



**BALLARAT GOLD
SWIMMING CLUB**

Takes pleasure in presenting the

Ballarat Gold All Abilities LC Meet

A proposed qualifying meet to be held on Sunday 19th October 2025

At the Ballarat Aquatic & Lifestyle Centre

Doors open 9am, Warm up from 9:15am, Racing Starts 10am

 **BALLARAT GOLD
SWIMMING CLUB**

SWIM MEET

Ballarat Aquatic and Lifestyle Centre
Gillies St Nth, Ballarat
Doors open 9am, warm up 9:15am
Morning Session Start Time: 10am

19TH OCTOBER

**LONG COURSE &
ALL ABILITIES**

enter via:
Swim Central

Ballarat Gold acknowledges the support of the following
sponsors and partner organisations



Your local disability employment service provider Inspiring and
empowering people through employment for over 30 years



Mark Stahl
Swim School



Thank you for your continued Support

Welcome

The Members and Committee of Ballarat Gold Swimming Club welcome all competitors to Ballarat for our club's 'Ballarat Gold All Abilities LC Meet'. We wish everyone an enjoyable day at the Ballarat Aquatic and Lifestyle Centre and hope that you all achieve the goals that you have set for today.

We would like to thank our Technical Officials and other Volunteers who have provided their time today to allow us to run a Qualifying Meet. Additionally, thanks to our timekeepers, without whom we would not be able to run the meet.

Ballarat Gold appreciates the support that the following clubs and their members have shown for this meet.

Ararat Swimming Club
Ballarat GCO Swimming Club
Ballarat Gold Swimming Club
Ballarat Swimming Club
Ballarat Special Olympics
Bendigo East Swimming Club
Bendigo Hawks Aquatic
Caulfield Aquatics
Geelong Sharks Swimming Club
Geelong Swimming Club
Horsham Swimming Club
Melbourne Swimming Club
Warrnambool Swimming Club

The 'Ballarat Gold All Abilities LC Meet' is being held on the lands of the Wadawurrung people and Ballarat Gold Swimming Club wishes to acknowledge them as Traditional Owners. We would also like to pay our respects to their Elders, past and present, and to Aboriginal Elders of other communities who may be here today.



BALLARAT GOLD
SWIMMING CLUB

MENU

Sausage in bread +/- onion \$3.50

Soft drink \$2.50

Water \$2.50

Fruit box \$2.50

RAFFLE TICKETS

\$2 each or 3 for \$5



Thank you for supporting Ballarat Gold



BALLARAT GOLD SWIMMING CLUB

Presents

2025 Ballarat Gold All Abilities LC Meet

A proposed long course qualifying meet.

Sunday 19th October 2025 at

Ballarat Aquatic and Lifestyle Centre, Gillies St North, Ballarat

Doors open 9.00am, warm up 9.15 am, start 10.00am
Entry is via double doors at the North end of the 50m competition pool

Program of events

Event #		SESSION 1
Female	Male	Event
1		Mixed Open 400m IM
2		Mixed Open 400m Freestyle
^3		Mixed MC 50m Breaststroke^
4	5	Open 50m Breaststroke
6	7	Open 100m Backstroke
8		Mixed Open 200m Butterfly
^9		Mixed MC 50m Freestyle^
10	11	Open 50m Freestyle
12	13	Open 100m Breaststroke
14		Mixed Open 200m Backstroke
^15		Mixed Para/Able-bodied 4x50m Freestyle Relay
16		Mixed Open 4x50m Freestyle Relay
BREAK		

Event #		SESSION 2
Female	Male	Event
17	18	Open 200m Freestyle
19	20	Open 100m Butterfly
^21		Mixed MC 50m Backstroke^
22	23	Open 50m Backstroke
24		Mixed Open 200m Breaststroke
25	26	Open 100m Freestyle
^27		Mixed MC 50m Butterfly^
28	29	Open 50m Butterfly
30	31	Open 200m IM
^32		Mixed Para/Able-bodied 4x50m Medley Relay
33		Mixed Open 4x50m Medley Relay
AGE GROUP MEDAL PRESENTATION		

*Events 1/2 may be combined. Limit of 5 combined heats, open to the first 40 swimmers to enter.
Only enter EITHER Event 1 OR Event 2, do NOT enter both.

All enquiries to Jo Peters, entries@ballaratgold.org.au, 0438 823 965



Conditions of Entry

Entries:

^Meet open to SAL registered swimmers only, with the exception of Multiclass events 3, 9, 21, 27, 15 & 32 which are also open to Special Olympics swimmers not registered with SAL.

Age of competitors is as at date of meet.

ONLINE entries via Swim Central (unregistered Special Olympics swimmers should email their entries to: entries@ballaratgold.org.au)

\$15 ex GST per event

Closing date Sunday 12th October at 6pm.

The Meet Director reserves the right to cancel/ merge events or alter the program as required.

Ballarat Gold Swimming Club reserves the right to close online entries early to accommodate time constraints.

*Events 1/2 maybe combined. Limit of 5 combined heats, open to the first 40 swimmers to enter. Only enter EITHER Event 1 OR Event 2, do NOT enter both.

Meet:

Meet to be conducted under the rules of Swimming Australia and Swimming Victoria.

One start rule applies.

The SV [11 & Under swim suit rule](#) will apply to this meet.

The Referees decisions will be final.

Backstroke ledges will be available for use at this Meet.

All events are timed finals with points awarded to the top 8 swimmers in the following categories: 9&U, 10/11, 12/13, 14/15, 16/17, 18&O for both male and female swimmers and for Mixed Open Para-swimmers. Medals for 1st, 2nd & 3rd aggregate in each category will be presented at the conclusion of the meet.

Ribbons for Individual Events.

Relays:

Mixed relay – minimum 1 girl/team.

Email relay entry details to entries@ballaratgold.org.au by Tuesday 14th October.

Relay entries are \$20 ex GST per team. No restrictions on the number of teams entered

Relay payments -Direct deposit to Ballarat Gold SC Inc. BSB 633-000, Account No.1083-32453 using "LCRelay club name" as a reference. Please forward remittance advice to

entries@ballaratgold.org.au

General:

Program, timeline and athlete roster available no later than two days prior to competition from [Swim Central](#) and [Ballarat Gold Website](#)

Free spectator entry. Grandstand seating available.

Pop-up shops in Courtyard: Ballarat Gold BBQ & 2nd Hand shop



OT Dynamics
Allied Health Services



Your local disability employment service provider Inspiring and empowering people through employment for over 30 years

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BALLARAT GOLD
SWIMMING CLUB

2025 Ballarat Gold All Abilities LC Meet

Club Timekeeper Lane Allocation

The smooth running of this Meet is reliant on Volunteer Timekeepers. Your assistance in this matter is greatly appreciated. Please can all clubs listed below ensure that, unless otherwise specified, they have supplied **TWO** timekeepers to the correct lane for the duration of the meet. Please can other clubs, that are not listed below, step up to fill any timekeeping gaps that may arise on the day. Thanks.

Timekeepers should be ready to take their seats at the conclusion of warm up for the first session. Timekeepers should take their seats 5 minutes prior to the commencement of the second session after the break. Please listen carefully for the starting time of the second session since this could be subject to change on the day of the meet. Timekeepers should bring their own water bottle and snacks as required. All Timekeepers should record their name, club and time period they were on duty in the Timekeeper log for their lane (in the clipboard). Timekeepers may be asked to operate backstroke ledges – please familiarise yourself with instructions for use. When used, backstroke ledges should be removed from the pool immediately after the start of each heat.

Please see our Chief Timekeeper, Belinda, if there are any issues on the day of the Meet.

Lane	Session 1 (10am – 11:50ish)	Session 2 (12:20pm – 2:10ish)
1	Not in use	Not in use
2	Ballarat SC/BGCO	Ballarat SC/BGCO
3	Ballarat SC	Ballarat SC
4	BGOLD	BGOLD
5	BGOLD	BGOLD
6	BGOLD	BGOLD
7	BGOLD	BGOLD
8	Not in use	Not in use

Please listen for announcements calling for timekeepers at the Meet.

Please step up if you hear an announcement calling for additional timekeepers

Having an insufficient number of timekeepers will delay the Meet and may result in the Meet not achieving Qualifying Status. 2 timekeepers/lane are required at all times.

THANK YOU FOR VOLUNTEERING YOUR TIME



Timing Equipment Operation Instructions for Timekeepers

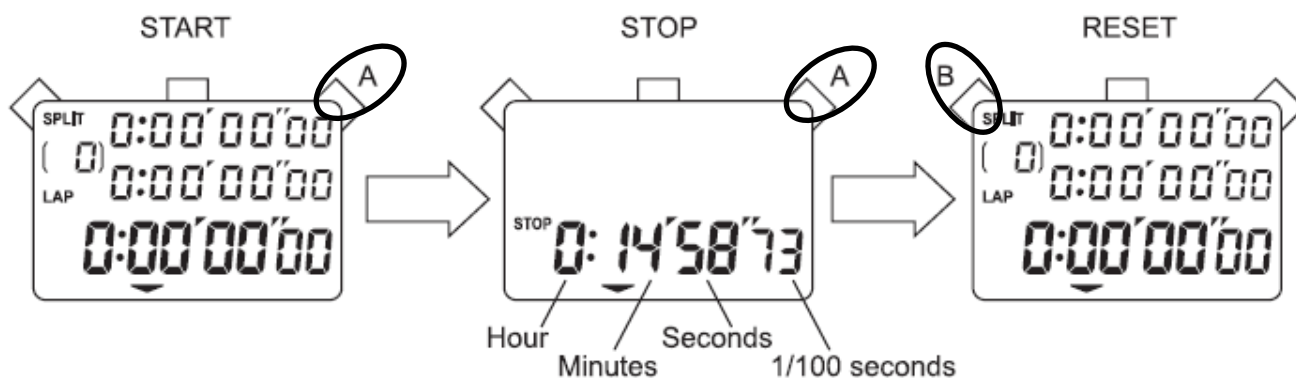
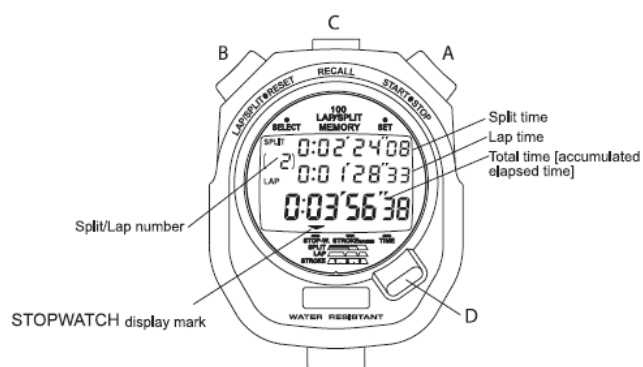
Automatic Timing Equipment

The Start is automatic with the Starters signal. Timekeepers are required to press the black button on the red handpiece when any part of the swimmer in their lane touches the wall on the final lap.



