Kardinia Interna-ti	NT		
4	Millie Kerr	14	Kangaroo Flat	NT		
5	Alexandra Wilson	14	Ess Dolphins Swimming Club Inc	NT		
6	Zara Bibby	13	Bendigo East Swimming Club	NT		
7	Anja Hennig	12	Kardinia Interna-ti	NT		
8						
Heat 3 of 6 Timed Finals						
1	Ainsley Justin	12	Ballarat Swimming Club Inc	1:39.15		
2	Maddison Cannell	13	Ballarat Gold Swimming Club In	1:33.26		
3	Lily Goodman	11	Warrnambool Swimming Club	1:32.49		
4	Meg Conheady	15	Geelong Swimming Club Incorpor	1:30.29		
5	Kate Crilly	13	Ballarat Swimming Club Inc	1:31.02		
6	Ellie Morgan	14	Geelong Swimming Club Incorpor	1:32.51		
7	Molly Malone	11	Ballarat Swimming Club Inc	1:38.55		
8	Zoe Davis	12	Warrnambool Swimming Club	1:49.82		
Heat 4 of 6 Timed Finals						
1	Amelia Jennings	14	Kardinia Interna-ti	1:28.82		
2	Stephanie Ingram	13	Bendigo East Swimming Club	1:27.69		
3	Zoe Reynolds	12	Bendigo East Swimming Club	1:25.69		
4	Elle Cofield	13	Ballarat Gold Swimming Club In	1:25.17		
5	Leah Ross	14	Ballarat Gold Swimming Club In	1:25.40		
6	Zarah Reynolds	12	Bendigo East Swimming Club	1:25.78		
7	Bridie Hargreaves	17	Warrnambool Swimming Club	1:27.96		
8	Sophia Beaton	11	Ballarat Gold Swimming Club In	1:29.52		

2022 Ballarat Gold Long Course Meet - 9/10/2022

Meet Program - Session 2

Heat 5 Timed Finals... (Event 23 Girls 100 LC Meter Backstroke)

1	Mikaela James	16	Ballarat Swimming Club Inc	1:24.09		
2	Eve Pahos	13	Camberwell Grammar Aquatic	1:22.89		
3	Hannah Buchanan	12	Ballarat Swimming Club Inc	1:21.19		
4	Isabelle Kilborn	13	Ballarat Swimming Club Inc	1:18.51		
5	April Downing	13	Bendigo East Swimming Club	1:18.55		
6	Eva Xie	13	Ballarat Swimming Club Inc	1:22.65		
7	Charley Ward	15	Ballarat Gold Swimming Club In	1:23.42		
8	Chloe Adams	13	Warrnambool Swimming Club	1:24.69		

Heat 6 of 6 Timed Finals

1	Lucy Crouch	13	Mlc Aquatic Inc (Victoria)	1:16.17		
2	Celeste Ellis	16	Geelong Swimming Club Incorpor	1:15.06		
3	Cate Middleton	16	Camberwell Grammar Aquatic	1:09.94		
4	Emily Kearns	17	Melbourne Swimming Club	1:05.56		
5	Eloise Wills	17	Ballarat Gold Swimming Club In	1:07.18		
6	Skye Laube	15	Ballarat Gold Swimming Club In	1:13.63		
7	Georgia King	16	Camberwell Grammar Aquatic	1:15.96		
8	Zahlie Snijders	13	Geelong Swimming Club Incorpor	1:17.95		

