



BALLARAT GOLD SWIMMING CLUB

Presents

2025 Ballarat Gold Winter Short Course Meet

Featuring Distance Events

A proposed short course qualifying meet.

Sunday 29th June 2025 at

Ballarat Aquatic and Lifestyle Centre, Gillies St North, Ballarat

Doors open 9.00am, warm up 9.15 am, start 10.00am
Entry is via double doors at the North end of the competition pool

Program of events

Event #		SESSION 1		Event #		SESSION 2
Female	Male	Event		Female	Male	Event
1		Mixed Open 400m Freestyle*		14	15	Open 100m Backstroke
2		Mixed Open 400m IM*		16	17	Open 200m Freestyle
3	4	Open 50m Back		18	19	Open 50m Breaststroke
5	6	Open 100m Free		20	21	Open 100m IM
7		Mixed Open 200m Backstroke		22		Mixed Open 200m Butterfly
8	9	Open 50m Butterfly		23	24	Open 50m Freestyle
10	11	Open 100m Breaststroke		25		Mixed Open 200m Breaststroke
12	13	Open 200m IM		26	27	Open 100m Butterfly
		BREAK		Short BREAK – SESSION 3		
				28		Mixed Open 800m Freestyle^
				29		Mixed Open 1500m Freestyle^

*Events 1/2 may be combined. Limit of 3 combined heats, open to the first 24 swimmers to enter.

Only enter EITHER Event 1 OR Event 2, do NOT enter both.

^800m & 1500m - Only enter EITHER Event 28 OR Event 29, do NOT enter both.

800m (QT 15:45.00) - limit of 2 heats, open to the first 16 swimmers to enter.

1500m (QT 26:45.00) – limit of 1 heat, open to the first 8 swimmers to enter.

Coach approved manual times may be accepted subject to space.

All enquiries to Jo Peters, entries@ballaratgold.org.au , 0438 823 965



Conditions of Entry



Entries:

Meet open to SAL registered swimmers only.

Age of competitors is as at date of meet.

[ONLINE entries via Swim Central.](#)

\$15 per event (includes Swimming Victoria levy)

Entry Fees will not be refunded for any reason.

Closing date 22nd June at 6pm.

The Meet Director reserves the right to cancel/ merge events or alter the program as required.

Ballarat Gold Swimming Club reserves the right to close online entries early to accommodate time constraints.

Distance Events:

*400m Events 1/2 maybe combined. Limit of 3 combined heats, open to the first 24 swimmers to enter. Only enter EITHER Event 1 OR Event 2, do NOT enter both.

^800m & 1500m - Only enter EITHER Event 28 OR Event 29, do NOT enter both.

800m (QT 15:45.00) - limit of 2 heats, open to the first 16 swimmers to enter.

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Meet:

One start rule applies.

The SV [11 & Under swim suit rule](#) will apply to this meet.

Backstroke ledges will be available for use at this Meet.

The Referees decisions will be final.

All events are timed finals. Points will be awarded to the top 8 swimmers in the following age categories: 9 & U, 10/11, 12/13, 14/15, 16/17 and 18 & O for both male and female swimmers in all events in Session 1 and Session 2. Medals for 1st, 2nd & 3rd aggregate in each age group will be announced after the conclusion of Session 2.

Ribbons available for top 3 swimmers in individual Events.

General:

Program, timeline and athlete roster available no later than two days prior to competition from

[Swim Central](#) and [Ballarat Gold Website](#)

Free spectator entry. Grandstand seating available.

Pop-up shops in Courtyard: Ballarat Gold BBQ & 2nd Hand shop



Ballarat Central



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