Manual Stopwatch

1. Ensure that the watch is reset and displaying zero prior to the start of the race.
2. Press the Start/Stop button (A) on the Starters signal (watch for the light on top of the Starting unit).
3. Press the Start/Stop button (A) at the End of the race. Please record this time on the Meet Program in the black clipboard
4. Press the Reset button (B) in preparation for the next race.



BACKSTROKE START LEDGES

Backstroke ledges will be installed and available to all swimmers.

Their use is optional at the discretion of each swimmer.

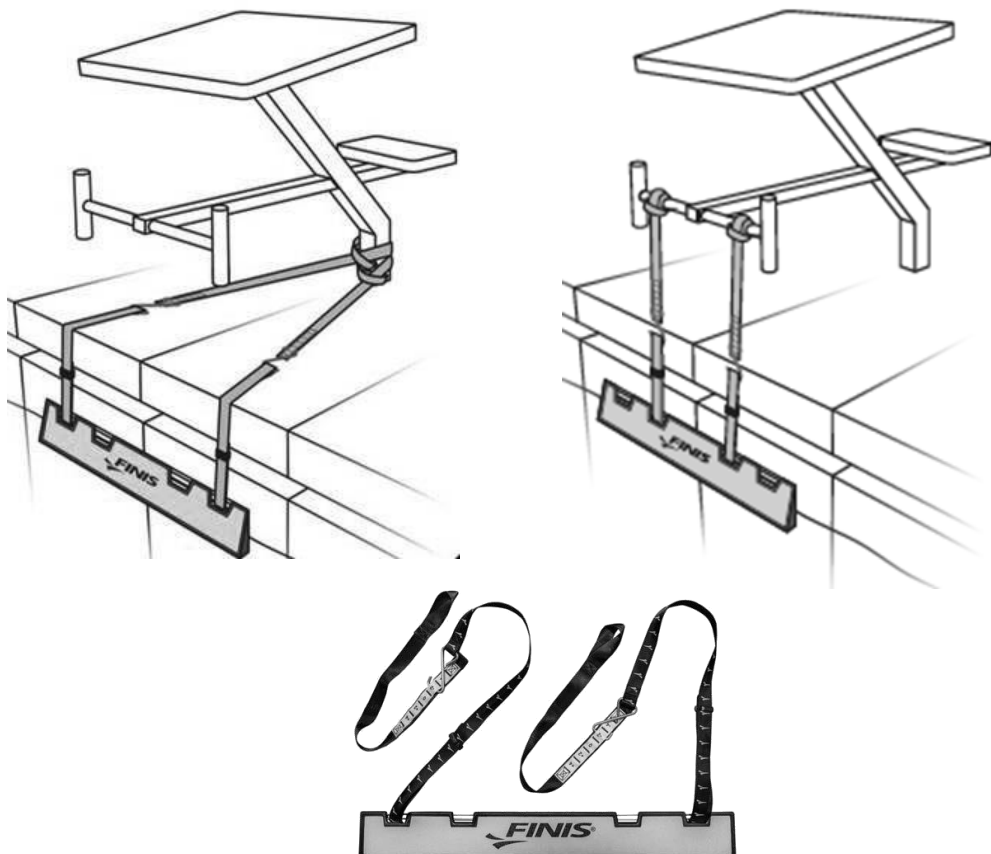
Technical officials (or timekeepers) will place the ledge in the water. This should not be undertaken by swimmers.

Swimmers may adjust the ledge once it is in the water using the hook on each strap.

When using a backstroke ledge at the start, the toes of both feet must be in contact with the face of the touchpad.

Once the race has started the ledge must be removed from the water. If the next heat is Backstroke, place the ledge on top of the block, otherwise it should be placed under the block. This should be done by timekeeper or technical official.

If a swimmer does not wish to use the ledge, they should ask the official (or timekeeper) to remove the ledge from the water prior to the start of the race.

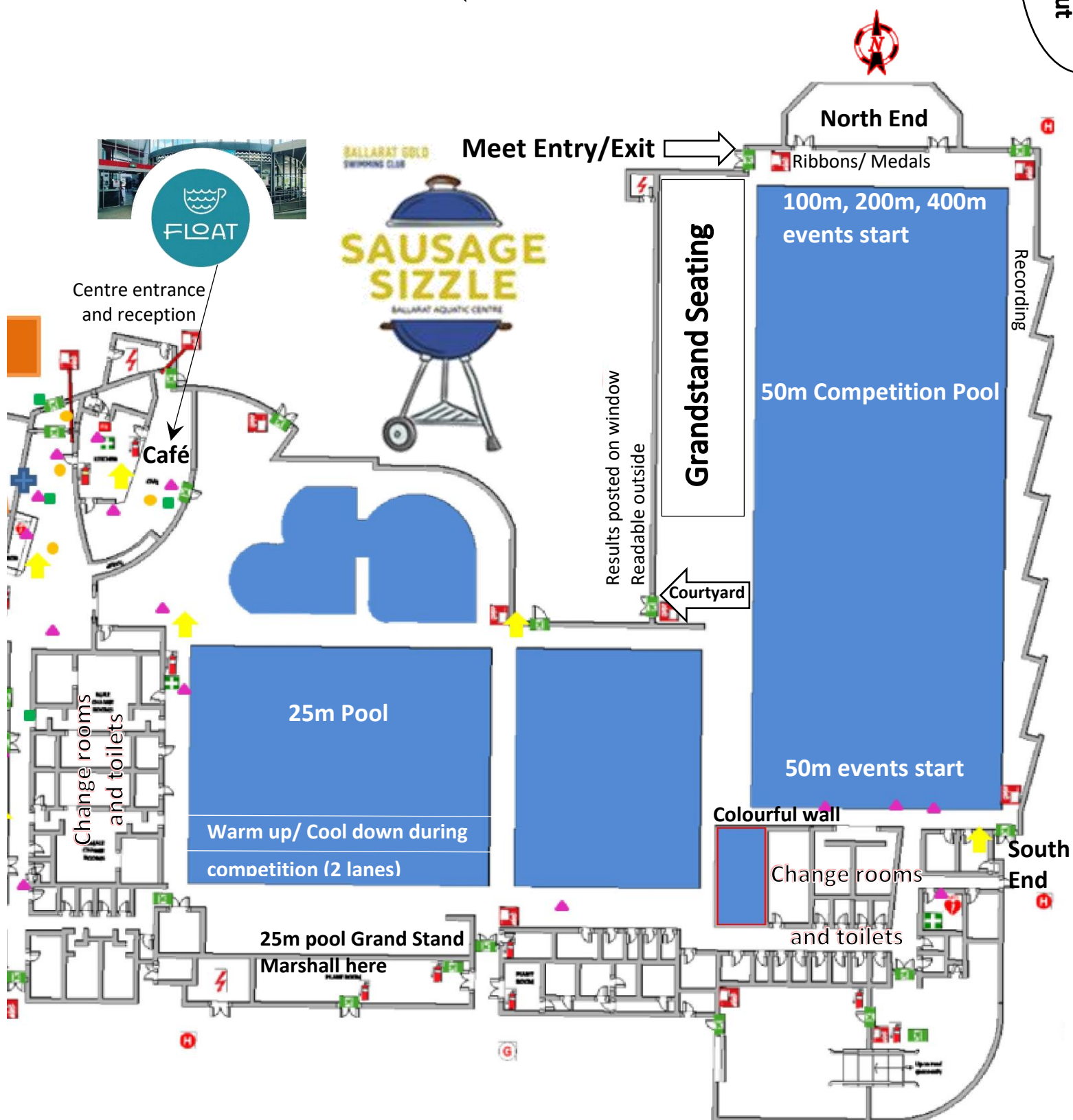


Hockey Pitch

Prince of Wales Recreation Reserve
Gillies St N,
Lake Gardens
VIC 3350

To Car Park

Roundabout





**BALLARAT GOLD
SWIMMING CLUB**

Ballarat Gold All Abilities LC Meet

Swimmer Marshalling Procedure

A formal Marshalling process will be in operation at this Meet. All swimmers should Marshall in the Old Grandstand next to the 25m pool (see venue map)

Please listen for announcements and keep an eye on the Marshalling board to know when to go to the Marshalling Area. The Meet program will be displayed on the wall of the Old Grandstand or swimmers can ask the Marshalling assistants for help.

To assist with marshalling, we recommend swimmers arrive at the event prepared with the following information that they will need for marshalling:

- Event number/s
- Heat number/s
- Lane number/s

It is a good idea for swimmers to write all event/heat/lane numbers on their arm, in that order.

Warm-up Procedure

Pool deck access will be from 9am

Warm up from 9:15 – 9:45am in both pools.

The competition pool will be cleared at 9:45am, ready for racing to start at 10am.

There will be 2 lanes available in the old 25m pool throughout the meet for swimmers to warm up and cool down.

The competition pool will be available for warmup during the break between sessions. It will be cleared 10 minutes prior to the start of the next session.

Swimmers are asked to please comply with any requests to clear the pool.