Event 24 Boys 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 5 Timed Finals						
1						
2						
3	Max Ravisa	11	Ballarat Gold Swimming Club In	NT		
4	Ryan Chung	15	Camberwell Grammar Aquatic	NT		
5	Thomas Byrne	12	Kangaroo Flat	NT		
6	Kingsley Cheung	10	Camberwell Grammar Aquatic	NT		
7						
8						
Heat 2 of 5 Timed Finals						
1	Aaron Skinner	31	Geelong Sharks Swimming Club	1:33.24		
2	Tyler Blitz	13	Geelong Swimming Club Incorpor	1:30.94		
3	Oliver Kallio	12	Ballarat Gold Swimming Club In	1:26.31		
4	Riley Blitz	16	Geelong Swimming Club Incorpor	1:23.99		
5	Zavier Aberline	13	Warrnambool Swimming Club	1:25.47		
6	Keppler Snijders	11	Geelong Swimming Club Incorpor	1:27.20		
7	Dax Conheady	13	Geelong Swimming Club Incorpor	1:32.18		
8	Hayden Wilson	12	Ballarat Geo Swimming Club Inc	1:53.79		
Heat 3 of 5 Timed Finals						
1	Oscar Woithe	12	Warrnambool Swimming Club	1:23.30		
2	Jacob Riches	12	Geelong Swimming Club Incorpor	1:22.48		
3	Harry Sanderson	16	Geelong Swimming Club Incorpor	1:21.52		
4	Jack Stonehouse	13	Warrnambool Swimming Club	1:20.97		
5	Dylan Denaro	14	Warrnambool Swimming Club	1:21.22		
6	Luka Lim	12	Camberwell Grammar Aquatic	1:21.77		
7	Hamish Ren	12	Camberwell Grammar Aquatic	1:22.56		
8	Codey Farquhar	13	Ballarat Geo Swimming Club Inc	1:23.58		
Heat 4 of 5 Timed Finals						
1	Alexander Bell	14	Warrnambool Swimming Club	1:18.24		
2	Kevin Huang	14	Ballarat Gold Swimming Club In	1:14.66		
3	Will Luo	13	Ballarat Gold Swimming Club In	1:13.43		
4	Fraser Allan	14	Melbourne Swimming Club	1:13.15		
5	Tadhg Hughan	14	Melbourne Swimming Club	1:13.30		
6	Jonathan Leong	14	Geelong Swimming Club Incorpor	1:14.02		
7	Elliot Bird	13	Kangaroo Flat	1:17.53		
8	Miller Stott	13	Ballarat Gold Swimming Club In	1:20.55		

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 2****Heat 5 Timed Finals... (Event 24 Boys 100 LC Meter Backstroke)**

1	Matthew Suhandi	15	Geelong Swimming Club Incorpor	1:11.42		
2	Jack Lanyon	15	Ballarat Gold Swimming Club In	1:09.99		
3	Alec O'Brien	14	Geelong Swimming Club Incorpor	1:09.19		
4	Jett Bird	16	Kangaroo Flat	59.42		
5	Ross Sykietis	15	Camberwell Grammar Aquatic	1:07.99		
6	Todd Robbins	16	Bendigo East Swimming Club	1:09.57		
7	Benjamin Nolta	15	Melton Swimming Club Inc	1:10.09		
8	Jake Denaro	13	Warrnambool Swimming Club	1:12.33		

Event 25 Girls 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 2 Timed Finals						
1	Hannah Buchanan	12	Ballarat Swimming Club Inc	NT		
2	Sophie Kenafacke	13	Camberwell Grammar Aquatic	NT		
3	Imogen Ineson	15	Camberwell Grammar Aquatic	NT		
4	Kate Crilly	13	Ballarat Swimming Club Inc	3:03.74		
5	Zoe Davis	12	Warrnambool Swimming Club	3:15.52		
6	Makayla McRostie	14	Hamilton Olympic Swimming Club	NT		
7	Zara Jeffrey	12	Camberwell Grammar Aquatic	NT		
8	Astrid Buchanan	10	Ballarat Swimming Club Inc	NT		
Heat 2 of 2 Timed Finals						
1	Holly Hembrow	13	Kangaroo Flat	2:44.55		
2	Ava Candy	13	Ballarat Swimming Club Inc	2:28.71		
3	Jade King	15	Warrnambool Swimming Club	2:25.12		
4	Francesca Hanlon	16	Camberwell Grammar Aquatic	2:16.86		
5	Georgia King	16	Camberwell Grammar Aquatic	2:21.51		
6	Zoe Rouse	17	Hamilton Olympic Swimming Club	2:26.95		
7	Chloe Adams	13	Warrnambool Swimming Club	2:43.50		
8	Alice Lin	12	Ivanhoe Aqua Power Swimming Cl	2:51.16		

