

Ballarat Gold Countries Qualifier & Distance - 23/07/2023**Session Report**

Session: 1 Morning Session

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Starts at
Finals	1 Mixed 400 Free -H1 & Free/400IM-H2	10:00 AM
Finals	2 Mixed 400 IM	10:14 AM
Finals	3 Girls 50 Back	10:20 AM
Finals	4 Boys 50 Back	10:29 AM
Finals	5 Girls 100 Free	10:36 AM
Finals	6 Boys 100 Free	10:54 AM
Finals	7 Mixed 200 Back	11:06 AM
Finals	8 Girls 50 Fly	11:15 AM
Finals	9 Boys 50 Fly	11:23 AM
Finals	10 Girls 100 Breast	11:28 AM
Finals	11 Boys 100 Breast	11:42 AM
Finals	12 Girls 200 IM	11:53 AM
Finals	13 Boys 200 IM	12:00 PM
	Swimmers Counts for Warm-ups: 199	
	Finish Time	12:11 PM

Session: 2 Afternoon Session

Day of Meet: 1 Starts at 12:45 PM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Starts at
Finals	14 Girls 100 Back	12:45 PM
Finals	15 Boys 100 Back	12:58 PM
Finals	16 Girls 200 Free	01:09 PM
Finals	17 Boys 200 Free	01:18 PM
Finals	18 Girls 50 Breast	01:29 PM
Finals	19 Boys 50 Breast	01:37 PM
Finals	20 Girls 100 IM	01:44 PM
Finals	21 Boys 100 IM	02:03 PM
Finals	22 Mixed 200 Fly	02:11 PM
Finals	23 Girls 50 Free	02:15 PM
Finals	24 Boys 50 Free	02:27 PM
Finals	25 Mixed 200 Breast	02:35 PM
Finals	26 Girls 100 Fly	02:47 PM
Finals	27 Boys 100 Fly	02:51 PM
	Swimmers Counts for Warm-ups: 210	
	Finish Time	02:56 PM

Session: 3 Distance Events

Day of Meet: 1 Starts at 03:15 PM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Starts at
Finals	28 Mixed 800 Free	03:15 PM
Finals	29 Mixed 1500 Free	03:29 PM
	Swimmers Counts for Warm-ups: 8	
	Finish Time	03:54 PM

NB Session and break times are a guide and are subject to change.**Please keep an eye on the Marshalling board and listen for announcements.**