All coaches and swimmers should be aware of the general warm up procedures for meets.

- Initial warm up with no dive entries, feet first entry into water.
- Swimmers must swim in a clockwise direction.
- Starts are to be conducted in lanes 1 and 8 (under coaches' supervision) for the last 10 minutes of warmup in the competition pool. These are to be treated as walk back lanes.
- The request to clear the competition pool must be obeyed immediately.

Pool Deck Safety

Ballarat Gold Swimming Club requests that pool deck remains clear at all times, for the safety of Technical Officials and to allow them to operate effectively. Attendees should not be standing on pool deck, with the exception of swimmers receiving feedback from their coach. Please remain seated as much as possible and be aware that those around you also wish to have a good view of the pool. Thank you for being courteous and considerate.

Coaches Seating

Coaches have priority access to the first row of seats in the Grandstand. If you choose to sit in this row, please move if requested to do so by a coach from ANY club.

11 & UNDER TECHNICAL/PERFORMANCE SUIT POLICY



Swimming Victoria, alongside Swimming Australia, is committed to creating a welcoming and inclusive swimming environment for all competitive members. In 2021, Swimming Australia introduced an [Inclusive Swimming Policy](#) with the aim to ensure:

- All Australians feel welcome safe, valued, and celebrated in swimming.
- All Australians can participate in the role and at the level of their choice in swimming.
- Australia's diversity is reflected in swimming.

Swimming Victoria have adopted this framework for all competitions run under the Swimming Victoria rules.

In addition to this framework, the Swimming Victoria Competitions & Events By-Law states that:

'Competitors 11 years and under are not permitted (or allowed) to wear a technical/performance suit in SV hosted competitions'.

This also extends to all competitions run under the Swimming Victoria rules.

Swimming Victoria believe that in order to keep young swimmers in our sport, we need to be providing an environment that encourages them and keeps the level of competition and pressure appropriate for their age. Further rationale for this policy is outlined below.

What is a Technical/Performance Suit?

Technical/Performance racing suits are typically manufactured using scientifically advanced materials. Materials of this type are normally comprised of spandex and nylon composite fabrics with features to reduce 'drag' against the water, reduce absorption of water and are highly compressive to increase the athlete's glide through the water.

The design of these suits also typically includes features like special seams and tape to optimise performance. Traditional one-piece race suits for girls as well as briefs and trunks for boys are not technical/performance suits and are permitted under this policy. Knee length suits and 'jammers' (suits that end closer to the knee than the hip) will be permitted provided they do not feature the key components of a technical/performance swimsuit.

The key, easily- identifiable component/s of a technical/performance suit that should be used when differentiating what is, and is not, permitted are the following:

- Bonded/Sealed seams
- Meshed seams
- Kinetic tape.

The below photographs are examples of swimsuit seaming which is **not permitted** for swimmers aged 11 and under.



The below images are examples of swimwear which **are permitted** for athletes aged 11 and under, noting the stitching is raised on the outside of the fabric.



It should be noted that some permitted swimwear is FINA approved and will have a FINA barcode attached to the back of the suit. FINA approved swimwear can be worn permitted it is not classed as a technical/performance suit. The differentiation between these suits is the fabric and stitching, as described above.

The rationale behind this decision by Swimming Victoria is outlined below.

1. There is no documented evidence that supports any benefits of performance/technical suits for athletes 11 years and under.
2. Personal best times should not be the only evaluation or measure of success for younger swimmers. Technique and skill development is essential for long-term swimmer development. It is crucial that as swimmers progress through the sport, they have developed a strong foundation in technique and stroke development to enable them to achieve higher results in the latter years of their career.
3. The cost of technical suits makes them unattainable for many families. Swimming Victoria does not want to add any extra financial pressure on parents with unnecessary purchases. We understand that for various reasons, cost of suits may not be an issue for all swimmers however, in order to effectively police this change, we must restrict all suits of this style.
4. These suits aren't designed for young swimmers. The manufacturers design these suits for older athletes. One of the main benefits of wearing a technical suit is for muscle compression. Swimmers, who are not yet developed, are not impacted by this benefit. Swimmers cannot 'grow into' these suits.
5. A common misconception amongst younger swimmers is that without a technical suit, a swimmer cannot swim fast. An age group swimmer does not need a performance suit to swim fast. Swimmers will improve and attain personal bests regardless of the suit they are wearing due to gradual increases in training and skill development.
6. The aim should be to build mentally strong swimmers, confident in their own ability and training ethic rather than an athlete depending on a technical suit to get an improved result.

For more information on Swimming Australia's Inclusive Swimming Framework and the swimsuits permitted under the Inclusive Swimwear Policy, please [click here](#).



2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
Session Report

Session 1

Starts at 10:00 AM Heat Interval: 35 Seconds / Back +55 Seconds

Event	Starts at	
1 Mixed Open 400 IM	10:00 AM	_____
2 Mixed Open 400 Freestyle	10:06 AM	_____
3 Mixed Open 50 Breaststroke Multi-Class	10:12 AM	_____
4 Girls Open 50 Breaststroke	10:19 AM	_____
5 Boys Open 50 Breaststroke	10:26 AM	_____
6 Girls Open 100 Backstroke	10:32 AM	_____
7 Boys Open 100 Backstroke	10:42 AM	_____
9 Mixed Open 50 Freestyle Multi-Class	10:54 AM	_____
10 Girls Open 50 Freestyle	10:59 AM	_____
11 Boys Open 50 Freestyle	11:07 AM	_____
12 Girls Open 100 Breaststroke	11:15 AM	_____
13 Boys Open 100 Breaststroke	11:22 AM	_____
14 Mixed Open 200 Backstroke	11:27 AM	_____
15 Mixed Open 200 Freestyle Relay Multi-Class	11:36 AM	_____
16 Mixed Open 200 Freestyle Relay	11:40 AM	_____
Swimmers Counts for Warm-ups: 111		
Finish Time	11:48 AM	_____



Official Event Caterer
Providing delicious morsels for the
Technical Officials and Meet Volunteers

Session and break times are a guide and are subject to change. Please keep an eye on the Marshalling board and listen for announcements.



WEBSTER'S MARKET & CAFE

61 WEBSTER STREET,
BALLARAT CENTRAL

5331 2498

7am - 4pm Monday to Friday
8am - 4pm Saturday & Sundays

www.webstersmarketandcafe.com

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
Meet Program - Session 1
Event 1 Mixed Open 400 LC Meter IM

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat	1 of 1	Timed Finals				
4	Tom Urquhart	M17	Ballarat Swimming Club Inc	4:48.82	_____	_____
5	Claire Baker	W13	Ballarat Gco Swimming Club Inc	NT	_____	_____

Event 2 Mixed Open 400 LC Meter Freestyle

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat	1 of 1	Timed Finals				
2	Leah Ross	W17	Ballarat Gold Swimming Club In	NT	_____	_____
3	Annabel Myers	W15	Ballarat Gold Swimming Club In	5:45.34	_____	_____
4	Marley Sutherland	M16	Ballarat Gold Swimming Club In	4:20.49	_____	_____
5	Elle Cofield	W16	Bendigo East Swimming Club	5:01.48	_____	_____
6	Emily Perazic	W31	Ararat Swimming Club Inc	NT	_____	_____
7	Miley Bird	W12	Bendigo East Swimming Club	NT	_____	_____

Event 3 Mixed Open 50 LC Meter Breaststroke Multi-Class

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat	1 of 3	Timed Finals ENCORAGEMENT HEAT				
4	Lindsay Lee	M53	Special Olympics	2:51.64	_____	_____
5	Isabella Goodwin	W16	Special Olympics	1:39.54	_____	_____
6	Debbie Harper	W30	Special Olympics	NT	_____	_____
Heat	2 of 3	Timed Finals ENCORAGEMENT HEAT				
3	Benjamin Cuddy	M15	Special Olympics	1:02.17	_____	_____
4	Logan Butterworth	M17	Special Olympics	59.83	_____	_____
5	Henry Browne	M24	Special Olympics	1:10.46	_____	_____
6	Fran Wellard	W37	Special Olympics	1:32.08	_____	_____
Heat	3 of 3	Timed Finals				
4	Anna Leighton SB14	W25	Ballarat Gold Swimming Club In	44.81	_____	_____
5	Dane Hornsby SB14	M13	Geelong Swimming Club Incorpor	NT	_____	_____

Event 4 Girls Open 50 LC Meter Breaststroke

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat	1 of 5	Timed Finals				
2	Sienna Seater	13	Ballarat Gold Swimming Club In	NT	_____	_____
3	Anna Delahunty	9	Horsham Swimming Club Inc	58.88	_____	_____
4	Billie Addlem	10	Bendigo East Swimming Club	53.59	_____	_____
5	Isabel Meneses Lopez	11	Ballarat Gold Swimming Club In	55.47	_____	_____
6	Camila Gonzalez-Zhu	11	Ballarat Gold Swimming Club In	1:02.81	_____	_____
7	Pearl Nicholson	13	Ballarat Gold Swimming Club In	NT	_____	_____
Heat	2 of 5	Timed Finals				
2	Sasha Shukla	10	Ballarat Gold Swimming Club In	52.18	_____	_____
3	Harriet Conheady	10	Warrnambool Swimming Club	51.33	_____	_____
4	Camila Meneses Lopez	13	Ballarat Gold Swimming Club In	49.97	_____	_____
5	Ebony Lis	12	Ballarat Gold Swimming Club In	50.29	_____	_____
6	Lara Alvarez	11	Ballarat Gold Swimming Club In	52.02	_____	_____
7	Ariana Edwards	11	Ballarat Gold Swimming Club In	52.53	_____	_____
Heat	3 of 5	Timed Finals				
2	Jayda Anesi	12	Ballarat Gco Swimming Club Inc	49.13	_____	_____
3	Julia Justin	14	Ballarat Swimming Club Inc	48.45	_____	_____
4	Lily Hills	12	Ballarat Swimming Club Inc	47.52	_____	_____
5	Winter Neil	11	Ballarat Swimming Club Inc	48.17	_____	_____
6	Summer Davis	10	Warrnambool Swimming Club	48.92	_____	_____
7	Emily Perazic	31	Ararat Swimming Club Inc	49.94	_____	_____