Event 26 Boys 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals						
1	Bryce Scott	10	Ballarat Gold Swimming Club In	NT		
2	Cade Faulkner	12	Camberwell Grammar Aquatic	NT		
3	Luke Gallagher	14	Ballarat Gco Swimming Club Inc	NT		
4	Blake Scott	14	Ballarat Gold Swimming Club In	2:48.08		
5	Ronan Kerr	14	Warrnambool Swimming Club	2:52.19		
6	Tadhg Hughan	14	Melbourne Swimming Club	NT		
7	James Hinde	11	Ballarat Gold Swimming Club In	NT		
8						
Heat 2 of 3 Timed Finals						
1	Liam Orton	15	Ballarat Gco Swimming Club Inc	2:45.57		
2	Jack Stonehouse	13	Warrnambool Swimming Club	2:40.76		
3	Zavier Aberline	13	Warrnambool Swimming Club	2:37.71		
4	Jarrad Smith	14	Starplex	2:22.94		
5	Alexander Bell	14	Warrnambool Swimming Club	2:34.82		
6	Cameron Dole	54	Ballarat Gco Swimming Club Inc	2:38.03		
7	Edward O'Connor	14	Warrnambool Swimming Club	2:42.26		
8	Keppler Snijders	11	Geelong Swimming Club Incorpor	2:47.20		

2022 Ballarat Gold Long Course Meet - 9/10/2022**Meet Program - Session 2****Heat 3 Timed Finals... (Event 26 Boys 200 LC Meter Freestyle)**

1	Aidan McGee	14	Geelong Swimming Club Incorpor	2:16.60	_____	_____
2	Nicholas Kearns	14	Melbourne Swimming Club	2:10.25	_____	_____
3	William Elliott	20	Warrnambool Swimming Club	2:07.13	_____	_____
4	Mitchell Wills	24	Melton Swimming Club Inc	2:02.02	_____	_____
5	William Watson	15	Camberwell Grammar Aquatic	2:04.75	_____	_____
6	Benjamin Wills	22	Melton Swimming Club Inc	2:08.33	_____	_____
7	Maximilian Coia	14	Camberwell Grammar Aquatic	2:14.43	_____	_____
8	James Gargano	14	Camberwell Grammar Aquatic	2:19.06	_____	_____

Event 27 Mixed 200 LC Meter Medley Relay

Lane	Team	Relay	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals					
1				_____	_____
2	Ballarat Gold Swimming Club In	L	NT	_____	_____
3	Ballarat Gold Swimming Club In	J	NT	_____	_____
4	Ballarat Gold Swimming Club In	H	NT	_____	_____
5	Ballarat Gold Swimming Club In	I	NT	_____	_____
6	Ballarat Gold Swimming Club In	K	NT	_____	_____
7	Ballarat Gold Swimming Club In	M	NT	_____	_____
8				_____	_____
Heat 2 of 3 Timed Finals					
1	Camberwell Grammar Aquatic	G	NT	_____	_____
2	Ballarat Gold Swimming Club In	F	NT	_____	_____
3	Ballarat Gold Swimming Club In	E	NT	_____	_____
4	Kardinia International College-ti	D	NT	_____	_____
5	Camberwell Grammar Aquatic	D	NT	_____	_____
6	Camberwell Grammar Aquatic	E	NT	_____	_____
7	Camberwell Grammar Aquatic	F	NT	_____	_____
8	Ballarat Gold Swimming Club In	G	NT	_____	_____
Heat 3 of 3 Timed Finals					
1	Ballarat Gold Swimming Club In	C	NT	_____	_____
2	Camberwell Grammar Aquatic	B	NT	_____	_____
3	Ballarat Geo Swimming Club Inc	A	NT	_____	_____
4	Ballarat Gold Swimming Club In	A	NT	_____	_____
5	Camberwell Grammar Aquatic	A	NT	_____	_____
6	Ballarat Gold Swimming Club In	B	NT	_____	_____
7	Camberwell Grammar Aquatic	C	NT	_____	_____
8	Ballarat Gold Swimming Club In	D	NT	_____	_____

2023 VICTORIAN COUNTRY LC CHAMPIONSHIPS

21 – 23 JANUARY 2023

QUALIFYING TIMES



Qualifying Requirements

Qualifying times must have been achieved between 21 January 2021 and 16 January 2023.

Converted short course qualifying times will **only** be used where an existing long course qualifying time has not been achieved.

Each country club can enter a maximum of 2 relay teams per event and each competitor is limited to a maximum of 4 relay event swims whether age group or open.

Swimmers are only eligible to compete in relays for the club they are a primary member of as at the closing date for entries.