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
Meet Program - Session 1

Heat	4	Timed Finals...	(Event	4	Girls Open 50 LC Meter Breaststroke)				
2	Trinity Brundell			11	Ballarat Gco Swimming Club Inc	45.96			
3	Imogen Barr			12	Warrnambool Swimming Club	44.25			
4	Ella Schurmann			18	Geelong Sharks Swimming Club	43.81			
5	Amelia Wilson			14	Ballarat Gco Swimming Club Inc	44.23			
6	Amelia Martin			15	Ballarat Gold Swimming Club In	44.78			
7	Zoe Braham			11	Ballarat Gold Swimming Club In	46.93			
Heat	5 of 5	Timed Finals							
2	Ruby Burns			15	Geelong Sharks Swimming Club	43.05			
3	Kiera Butterworth			15	Ballarat Gold Swimming Club In	41.68			
4	Mila Abley			14	Bendigo East Swimming Club	36.83			
5	Georgie Kennett			10	Ballarat Gold Swimming Club In	38.26			
6	Ellua Boyd			15	Ballarat Gold Swimming Club In	42.19			
7	Leah Ross			17	Ballarat Gold Swimming Club In	43.55			
Event	5	Boys Open 50 LC Meter Breaststroke							
Lane	Name		Age	Team	Seed Time		Finals	Place	
Heat	1 of 4	Timed Finals							
2	Jude Joyce		7	Ballarat Swimming Club Inc	NT				
3	Jaxson Fleming		11	Ballarat Gold Swimming Club In	NT				
4	Thomas Turnbull		12	Ballarat Swimming Club Inc	NT				
5	Oliver Stonehouse		12	Warrnambool Swimming Club	NT				
6	Oliver Turnbull		10	Ballarat Swimming Club Inc	NT				
Heat	2 of 4	Timed Finals							
2	Lennon Joyce		9	Ballarat Swimming Club Inc	1:10.80				
3	Xavier Johnson		9	Ballarat Swimming Club Inc	58.79				
4	Louis Steyn		11	Ballarat Swimming Club Inc	55.92				
5	Jack Mahony		10	Ballarat Gold Swimming Club In	57.90				
6	Corey McMillin		12	Ballarat Gold Swimming Club In	59.67				
7	Mason Firth		15	Ballarat Gold Swimming Club In	NT				
Heat	3 of 4	Timed Finals							
2	Tobias Lim		10	Ballarat Gold Swimming Club In	52.43				
3	Austin Zhang Ho		11	Ballarat Gold Swimming Club In	48.00				
4	Charlie Tickell		13	Ballarat Gold Swimming Club In	47.67				
5	Ted Gladman		11	Ballarat Gold Swimming Club In	47.92				
6	Matthew Swanton		14	Ballarat Gold Swimming Club In	50.04				
7	Sam Baker		10	Ballarat Gco Swimming Club Inc	55.89				
Heat	4 of 4	Timed Finals							
2	Martin Ma		11	Ballarat Gold Swimming Club In	46.88				
3	Jack Lanyon		18	Ballarat Gold Swimming Club In	34.78				
4	Dayne Schnyder		19	Ballarat Gold Swimming Club In	30.53				
5	Reece Hornsby		16	Geelong Swimming Club Incorpor	32.22				
6	Daniel Hyatt		12	Warrnambool Swimming Club	42.81				
7	Miles Crilly		14	Ballarat Swimming Club Inc	46.96				
Event	6	Girls Open 100 LC Meter Backstroke							
Lane	Name		Age	Team	Seed Time		Finals	Place	
Heat	1 of 3	Timed Finals							
3	Ariana Edwards		11	Ballarat Gold Swimming Club In	NT				
4	Isabella Scullion		12	Ballarat Gold Swimming Club In	NT				
5	Ebony Lis		12	Ballarat Gold Swimming Club In	NT				

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
Meet Program - Session 1

Heat	2	Timed Finals...	(Event	6	Girls Open 100 LC Meter Backstroke)				
2	Imogen Barr		12	Warrnambool Swimming Club	1:35.54				
3	Josephine Simmons		16	Bendigo Hawks Aquatic	1:27.17				
4	Indianna Stonehouse		14	Warrnambool Swimming Club	1:26.56				
5	Junqing Cao		12	Ballarat Gold Swimming Club In	1:26.85				
6	Annabel Myers		15	Ballarat Gold Swimming Club In	1:31.76				
7	Matilda Conheady		12	Warrnambool Swimming Club	NT				
Heat	3 of 3	Timed Finals							
2	Rae XT Anwyl		12	Bendigo East Swimming Club	1:25.28				
3	Amelia Martin		15	Ballarat Gold Swimming Club In	1:21.96				
4	Hannah Buchanan		15	Ballarat Swimming Club Inc	1:08.94				
5	Addison Hendley		12	Ballarat Swimming Club Inc	1:21.01				
6	Sienna Seater		13	Ballarat Gold Swimming Club In	1:24.54				
7	Ella Featherston		13	Ballarat Gold Swimming Club In	1:25.54				
Event	7	Boys Open 100 LC Meter Backstroke							
Lane	Name		Age	Team	Seed Time		Finals	Place	
Heat	1 of 4	Timed Finals							
3	Kha Tran		11	Ballarat Swimming Club Inc	NT				
4	Reuben Martin		12	Ararat Swimming Club Inc	NT				
5	Edward Valentan		12	Ballarat Swimming Club Inc	NT				
Heat	2 of 4	Timed Finals							
2	Charlie Tickell		13	Ballarat Gold Swimming Club In	1:49.68				
3	Sebastian Gonzalez		13	Ballarat Gold Swimming Club In	1:37.55				
4	Raymond Wang		13	Ballarat Gold Swimming Club In	1:33.11				
5	Liam Weissenfeld		14	Ballarat Gold Swimming Club In	1:34.74				
6	Sonny Davis		12	Warrnambool Swimming Club	1:45.59				
Heat	3 of 4	Timed Finals							
2	Max Ravisa		15	Ballarat Gold Swimming Club In	1:24.74				
3	Bailey Stone		12	Bendigo Hawks Aquatic	1:19.71				
4	Hayden Wilson		15	Ballarat Gco Swimming Club Inc	1:14.41				
5	Eli Kerr S9		14	Warrnambool Swimming Club	1:17.87				
6	Jayden Lim		13	Ballarat Gold Swimming Club In	1:23.59				
7	Daniel Hyatt		12	Warrnambool Swimming Club	1:24.93				
Heat	4 of 4	Timed Finals							
2	Chase Briggs		18	Ballarat Gold Swimming Club In	1:12.30				
3	Mason Firth		15	Ballarat Gold Swimming Club In	1:09.96				
4	Kevin Huang		17	Ballarat Gold Swimming Club In	1:05.95				
5	Jack Stonehouse		16	Warrnambool Swimming Club	1:07.47				
6	Maxim Hocking		15	Ballarat Gold Swimming Club In	1:11.65				
7	Ronan Kerr		17	Warrnambool Swimming Club	1:13.00				
Event	9	Mixed Open 50 LC Meter Freestyle Multi-Class							
Lane	Name		Age	Team	Seed Time		Finals	Place	
Heat	1 of 3	Timed Finals ENCORAGEMENT HEAT							
4	Debbie Harper		W30	Special Olympics	1:34.45				
5	Lindsay Lee		M53	Special Olympics	1:46.41				
6	Isabella Goodwin		W16	Special Olympics	1:01.83				
Heat	2 of 3	Timed Finals ENCORAGEMENT HEAT							
3	Henry Browne		M24	Special Olympics	53.16				
4	Logan Butterworth		M17	Special Olympics	38.17				
5	Benjamin Cuddy		M15	Special Olympics	42.80				
6	Fran Wellard		W37	Special Olympics	57.80				

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
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Heat	3	Timed Finals	(Event	9	Mixed Open 50 LC Meter Freestyle Multi-Class)			
4	Anna Leighton S14			W25	Ballarat Gold Swimming Club In	32.79	_____	_____
5	Dane Hornsby S14			M13	Geelong Swimming Club Incorpor	NT	_____	_____
Event	10	Girls Open 50 LC Meter Freestyle						
Lane	Name		Age	Team	Seed Time		Finals	Place
Heat	1 of 7	Timed Finals						
3	Charlotte Woods		9	Ballarat Gold Swimming Club In	NT		_____	_____
4	Pearl Nicholson		13	Ballarat Gold Swimming Club In	NT		_____	_____
5	Genevieve Oreilly		10	Ballarat Gold Swimming Club In	NT		_____	_____
Heat	2 of 7	Timed Finals						
3	Camila Gonzalez-Zhu		11	Ballarat Gold Swimming Club In	42.81		_____	_____
4	Lara Alvarez		11	Ballarat Gold Swimming Club In	40.72		_____	_____
5	Sasha Shukla		10	Ballarat Gold Swimming Club In	40.83		_____	_____
6	Anna Delahunty		9	Horsham Swimming Club Inc	49.16		_____	_____
Heat	3 of 7	Timed Finals						
2	Isabel Meneses Lopez		11	Ballarat Gold Swimming Club In	39.55		_____	_____
3	Lily Hills		12	Ballarat Swimming Club Inc	38.95		_____	_____
4	Billie Addlem		10	Bendigo East Swimming Club	37.68		_____	_____
5	Ariana Edwards		11	Ballarat Gold Swimming Club In	38.70		_____	_____
6	Emily Perazic		31	Ararat Swimming Club Inc	39.54		_____	_____
7	Winter Neil		11	Ballarat Swimming Club Inc	40.02		_____	_____
Heat	4 of 7	Timed Finals						
2	Harriet Conheady		10	Warrnambool Swimming Club	36.44		_____	_____
3	Summer Davis		10	Warrnambool Swimming Club	35.94		_____	_____
4	Trinity Brundell		11	Ballarat Gco Swimming Club Inc	34.76		_____	_____
5	Clara Powell		14	Ballarat Gold Swimming Club In	35.12		_____	_____
6	Zoe Braham		11	Ballarat Gold Swimming Club In	36.27		_____	_____
7	Matilda Delahunty		11	Horsham Swimming Club Inc	37.14		_____	_____
Heat	5 of 7	Timed Finals						
2	Ella Schurmann		18	Geelong Sharks Swimming Club	33.82		_____	_____
3	Ebony Lis		12	Ballarat Gold Swimming Club In	32.96		_____	_____
4	Leah Ross		17	Ballarat Gold Swimming Club In	32.76		_____	_____
5	Amelia Martin		15	Ballarat Gold Swimming Club In	32.90		_____	_____
6	Julia Justin		14	Ballarat Swimming Club Inc	33.05		_____	_____
7	Annabel Myers		15	Ballarat Gold Swimming Club In	33.90		_____	_____
Heat	6 of 7	Timed Finals						
2	Holly Preston		15	Ballarat Gco Swimming Club Inc	32.63		_____	_____
3	Indianna Stonehouse		14	Warrnambool Swimming Club	32.36		_____	_____
4	Ruby Cookson		14	Ballarat Swimming Club Inc	31.85		_____	_____
5	Jayda Anesi		12	Ballarat Gco Swimming Club Inc	32.05		_____	_____
6	Rae XT Anwyl		12	Bendigo East Swimming Club	32.40		_____	_____
7	Ruby Burns		15	Geelong Sharks Swimming Club	32.71		_____	_____
Heat	7 of 7	Timed Finals						
2	Ellua Boyd		15	Ballarat Gold Swimming Club In	31.08		_____	_____
3	Claire Baker		13	Ballarat Gco Swimming Club Inc	29.85		_____	_____
4	Claire Mathison		17	Ballarat Gold Swimming Club In	27.73		_____	_____
5	Georgie Kennett		10	Ballarat Gold Swimming Club In	29.83		_____	_____
6	Mila Abley		14	Bendigo East Swimming Club	30.79		_____	_____
7	Amelia Wilson		14	Ballarat Gco Swimming Club Inc	31.85		_____	_____

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Event 11 Boys Open 50 LC Meter Freestyle

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6	Timed Finals					
3	Oliver Turnbull	10	Ballarat Swimming Club Inc	NT	_____	_____
4	Thomas Turnbull	12	Ballarat Swimming Club Inc	NT	_____	_____
5	Jaxson Fleming	11	Ballarat Gold Swimming Club In	NT	_____	_____
Heat 2 of 6	Timed Finals					
2	Andre von Burg	13	Ballarat Gold Swimming Club In	NT	_____	_____
3	Lennon Joyce	9	Ballarat Swimming Club Inc	53.95	_____	_____
4	Xavier Johnson	9	Ballarat Swimming Club Inc	41.64	_____	_____
5	Sam Baker	10	Ballarat Gco Swimming Club Inc	44.66	_____	_____
6	Jack Bennetts	19	Ballarat Gold Swimming Club In	NT	_____	_____
7	Oliver Stonehouse	12	Warrnambool Swimming Club	NT	_____	_____
Heat 3 of 6	Timed Finals					
2	Jack Mahony	10	Ballarat Gold Swimming Club In	40.81	_____	_____
3	Corey McMillin	12	Ballarat Gold Swimming Club In	39.85	_____	_____
4	Ted Gladman	11	Ballarat Gold Swimming Club In	39.19	_____	_____
5	Reuben Martin	12	Ararat Swimming Club Inc	39.23	_____	_____
6	Austin Zhang Ho	11	Ballarat Gold Swimming Club In	40.00	_____	_____
7	Louis Steyn	11	Ballarat Swimming Club Inc	40.99	_____	_____
Heat 4 of 6	Timed Finals					
2	Edward Valentan	12	Ballarat Swimming Club Inc	36.75	_____	_____
3	Matthew Swanton	14	Ballarat Gold Swimming Club In	35.06	_____	_____
4	Kha Tran	11	Ballarat Swimming Club Inc	33.48	_____	_____
5	Liam Weissenfeld	14	Ballarat Gold Swimming Club In	33.84	_____	_____
6	Heath McClelland	13	Ballarat Gold Swimming Club In	36.27	_____	_____
7	Yuchen Dong	11	Ballarat Gco Swimming Club Inc	37.95	_____	_____
Heat 5 of 6	Timed Finals					
2	Miles Crilly	14	Ballarat Swimming Club Inc	32.20	_____	_____
3	Charlie Tickell	13	Ballarat Gold Swimming Club In	31.70	_____	_____
4	Callum Wilson	12	Caulfield Aquatics	29.75	_____	_____
5	Bailey Stone	12	Bendigo Hawks Aquatic	30.69	_____	_____
6	Daniel Hyatt	12	Warrnambool Swimming Club	31.96	_____	_____
7	Martin Ma	11	Ballarat Gold Swimming Club In	33.43	_____	_____
Heat 6 of 6	Timed Finals					
2	Mason Firth	15	Ballarat Gold Swimming Club In	27.52	_____	_____
3	Kevin Huang	17	Ballarat Gold Swimming Club In	25.70	_____	_____
4	Nicholas Kearns	17	Melbourne Swimming Club	24.08	_____	_____
5	Jack Lanyon	18	Ballarat Gold Swimming Club In	25.55	_____	_____
6	Jack Stonehouse	16	Warrnambool Swimming Club	26.93	_____	_____
7	Maxim Hocking	15	Ballarat Gold Swimming Club In	28.15	_____	_____

Event 12 Girls Open 100 LC Meter Breaststroke

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3	Timed Finals					
3	Anna Delahunty	9	Horsham Swimming Club Inc	NT	_____	_____
4	Matilda Conheady	12	Warrnambool Swimming Club	NT	_____	_____
5	Sasha Shukla	10	Ballarat Gold Swimming Club In	NT	_____	_____
Heat 2 of 3	Timed Finals					
2	Kiera Butterworth	15	Ballarat Gold Swimming Club In	NT	_____	_____
3	Isabella Scullion	12	Ballarat Gold Swimming Club In	1:50.40	_____	_____
4	Josephine Simmons	16	Bendigo Hawks Aquatic	1:37.91	_____	_____
5	Stella Snibson	14	Ballarat Gold Swimming Club In	1:45.07	_____	_____
6	Zoe Braham	11	Ballarat Gold Swimming Club In	1:53.41	_____	_____

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Heat	3	Timed Finals...	(Event	12	Girls Open 100 LC Meter Breaststroke)				
2	Ruby Burns			15	Geelong Sharks Swimming Club	1:34.32	_____	_____	
3	Pippa Barr			15	Warrnambool Swimming Club	1:30.72	_____	_____	
4	Claire Mathison			17	Ballarat Gold Swimming Club In	1:25.52	_____	_____	
5	Estelle Karlake			14	Ballarat Gco Swimming Club Inc	1:28.30	_____	_____	
6	Imogen Barr			12	Warrnambool Swimming Club	1:34.03	_____	_____	
7	Ella Featherston			13	Ballarat Gold Swimming Club In	1:35.39	_____	_____	
Event	13	Boys Open 100 LC Meter Breaststroke							
Lane	Name		Age	Team	Seed Time		Finals	Place	
Heat	1 of 2	Timed Finals							
2	Tobias Lim			10	Ballarat Gold Swimming Club In	NT	_____	_____	
3	Andre von Burg			13	Ballarat Gold Swimming Club In	NT	_____	_____	
4	Charlie Tickell			13	Ballarat Gold Swimming Club In	1:50.86	_____	_____	
5	Sonny Davis			12	Warrnambool Swimming Club	1:52.27	_____	_____	
6	Reuben Martin			12	Ararat Swimming Club Inc	NT	_____	_____	
7	Lennon Joyce			9	Ballarat Swimming Club Inc	NT	_____	_____	
Heat	2 of 2	Timed Finals							
2	Ted Gladman			11	Ballarat Gold Swimming Club In	1:47.72	_____	_____	
3	Daniel Hyatt			12	Warrnambool Swimming Club	1:30.54	_____	_____	
4	Chase Briggs			18	Ballarat Gold Swimming Club In	1:16.86	_____	_____	
5	Max Ravisa			15	Ballarat Gold Swimming Club In	1:25.76	_____	_____	
6	Raymond Wang			13	Ballarat Gold Swimming Club In	1:39.38	_____	_____	
7	Austin Zhang Ho			11	Ballarat Gold Swimming Club In	1:47.76	_____	_____	
Event	14	Mixed Open 200 LC Meter Backstroke							
Lane	Name		Age	Team	Seed Time		Finals	Place	
Heat	1 of 2	Timed Finals							
3	Sienna Seater			W13	Ballarat Gold Swimming Club In	NT	_____	_____	
4	Stella Snibson			W14	Ballarat Gold Swimming Club In	NT	_____	_____	
5	Jayden Lim			M13	Ballarat Gold Swimming Club In	NT	_____	_____	
6	Addison Hendley			W12	Ballarat Swimming Club Inc	NT	_____	_____	
Heat	2 of 2	Timed Finals							
2	Junqing Cao			W12	Ballarat Gold Swimming Club In	3:06.70	_____	_____	
3	Astrid Buchanan			W13	Ballarat Swimming Club Inc	2:34.36	_____	_____	
4	Tom Urquhart			M17	Ballarat Swimming Club Inc	2:11.05	_____	_____	
5	Claire Mathison			W17	Ballarat Gold Swimming Club In	2:27.93	_____	_____	
6	Pippa Barr			W15	Warrnambool Swimming Club	2:49.97	_____	_____	
7	Sebastian Gonzalez			M13	Ballarat Gold Swimming Club In	3:24.40	_____	_____	
Event	15	Mixed Open 200 LC Meter Freestyle Relay Multi-Class Para/Ablebodied							
Lane	Team		Relay		Seed Time		Finals	Place	
Heat	1 of 1	Timed Finals							
3	Special Olympics			C	NT	_____	_____		
4	Special Olympics			A	NT	_____	_____		
5	Special Olympics			B	NT	_____	_____		
6	Special Olympics			D	NT	_____	_____		
Event	16	Mixed Open 200 LC Meter Freestyle Relay							
Lane	Team		Relay		Seed Time		Finals	Place	
Heat	1 of 2	Timed Finals							
3	Ballarat Gold Swimming Club In			I	NT	_____	_____		
4	Ballarat Gold Swimming Club In			G	NT	_____	_____		
5	Ballarat Gold Swimming Club In			H	NT	_____	_____		
6	Ballarat Gold Swimming Club In			J	NT	_____	_____		