Mixed Open Relays must be made up of 2 Females and 2 Males (swum in any order)

RELAYS

Event	Open			17 & Over		16 & Under		14 & Under		12 & Under	
	Male	Female	Mixed	Male	Female	Male	Female	Male	Female	Male	Female
4 x 50m Freestyle			1:57.00	2:08.00	2:13.00	2:12.00	2:14.00	2:18.00	2:15.00	2:32.00	2:30.00
4 x 50m Medley			2:09.00	2:32.00	2:34.00	2:34.00	2:36.00	2:35.00	2:36.50	2:54.00	2:50.00
4 x 100m Freestyle	4:06.00	4:40.00									
4 x 100m Medley	4:40.00	5:12.00									

2023 VICTORIAN COUNTRY LC CHAMPIONSHIPS

21 – 23 JANUARY 2023

QUALIFYING TIMES



MALE								
Distance	Course	Open	18 & Over	16-17 Years	14-15 Years	13 Years	12 Years	11 Years & Under
FREESTYLE								
50m	LC		29.50					38.40
	SC		28.91					37.14
100m	LC	59.50		1:03.40	1:05.20	1:10.90	1:16.70	
	SC	58.31		1:02.13	1:03.90	1:09.48	1:15.17	
200m	LC	2:11.90						
	SC	2:09.26						
400m	LC	4:40.10						
	SC	4:34.50						
BACKSTROKE								
50m	LC		37.60					45.30
	SC		36.85					42.43
100m	LC	1:09.20		1:15.10	1:18.30	1:27.20	1:31.20	
	SC	1:07.82		1:13.60	1:16.73	1:25.46	1:29.38	
200m	LC	2:30.30						
	SC	2:27.29						
BREASTSTROKE								
50m	LC		41.60					51.90
	SC		40.77					50.37
100m	LC	1:18.00		1:24.40	1:28.80	1:36.90	1:43.70	
	SC	1:16.44		1:22.71	1:27.02	1:34.96	1:41.63	
200m	LC	2:49.70						
	SC	2:46.31						
BUTTERFLY								
50m	LC		34.60					45.90
	SC		33.91					43.02
100m	LC	1:07.00		1:13.00	1:17.00	1:28.10	1:36.40	
	SC	1:05.66		1:11.54	1:15.46	1:26.34	1:34.47	
200m	LC	2:28.70						
	SC	2:25.73						
INDIVIDUAL MEDLEY								
200m	LC		2:36.90	2:38.60	2:46.20	2:59.10	2:59.10	3:13.10
	SC		2:33.76	2:35.43	2:42.88	2:55.52	2:55.52	3:09.24
400m	LC	5:19.80						
	SC	5:13.40						

2023 VICTORIAN COUNTRY LC CHAMPIONSHIPS

21 – 23 JANUARY 2023

QUALIFYING TIMES



FEMALE								
Distance	Course	Open	18 & Over	16-17 Years	14-15 Years	13 Years	12 Years	11 Years & Under
FREESTYLE								
50m	LC		33.00					38.11
	SC		32.34					37.35
100m	LC	1:05.30		1:09.50	1:10.50	1:13.00	1:16.10	
	SC	1:03.99		1:08.11	1:09.09	1:11.54	1:14.58	
200m	LC	2:22.90						
	SC	2:20.04						
400m	LC	5:00.00						
	SC	4:54.00						
BACKSTROKE								
50m	LC		39.90					45.10
	SC		39.10					42.24
100m	LC	1:15.50		1:21.80	1:22.60	1:25.20	1:29.10	
	SC	1:13.99		1:20.16	1:20.95	1:23.50	1:27.32	
200m	LC	2:41.20						
	SC	2:37.98						
BREASTSTROKE								
50m	LC		45.50					51.10
	SC		44.59					47.14
100m	LC	1:26.50		1:33.60	1:34.70	1:37.10	1:42.30	
	SC	1:24.77		1:31.73	1:32.81	1:35.16	1:40.25	
200m	LC	3:05.10						
	SC	3:01.40						
BUTTERFLY								
50m	LC		36.30					45.00
	SC		35.57					42.14
100m	LC	1:15.20		1:21.30	1:22.80	1:31.70	1:38.80	
	SC	1:13.70		1:19.67	1:21.14	1:29.87	1:36.82	
200m	LC	2:45.30						
	SC	2:41.99						
INDIVIDUAL MEDLEY								
200m	LC		2:50.80	2:51.50	2:52.40	2:57.00	2:57.00	3:14.10
	SC		2:47.38	2:48.07	2:48.95	2:53.46	2:53.46	3:10.22
400m	LC	5:42.60						
	SC	5:35.75						

2023 VICTORIAN SPRINT CHAMPIONSHIPS

14 - 15 JANUARY 2023

QUALIFYING TIMES



Qualifying Requirements

Qualifying times must have been achieved between 14 January 2022 and 9 January 2023.

Converted short course qualifying times will **only** be used where an existing long course qualifying time has not been achieved.

Mixed relays must be made up of 2 Females and 2 Males (swum in any order)

2023 VICTORIAN SPRINT CHAMPIONSHIPS

14 - 15 JANUARY 2023

QUALIFYING TIMES



MALE									
Distance	Course	19 & Over	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years	11 Years & Under
FREESTYLE									
50m	LC	29.17	29.39	29.82	30.26	30.91	31.78	33.96	36.14
	SC	28.59	28.80	29.22	29.65	30.29	31.14	33.28	35.42
BACKSTROKE									
50m	LC	34.53	35.02	35.52	36.02	36.76	37.76	40.24	42.72
	SC	33.84	34.32	34.81	35.30	36.02	37.00	39.44	41.87
BREASTSTROKE									
50m	LC	38.01	38.55	39.09	39.63	40.44	41.52	44.21	46.91
	SC	37.25	37.78	38.31	38.84	39.63	40.69	43.33	45.97
BUTTERFLY									
50m	LC	32.40	32.87	33.33	33.80	34.50	35.43	37.76	40.09
	SC	31.75	32.21	32.66	33.12	33.81	34.72	37.00	39.29

FEMALE									
Distance	Course	19 & Over	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years	11 Years & Under
FREESTYLE									
50m	LC	32.21	32.46	32.95	33.44	33.93	34.43	35.66	36.50
	SC	31.57	31.81	32.29	32.77	33.25	33.74	34.95	35.77
BACKSTROKE									
50m	LC	37.26	37.81	38.09	38.36	38.64	38.92	40.30	43.06
	SC	36.51	37.05	37.33	37.59	37.87	38.14	39.49	42.20
BREASTSTROKE									
50m	LC	41.47	42.08	42.32	42.69	42.99	43.30	44.82	47.87
	SC	40.64	41.24	41.47	41.84	42.13	42.43	43.92	46.91
BUTTERFLY									
50m	LC	34.74	35.25	35.51	35.76	36.02	36.28	37.57	40.14
	SC	34.05	34.54	34.80	35.04	35.30	35.55	36.82	39.34

RELAY			
Event	15 & Over	13 – 14 Years	12 & Under
Mixed 4 x 50m Freestyle	2:05.08	2:11.05	2:23.87

ENTRY QUALIFYING TIMES
2023 Australian Age Swimming Championships
Gold Coast Aquatic Centre, Southport QLD
7-15 April 2023

BOYS										
EVENT	14 YEARS		15 Years		16 YEARS		17 YEARS		18 YEARS	
	SCM	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM	LCM
50m Freestyle	26.24	26.78	25.46	25.98	24.93	25.44	24.41	24.91	24.14	24.64
100m Freestyle	57.78	58.96	56.05	57.19	54.89	56.01	53.74	54.84	53.16	54.24
200m Freestyle	2:05.41	2:07.97	2:01.65	2:04.13	1:59.14	2:01.57	1:56.63	1:59.01	1:55.38	1:57.73
400m Freestyle	4:28.39	4:33.87	4:20.14	4:25.65	4:14.98	4:20.18	4:09.61	4:14.70	4:06.92	4:11.96
800m Freestyle	9:15.10	9:26.43	8:58.58	9:09.57	8:47.57	8:58.34	8:36.55	8:47.10	8:31.06	8:41.49
1500m Freestyle	17:41.36	18:03.02	17:09.78	17:30.80	16:48.73	17:09.32	16:27.68	16:47.84	16:17.16	16:37.10
50m Backstroke	30.45	31.08	29.55	30.16	28.65	29.24	28.05	28.63	27.66	28.23
100m Backstroke	1:05.41	1:06.75	1:03.47	1:04.76	1:01.52	1:02.78	1:00.87	1:02.11	1:00.22	1:01.45
200m Backstroke	2:22.49	2:25.40	2:18.22	2:21.04	2:13.95	2:16.68	2:12.51	2:15.22	2:11.09	2:13.77
50m Breaststroke	33.43	34.12	32.45	33.12	31.47	32.12	31.15	31.79	30.83	31.46
100m Breaststroke	1:13.70	1:15.20	1:11.50	1:12.96	1:09.31	1:10.72	1:08.57	1:09.97	1:07.84	1:09.23
200m Breaststroke	2:40.92	2:44.20	2:36.16	2:39.35	2:31.41	2:34.50	2:29.82	2:32.88	2:28.24	2:31.27
50m Butterfly	27.98	28.55	27.13	27.69	26.30	26.84	26.02	26.55	25.74	26.27
100m Butterfly	1:02.83	1:04.11	1:00.94	1:02.19	59.05	1:00.26	58.42	59.62	57.80	58.98
200m Butterfly	2:21.27	2:24.15	2:17.03	2:19.83	2:14.20	2:16.94	2:11.37	2:14.06	2:09.97	2:12.62
200m Individual Medley	2:23.37	2:26.30	2:19.07	2:21.91	2:16.21	2:18.99	2:13.34	2:16.06	2:11.90	2:14.60
400m Individual Medley	5:10.17	5:16.50	5:00.86	5:07.00	4:54.66	5:00.67	4:48.45	4:54.34	4:45.36	4:51.18
RELAYS										
4 x 50m Freestyle	14 – 15 years						1:47.00			
4 x 50m Freestyle	16 – 17 years						1:43.00			
4 x 100m Freestyle	17 and under						3:44.00			
4 x 50m Medley	14 – 15 years						2:05.00			
4 x 50m Medley	16 – 17 years						2:01.00			
4 x 100m Medley	17 and under						4:12.00			