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025**Meet Program - Session 1**

Heat	2	Timed Finals...	(Event	16	Mixed Open 200 LC Meter Freestyle Relay)		
2	Ballarat Gold Swimming Club In	E			NT	_____	_____
3	Ballarat Gold Swimming Club In	C			NT	_____	_____
4	Ballarat Gold Swimming Club In	A			NT	_____	_____
5	Ballarat Gold Swimming Club In	B			NT	_____	_____
6	Ballarat Gold Swimming Club In	D			NT	_____	_____
7	Ballarat Gold Swimming Club In	F			NT	_____	_____

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2025 Ballarat Gold All Abilities LC Meet - 19/10/2025

Session Report

Session 2

Starts at 12:20 PM

Heat Interval: 35 Seconds / Back +55 Seconds

Event	Starts at	
17 Girls Open 200 Freestyle	12:20 PM	_____
18 Boys Open 200 Freestyle	12:28 PM	_____
19 Girls Open 100 Butterfly	12:35 PM	_____
20 Boys Open 100 Butterfly	12:39 PM	_____
21 Mixed Open 50 Backstroke Multi-Class	12:41 PM	_____
22 Girls Open 50 Backstroke	12:50 PM	_____
23 Boys Open 50 Backstroke	01:01 PM	_____
24 Mixed Open 200 Breaststroke	01:11 PM	_____
25 Girls Open 100 Freestyle	01:15 PM	_____
26 Boys Open 100 Freestyle	01:21 PM	_____
28 Girls Open 50 Butterfly	01:29 PM	_____
29 Boys Open 50 Butterfly	01:34 PM	_____
30 Girls Open 200 IM	01:37 PM	_____
31 Boys Open 200 IM	01:50 PM	_____
33 Mixed Open 200 Medley Relay	01:58 PM	_____
Swimmers Counts for Warm-ups: 105		
Finish Time	02:08 PM	_____



Session and break times are a guide and are subject to change. Please keep an eye on the Marshalling board and listen for announcements.

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2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
Meet Program - Session 2
Event 17 Girls Open 200 LC Meter Freestyle

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat	1 of 2	Timed Finals				
2	Matilda Delahunty	11	Horsham Swimming Club Inc	4:00.64	_____	_____
3	Edith Lamb	13	Ballarat Gco Swimming Club Inc	3:10.07	_____	_____
4	Indianna Stonehouse	14	Warrnambool Swimming Club	2:53.39	_____	_____
5	Sienna Seater	13	Ballarat Gold Swimming Club In	2:54.05	_____	_____
6	Winter Neil	11	Ballarat Swimming Club Inc	3:25.47	_____	_____
Heat	2 of 2	Timed Finals				
2	Ruby Cookson	14	Ballarat Swimming Club Inc	2:36.57	_____	_____
3	Miley Bird	12	Bendigo East Swimming Club	2:27.24	_____	_____
4	Claire Baker	13	Ballarat Gco Swimming Club Inc	2:24.58	_____	_____
5	Georgie Kennett	10	Ballarat Gold Swimming Club In	2:24.93	_____	_____
6	Josephine Simmons	16	Bendigo Hawks Aquatic	2:29.61	_____	_____
7	Estelle Karlake	14	Ballarat Gco Swimming Club Inc	2:44.10	_____	_____

Event 18 Boys Open 200 LC Meter Freestyle

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat	1 of 2	Timed Finals				
3	Yuchen Dong	11	Ballarat Gco Swimming Club Inc	NT	_____	_____
4	Matthew Rieniets	12	Ballarat Swimming Club Inc	2:51.82	_____	_____
5	Reuben Martin	12	Ararat Swimming Club Inc	NT	_____	_____
Heat	2 of 2	Timed Finals				
2	Eli Kerr S9	14	Warrnambool Swimming Club	2:29.65	_____	_____
3	Callum Wilson	12	Caulfield Aquatics	2:25.85	_____	_____
4	Hayden Wilson	15	Ballarat Gco Swimming Club Inc	2:14.53	_____	_____
5	Reece Hornsby	16	Geelong Swimming Club Incorpor	2:18.84	_____	_____
6	Jayden Lim	13	Ballarat Gold Swimming Club In	2:26.48	_____	_____
7	Bailey Stone	12	Bendigo Hawks Aquatic	2:33.52	_____	_____

Event 19 Girls Open 100 LC Meter Butterfly

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat	1 of 2	Timed Finals				
3	Matilda Conheady	12	Warrnambool Swimming Club	NT	_____	_____
4	Holly Preston	15	Ballarat Gco Swimming Club Inc	NT	_____	_____
5	Isabella Scullion	12	Ballarat Gold Swimming Club In	NT	_____	_____
Heat	2 of 2	Timed Finals				
3	Addison Hendley	12	Ballarat Swimming Club Inc	1:25.91	_____	_____
4	Elle Cofield	16	Bendigo East Swimming Club	1:12.85	_____	_____
5	Amelia Wilson	14	Ballarat Gco Swimming Club Inc	1:21.53	_____	_____
6	Charlotte Rieniets	12	Ballarat Swimming Club Inc	1:39.46	_____	_____

Event 20 Boys Open 100 LC Meter Butterfly

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat	1 of 1	Timed Finals				
3	Eli Kerr S9	14	Warrnambool Swimming Club	1:18.98	_____	_____
4	Ronan Kerr	17	Warrnambool Swimming Club	1:04.24	_____	_____
5	Kevin Huang	17	Ballarat Gold Swimming Club In	1:05.65	_____	_____
6	Raymond Wang	13	Ballarat Gold Swimming Club In	1:28.66	_____	_____

Event 21 Mixed Open 50 LC Meter Backstroke Multi-Class

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat	1 of 3	Timed Finals ENCOURAGEMENT HEAT				
3	Isabella Goodwin	W16	Special Olympics	1:19.53	_____	_____
4	Debbie Harper	W30	Special Olympics	1:35.81	_____	_____
5	Lindsay Lee	M53	Special Olympics	2:06.55	_____	_____

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
Meet Program - Session 2

Heat	2	Timed Finals ENCORAGEMENT HEAT			(Event 21	Mixed Open 50 LC Meter Backstroke Multi-Class)			
3	Henry Browne		M24	Special Olympics		55.82			
4	Benjamin Cuddy		M15	Special Olympics		48.58			
5	Logan Butterworth		M17	Special Olympics		50.82			
6	Fran Wellard		W37	Special Olympics		1:06.66			
Heat	3 of 3	Timed Finals							
4	Anna Leighton S14		W25	Ballarat Gold Swimming Club In		38.54			
5	Dane Hornsby S14		M13	Geelong Swimming Club Incorpor		NT			
Event	22	Girls Open 50 LC Meter Backstroke							
Lane	Name	Age	Team		Seed Time		Finals	Place	
Heat	1 of 5	Timed Finals							
2	Genevieve Oreilly		10	Ballarat Gold Swimming Club In		NT			
3	Edith Lamb		13	Ballarat Gco Swimming Club Inc		NT			
4	Sasha Shukla		10	Ballarat Gold Swimming Club In		50.71			
5	Anna Delahunty		9	Horsham Swimming Club Inc		56.10			
6	Pearl Nicholson		13	Ballarat Gold Swimming Club In		NT			
7	Charlotte Woods		9	Ballarat Gold Swimming Club In		NT			
Heat	2 of 5	Timed Finals							
2	Emily Perazic		31	Ararat Swimming Club Inc		48.78			
3	Billie Addlem		10	Bendigo East Swimming Club		46.73			
4	Harriet Conheady		10	Warrnambool Swimming Club		44.69			
5	Lara Alvarez		11	Ballarat Gold Swimming Club In		45.41			
6	Summer Davis		10	Warrnambool Swimming Club		46.83			
7	Isabel Meneses Lopez		11	Ballarat Gold Swimming Club In		49.50			
Heat	3 of 5	Timed Finals							
2	Ariana Edwards		11	Ballarat Gold Swimming Club In		42.95			
3	Trinity Brundell		11	Ballarat Gco Swimming Club Inc		42.53			
4	Clara Powell		14	Ballarat Gold Swimming Club In		42.50			
5	Ruby Cookson		14	Ballarat Swimming Club Inc		42.50			
6	Camila Meneses Lopez		13	Ballarat Gold Swimming Club In		42.81			
7	Jayda Anesi		12	Ballarat Gco Swimming Club Inc		43.10			
Heat	4 of 5	Timed Finals							
2	Estelle Karslake		14	Ballarat Gco Swimming Club Inc		40.96			
3	Ebony Lis		12	Ballarat Gold Swimming Club In		40.14			
4	Julia Justin		14	Ballarat Swimming Club Inc		39.09			
5	Ellua Boyd		15	Ballarat Gold Swimming Club In		39.76			
6	Ella Schurmann		18	Geelong Sharks Swimming Club		40.60			
7	Lily Hills		12	Ballarat Swimming Club Inc		41.93			
Heat	5 of 5	Timed Finals							
2	Kiera Butterworth		15	Ballarat Gold Swimming Club In		37.93			
3	Amelia Martin		15	Ballarat Gold Swimming Club In		37.52			
4	Pippa Barr		15	Warrnambool Swimming Club		35.11			
5	Mila Abley		14	Bendigo East Swimming Club		35.33			
6	Imogen Barr		12	Warrnambool Swimming Club		37.72			
7	Rae XT Anwyl		12	Bendigo East Swimming Club		38.53			
Event	23	Boys Open 50 LC Meter Backstroke							
Lane	Name	Age	Team		Seed Time		Finals	Place	
Heat	1 of 4	Timed Finals							
3	Jaxson Fleming		11	Ballarat Gold Swimming Club In		NT			
4	Jude Joyce		7	Ballarat Swimming Club Inc		1:04.59			
5	Jack Bennetts		19	Ballarat Gold Swimming Club In		NT			

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
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Heat	2	Timed Finals...	(Event	23	Boys Open 50 LC Meter Backstroke)			
2	Xavier Johnson			9	Ballarat Swimming Club Inc	53.15	_____	_____
3	Jack Mahony			10	Ballarat Gold Swimming Club In	51.23	_____	_____
4	Austin Zhang Ho			11	Ballarat Gold Swimming Club In	45.63	_____	_____
5	Ted Gladman			11	Ballarat Gold Swimming Club In	48.96	_____	_____
6	Louis Steyn			11	Ballarat Swimming Club Inc	52.84	_____	_____
Heat	3 of 4	Timed Finals						
2	Matthew Swanton			14	Ballarat Gold Swimming Club In	41.50	_____	_____
3	Heath McClelland			13	Ballarat Gold Swimming Club In	39.05	_____	_____
4	Bailey Stone			12	Bendigo Hawks Aquatic	37.03	_____	_____
5	Miles Crilly			14	Ballarat Swimming Club Inc	38.54	_____	_____
6	Sonny Davis			12	Warrnambool Swimming Club	41.05	_____	_____
7	Jude Harrison			11	Ballarat Swimming Club Inc	43.81	_____	_____
Heat	4 of 4	Timed Finals						
2	Chase Briggs			18	Ballarat Gold Swimming Club In	31.83	_____	_____
3	Jack Stonehouse			16	Warrnambool Swimming Club	30.78	_____	_____
4	Miller Stott			16	Ballarat Gold Swimming Club In	29.79	_____	_____
5	Maxim Hocking			15	Ballarat Gold Swimming Club In	30.46	_____	_____
6	Mason Firth			15	Ballarat Gold Swimming Club In	31.30	_____	_____
7	Max Ravisa			15	Ballarat Gold Swimming Club In	36.19	_____	_____
Event	24	Mixed Open 200 LC Meter Breaststroke						
Lane	Name		Age	Team	Seed Time		Finals	Place
Heat	1 of 1	Timed Finals						
4	Daniel Hyatt		M12	Warrnambool Swimming Club	NT		_____	_____
5	Kha Tran		M11	Ballarat Swimming Club Inc	NT		_____	_____
Event	25	Girls Open 100 LC Meter Freestyle						
Lane	Name		Age	Team	Seed Time		Finals	Place
Heat	1 of 3	Timed Finals						
2	Sasha Shukla		10	Ballarat Gold Swimming Club In	1:51.71		_____	_____
3	Matilda Delahunty		11	Horsham Swimming Club Inc	1:31.35		_____	_____
4	Matilda Conheady		12	Warrnambool Swimming Club	1:21.50		_____	_____
5	Winter Neil		11	Ballarat Swimming Club Inc	1:28.74		_____	_____
6	Isabella Scullion		12	Ballarat Gold Swimming Club In	1:36.25		_____	_____
7	Lily Hills		12	Ballarat Swimming Club Inc	NT		_____	_____
Heat	2 of 3	Timed Finals						
2	Stella Snibson		14	Ballarat Gold Swimming Club In	1:16.97		_____	_____
3	Sienna Seater		13	Ballarat Gold Swimming Club In	1:15.37		_____	_____
4	Ruby Burns		15	Geelong Sharks Swimming Club	1:14.45		_____	_____
5	Jayda Anesi		12	Ballarat Gco Swimming Club Inc	1:15.29		_____	_____
6	Camila Meneses Lopez		13	Ballarat Gold Swimming Club In	1:16.54		_____	_____
7	Annabel Myers		15	Ballarat Gold Swimming Club In	1:18.11		_____	_____
Heat	3 of 3	Timed Finals						
2	Anna Leighton S14		25	Ballarat Gold Swimming Club In	1:13.44		_____	_____
3	Ruby Cookson		14	Ballarat Swimming Club Inc	1:11.00		_____	_____
4	Pippa Barr		15	Warrnambool Swimming Club	1:06.32		_____	_____
5	Taylah Costello		13	Ballarat Swimming Club Inc	1:09.04		_____	_____
6	Holly Preston		15	Ballarat Gco Swimming Club Inc	1:12.16		_____	_____
7	Julia Justin		14	Ballarat Swimming Club Inc	1:14.07		_____	_____

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
Meet Program - Session 2
Event 26 Boys Open 100 LC Meter Freestyle

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
2	Barry Song	9	Ballarat Gold Swimming Club In	NT	_____	_____
3	Reuben Martin	12	Ararat Swimming Club Inc	NT	_____	_____
4	Corey McMillin	12	Ballarat Gold Swimming Club In	1:32.57	_____	_____
5	Lennon Joyce	9	Ballarat Swimming Club Inc	1:41.74	_____	_____
6	Tobias Lim	10	Ballarat Gold Swimming Club In	NT	_____	_____
Heat 2 of 4 Timed Finals						
2	Sebastian Gonzalez	13	Ballarat Gold Swimming Club In	1:28.68	_____	_____
3	Sonny Davis	12	Warrnambool Swimming Club	1:25.16	_____	_____
4	Liam Weissenfeld	14	Ballarat Gold Swimming Club In	1:15.29	_____	_____
5	Heath McClelland	13	Ballarat Gold Swimming Club In	1:16.00	_____	_____
6	Jude Harrison	11	Ballarat Swimming Club Inc	1:27.20	_____	_____
7	Yuchen Dong	11	Ballarat Gco Swimming Club Inc	1:30.80	_____	_____
Heat 3 of 4 Timed Finals						
2	Edward Valentan	12	Ballarat Swimming Club Inc	1:12.78	_____	_____
3	Callum Wilson	12	Caulfield Aquatics	1:06.34	_____	_____
4	Maxim Hocking	15	Ballarat Gold Swimming Club In	1:02.69	_____	_____
5	Jayden Lim	13	Ballarat Gold Swimming Club In	1:05.69	_____	_____
6	Eli Kerr S9	14	Warrnambool Swimming Club	1:07.89	_____	_____
7	Raymond Wang	13	Ballarat Gold Swimming Club In	1:15.20	_____	_____
Heat 4 of 4 Timed Finals						
2	Ronan Kerr	17	Warrnambool Swimming Club	1:02.21	_____	_____
3	Hayden Wilson	15	Ballarat Gco Swimming Club Inc	1:00.67	_____	_____
4	Kevin Huang	17	Ballarat Gold Swimming Club In	55.46	_____	_____
5	Thomas Costello	17	Ballarat Swimming Club Inc	55.92	_____	_____
6	Chase Briggs	18	Ballarat Gold Swimming Club In	1:01.36	_____	_____
7	Mason Firth	15	Ballarat Gold Swimming Club In	1:02.48	_____	_____

Event 28 Girls Open 50 LC Meter Butterfly

Event Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
2	Anna Delahunty	9	Horsham Swimming Club Inc	57.27	_____	_____
3	Edith Lamb	13	Ballarat Gco Swimming Club Inc	44.66	_____	_____
4	Lara Alvarez	11	Ballarat Gold Swimming Club In	43.88	_____	_____
5	Matilda Delahunty	11	Horsham Swimming Club Inc	44.19	_____	_____
6	Isabel Meneses Lopez	11	Ballarat Gold Swimming Club In	55.01	_____	_____
7	Genevieve Oreilly	10	Ballarat Gold Swimming Club In	NT	_____	_____
Heat 2 of 4 Timed Finals						
2	Ariana Edwards	11	Ballarat Gold Swimming Club In	43.41	_____	_____
3	Imogen Barr	12	Warrnambool Swimming Club	42.61	_____	_____
4	Clara Powell	14	Ballarat Gold Swimming Club In	40.54	_____	_____
5	Billie Addlem	10	Bendigo East Swimming Club	41.39	_____	_____
6	Harriet Conheady	10	Warrnambool Swimming Club	42.77	_____	_____
7	Zoe Braham	11	Ballarat Gold Swimming Club In	43.49	_____	_____
Heat 3 of 4 Timed Finals						
2	Ella Schurmann	18	Geelong Sharks Swimming Club	38.39	_____	_____
3	Estelle Karlake	14	Ballarat Gco Swimming Club Inc	35.75	_____	_____
4	Ellua Boyd	15	Ballarat Gold Swimming Club In	35.15	_____	_____
5	Jayda Anesi	12	Ballarat Gco Swimming Club Inc	35.52	_____	_____
6	Ella Featherston	13	Ballarat Gold Swimming Club In	37.18	_____	_____
7	Charlotte Rieniets	12	Ballarat Swimming Club Inc	38.61	_____	_____