Short course times can only be used where a long course time has not been achieved.

Qualifying time must be achieved after 1st May 2022.

Age as at 7 April 2023.



ENTRY QUALIFYING TIMES
2023 Australian Age Swimming Championships
Gold Coast Aquatic Centre, Southport QLD
7-15 April 2023

GIRLS										
EVENT	13 YEARS		14 Years		15 YEARS		16 YEARS		17 YEARS	
	SCM	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM	LCM
50m Freestyle	28.76	29.35	28.18	28.76	27.72	28.29	27.43	27.99	27.15	27.70
100m Freestyle	1:02.69	1:03.97	1:01.43	1:02.69	59.89	1:01.12	59.27	1:00.48	58.64	59.84
200m Freestyle	2:15.09	2:17.85	2:12.39	2:15.09	2:11.37	2:14.05	2:10.06	2:12.67	2:08.66	2:11.29
400m Freestyle	4:45.75	4:51.58	4:40.04	4:45.75	4:37.17	4:42.83	4:34.32	4:39.92	4:31.46	4:37.00
800m Freestyle	9:44.42	9:56.35	9:32.83	9:44.52	9:18.10	9:29.49	9:12.31	9:23.58	9:06.50	9:17.66
1500m Freestyle	18:33.32	18:56.04	18:21.25	18:33.52	17:53.98	18:13.98	17:41.06	18:02.71	17:30.02	17:51.45
50m Backstroke	34.04	34.74	33.06	33.74	32.41	33.07	32.09	32.74	31.75	32.40
100m Backstroke	1:11.97	1:13.44	1:09.86	1:11.29	1:08.46	1:09.86	1:07.75	1:09.14	1:07.06	1:08.43
200m Backstroke	2:35.97	2:39.16	2:31.41	2:34.50	2:28.37	2:31.40	2:26.85	2:29.85	2:25.33	2:28.29
50m Breaststroke	38.10	38.88	37.00	37.76	36.27	37.01	35.90	36.64	35.54	36.26
100m Breaststroke	1:22.03	1:23.71	1:19.60	1:21.22	1:17.97	1:19.56	1:17.15	1:18.73	1:16.34	1:17.90
200m Breaststroke	2:56.63	3:00.23	2:51.36	2:54.86	2:47.86	2:51.29	2:46.11	2:49.50	2:44.36	2:47.71
50m Butterfly	31.60	32.25	30.69	31.32	30.07	30.69	29.77	30.38	29.47	30.07
100m Butterfly	1:08.82	1:10.23	1:06.78	1:08.14	1:05.41	1:06.75	1:04.73	1:06.05	1:04.05	1:05.36
200m Butterfly	2:35.56	2:38.74	2:30.96	2:34.04	2:27.89	2:30.91	2:26.35	2:29.34	2:24.62	2:27.78
200m Individual Medley	2:34.73	2:37.89	2:30.09	2:33.15	2:27.00	2:30.00	2:25.45	2:28.42	2:23.70	2:26.84
400m Individual Medley	5:30.28	5:37.02	5:20.37	5:26.91	5:13.77	5:20.17	5:10.46	5:16.80	5:07.16	5:13.43
RELAYS										
4 x 50m Freestyle	13 – 14 years						1:58.00			
4 x 50m Freestyle	15 – 16 years						1:54.00			
4 x 100m Freestyle	16 and under						4:11.00			
4 x 50m Medley	13 – 14 years						2:11.00			
4 x 50m Medley	15 – 16 years						2:07.00			
4 x 100m Medley	16 and under						4:38.00			

Short course times can only be used where a long course time has not been achieved.

Qualifying time must be achieved after 1st May 2022.

Age as at 7 April 2023.



QUALIFYING TIMES
2023 Australian Swimming Championships
Gold Coast Aquatic Centre, Southport QLD
17-20 April 2023

WOMEN				
EVENT	OPEN		18 – 19 YEARS	
	SCM	LCM	SCM	LCM
50m Freestyle	26.51	27.05	26.99	27.54
100m Freestyle	56.42	57.57	57.47	58.64
200m Freestyle	2:03.65	2:06.17	2:05.93	2:08.50
400m Freestyle	4:21.53	4:26.87	4:26.37	4:31.81
800m Freestyle	9:00.48	9:11.51	9:08.38	9:19.57
1500m Freestyle	16:58.97	17:19.77	17:17.82	17:39.03
50m Backstroke	29.96	30.57	30.50	31.12
100m Backstroke	1:04.48	1:05.80	1:05.66	1:07.00
200m Backstroke	2:19.49	2:22.34	2:22.03	2:24.93
50m Breaststroke	33.83	34.52	34.44	35.14
100m Breaststroke	1:12.85	1:14.34	1:14.17	1:15.68
200m Breaststroke	2:37.43	2:40.64	2:39.66	2:42.92
50m Butterfly	28.04	28.61	28.55	29.13
100m Butterfly	1:02.13	1:03.40	1:03.22	1:04.51
200m Butterfly	2:18.44	2:21.27	2:20.96	2:23.84
200m Individual Medley	2:19.39	2:22.23	2:21.94	2:24.84
400m Individual Medley	4:57.53	5:03.60	5:02.99	5:09.17
RELAYS				
4 x 100m Free	Open		3:57.94	
4 x 200m Free	Open		8:39.37	
4 x 100m Medley	Open		4:23.54	

Short course times can only be used where a long course has not been achieved
Qualifying time must be achieved after 1st January 2022
Entries close Tuesday 28th March, 2023 - Times achieved after the closing date will not be accepted under any circumstances



QUALIFYING TIMES
2023 Australian Swimming Championships
Gold Coast Aquatic Centre, Southport QLD
17-20 April 2023

MEN				
EVENT	OPEN		19 – 20 YEARS	
	SCM	LCM	SCM	LCM
50m Freestyle	23.04	23.51	23.68	24.16
100m Freestyle	51.16	52.20	52.58	53.65
200m Freestyle	1:52.48	1:54.78	1:55.04	1:57.39
400m Freestyle	3:59.56	4:04.45	4:06.00	4:11.02
800m Freestyle	8:18.48	8:28.65	8:24.63	8:34.93
1500m Freestyle	15:52.33	16:11.77	16:04.88	16:24.57
50m Backstroke	26.80	27.35	27.28	27.84
100m Backstroke	57.96	59.14	59.01	1:00.21
200m Backstroke	2:06.41	2:08.99	2:08.70	2:11.33
50m Breaststroke	29.46	30.06	29.99	30.60
100m Breaststroke	1:04.44	1:05.76	1:05.66	1:07.00
200m Breaststroke	2:20.11	2:22.97	2:22.63	2:25.54
50m Butterfly	25.13	25.64	25.59	26.11
100m Butterfly	55.73	56.87	56.74	57.90
200m Butterfly	2:05.32	2:07.88	2:07.60	2:10.20
200m Individual Medley	2:06.03	2:08.60	2:09.50	2:12.14
400m Individual Medley	4:33.13	4:38.70	4:40.64	4:46.37
RELAYS				
4 x 100m Free	Open		3:32.42	
4 x 200m Free	Open		7:49.28	
4 x 100m Medley	Open		3:53.07	
Mixed 4 x 100 Medley	Open		4:08.15	

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**Thank you.
We hope you
enjoyed swimming
with us.**