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
Meet Program - Session 2

Heat	4	Timed Finals...	(Event	28	Girls Open 50 LC Meter Butterfly)				
2	Miley Bird		12	Bendigo East Swimming Club	33.95				
3	Claire Mathison		17	Ballarat Gold Swimming Club In	31.77				
4	Hannah Buchanan		15	Ballarat Swimming Club Inc	30.25				
5	Astrid Buchanan		13	Ballarat Swimming Club Inc	30.96				
6	Elle Cofield		16	Bendigo East Swimming Club	32.54				
7	Amelia Martin		15	Ballarat Gold Swimming Club In	34.65				
Event	29	Boys Open 50 LC Meter Butterfly							
Lane	Name		Age	Team	Seed Time		Finals	Place	
Heat	1 of 2	Timed Finals							
3	Xavier Johnson		9	Ballarat Swimming Club Inc	NT				
4	Reuben Martin		12	Ararat Swimming Club Inc	54.07				
5	Kha Tran		11	Ballarat Swimming Club Inc	55.34				
6	Jude Joyce		7	Ballarat Swimming Club Inc	NT				
Heat	2 of 2	Timed Finals							
2	Matthew Rieniets		12	Ballarat Swimming Club Inc	38.99				
3	Max Ravisa		15	Ballarat Gold Swimming Club In	35.38				
4	Jack Lanyon		18	Ballarat Gold Swimming Club In	27.42				
5	Mason Firth		15	Ballarat Gold Swimming Club In	31.08				
6	Miles Crilly		14	Ballarat Swimming Club Inc	35.72				
7	Austin Zhang Ho		11	Ballarat Gold Swimming Club In	51.39				
Event	30	Girls Open 200 LC Meter IM							
Lane	Name		Age	Team	Seed Time		Finals	Place	
Heat	1 of 3	Timed Finals							
3	Summer Davis		10	Warrnambool Swimming Club	NT				
4	Kiera Butterworth		15	Ballarat Gold Swimming Club In	NT				
5	Lara Alvarez		11	Ballarat Gold Swimming Club In	NT				
Heat	2 of 3	Timed Finals							
2	Jayda Anesi		12	Ballarat Gco Swimming Club Inc	3:27.17				
3	Camila Meneses Lopez		13	Ballarat Gold Swimming Club In	3:21.30				
4	Rae XT Anwyl		12	Bendigo East Swimming Club	3:08.88				
5	Addison Hendley		12	Ballarat Swimming Club Inc	3:12.69				
6	Charlotte Rieniets		12	Ballarat Swimming Club Inc	3:26.55				
7	Matilda Delahunty		11	Horsham Swimming Club Inc	4:13.45				
Heat	3 of 3	Timed Finals							
2	Amelia Martin		15	Ballarat Gold Swimming Club In	3:06.99				
3	Taylah Costello		13	Ballarat Swimming Club Inc	2:58.25				
4	Mila Abley		14	Bendigo East Swimming Club	2:44.96				
5	Georgie Kennett		10	Ballarat Gold Swimming Club In	2:49.04				
6	Trinity Brundell		11	Ballarat Gco Swimming Club Inc	3:06.25				
7	Amelia Wilson		14	Ballarat Gco Swimming Club Inc	3:08.13				
Event	31	Boys Open 200 LC Meter IM							
Lane	Name		Age	Team	Seed Time		Finals	Place	
Heat	1 of 2	Timed Finals							
2	Kha Tran		11	Ballarat Swimming Club Inc	NT				
3	Reuben Martin		12	Ararat Swimming Club Inc	NT				
4	Jude Harrison		11	Ballarat Swimming Club Inc	3:34.42				
5	Corey McMillin		12	Ballarat Gold Swimming Club In	NT				
6	Yuchen Dong		11	Ballarat Gco Swimming Club Inc	NT				

2025 Ballarat Gold All Abilities LC Meet - 19/10/2025
Meet Program - Session 2

Heat	2	Timed Finals...	(Event	31	Boys Open 200 LC Meter IM)			
2	Callum Wilson		12	Caulfield Aquatics	3:06.71			
3	Ronan Kerr		17	Warrnambool Swimming Club	2:49.93			
4	Thomas Costello		17	Ballarat Swimming Club Inc	2:21.87			
5	Miller Stott		16	Ballarat Gold Swimming Club In	2:22.79			
6	Eli Kerr SM9		14	Warrnambool Swimming Club	2:54.73			
7	Matthew Rieniets		12	Ballarat Swimming Club Inc	3:29.63			
Event	33	Mixed Open 200 LC Meter Medley Relay						
Lane	Team		Relay		Seed Time		Finals	Place
Heat	1 of 2	Timed Finals						
3	Ballarat Gold Swimming Club In		I		NT			
4	Ballarat Gold Swimming Club In		G		NT			
5	Ballarat Gold Swimming Club In		H		NT			
6	Ballarat Gold Swimming Club In		J		NT			
Heat	2 of 2	Timed Finals						
2	Ballarat Gold Swimming Club In		E		NT			
3	Ballarat Gold Swimming Club In		C		NT			
4	Ballarat Gold Swimming Club In		A		NT			
5	Ballarat Gold Swimming Club In		B		NT			
6	Ballarat Gold Swimming Club In		D		NT			
7	Ballarat Gold Swimming Club In		F		NT			



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2025/26 MATTIOLI VICTORIAN SPRINT CHAMPIONSHIPS



29 – 30 NOVEMBER 2025

Qualifying Requirements

Qualifying times must have been achieved between 11 January 2025 and 17 November 2025.

Short course qualifying times **cannot** be used.

Mixed relays must be made up of 2 Women and 2 Men (swum in any order)

MEN									
Distance	Course	19 & Over	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years	11 Years & Under
FREESTYLE									
50m	LC	27.88	28.10	28.89	29.43	30.10	31.34	33.05	34.76
BACKSTROKE									
50m	LC	32.21	32.89	33.85	34.94	35.55	37.35	38.96	41.23
BREASTSTROKE									
50m	LC	35.41	35.92	36.97	37.92	38.60	39.56	41.31	44.32
BUTTERFLY									
50m	LC	30.01	30.33	31.25	32.04	32.91	34.00	35.64	37.59

WOMEN									
Distance	Course	19 & Over	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years	11 Years & Under
FREESTYLE									
50m	LC	30.68	30.91	31.07	31.59	31.70	32.13	33.20	35.04
BACKSTROKE									
50m	LC	34.98	35.55	36.33	37.18	37.90	38.54	39.29	41.26
BREASTSTROKE									
50m	LC	39.84	40.23	41.46	42.86	43.23	44.28	45.38	47.39
BUTTERFLY									
50m	LC	32.60	33.13	34.30	35.01	35.95	36.26	37.12	39.74

RELAY			
Event	15 & Over	13 – 14 Years	12 & Under
Mixed 4 x 50m Freestyle	2:05.08	2:11.05	2:23.87

2025-26 MATTIOLI VICTORIAN AGE LONG COURSE CHAMPIONSHIPS

10 - 15 DECEMBER 2025

QUALIFYING TIMES



2025-26 MATTIOLI VICTORIAN AGE LONG COURSE CHAMPIONSHIPS

10 - 15 DECEMBER 2025

QUALIFYING TIMES



BOYS							
Distance	Course	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years
FREESTYLE							
50m	LC	26.10	26.89	27.43	28.10	29.34	31.05
100m	LC	57.27	58.64	59.55	1:01.54	1:04.96	1:10.91
200m	LC	2:07.15	2:09.72	2:12.17	2:14.83	2:20.82	2:30.30
400m	LC	4:29.18	4:34.67	4:38.45	4:47.91	5:01.68	5:26.53
800m	LC	9:21.00	9:28.03	9:44.54	9:56.60	10:41.29	10:51.05
1500m	LC	17:49.45	17:52.09	18:35.44	19:14.20	19:52.85	19:56.72
BACKSTROKE							
50m	LC	30.89	31.85	32.94	33.55	35.35	36.96
100m	LC	1:05.83	1:07.98	1:09.91	1:11.92	1:14.66	1:21.92
200m	LC	2:20.46	2:23.96	2:28.02	2:34.62	2:43.16	2:52.08
BREASTSTROKE							
50m	LC	33.92	34.97	35.92	36.60	37.56	39.31
100m	LC	1:14.37	1:15.82	1:17.44	1:20.81	1:25.61	1:33.73
200m	LC	2:40.88	2:43.42	2:46.59	2:53.21	3:00.51	3:18.62
BUTTERFLY							
50m	LC	28.33	29.25	30.04	30.91	32.00	33.64
100m	LC	1:03.20	1:05.02	1:07.34	1:09.05	1:14.45	1:24.83
200m	LC	2:25.89	2:30.26	2:32.41	2:38.99	2:48.78	3:10.58
INDIVIDUAL MEDLEY							
200m	LC	2:24.90	2:26.46	2:28.87	2:32.54	2:39.73	2:51.44
400m	LC	5:09.06	5:13.66	5:20.48	5:27.88	5:40.94	6:10.70

GIRLS							
Distance	Course	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years
FREESTYLE							
50m	LC	28.91	29.07	29.59	29.70	30.13	31.20
100m	LC	1:03.55	1:04.92	1:05.23	1:06.72	1:07.08	1:09.42
200m	LC	2:20.69	2:22.20	2:23.87	2:24.71	2:26.53	2:32.11
400m	LC	5:00.89	5:02.01	5:08.16	5:09.63	5:13.01	5:22.90
800m	LC	10:05.09	10:06.03	10:24.17	10:32.76	10:36.20	11:05.75
1500m	LC	19:31.71	19:48.05	19:55.08	19:59.24	20:03.14	21:09.80
BACKSTROKE							
50m	LC	33.55	34.33	35.18	35.90	36.54	37.25
100m	LC	1:14.89	1:15.42	1:16.59	1:17.24	1:18.93	1:21.90
200m	LC	2:39.50	2:41.80	2:43.79	2:45.40	2:48.89	2:51.55
BREASTSTROKE							
50m	LC	38.23	39.46	40.86	41.23	42.28	43.38
100m	LC	1:23.47	1:24.51	1:26.21	1:27.51	1:29.97	1:31.77
200m	LC	2:57.91	3:01.06	3:04.85	3:06.93	3:14.29	3:19.66
BUTTERFLY							
50m	LC	31.13	32.30	33.01	33.95	34.26	35.11
100m	LC	1:11.86	1:12.43	1:13.74	1:14.70	1:17.92	1:21.80
200m	LC	2:40.54	2:43.41	2:47.47	2:49.37	2:53.22	3:00.79
INDIVIDUAL MEDLEY							
200m	LC	2:39.28	2:42.30	2:42.97	2:44.51	2:50.91	2:52.99
400m	LC	5:29.70	5:33.19	5:37.55	5:42.80	5:52.31	6:04.55

MULTI-CLASS QUALIFYING TIMES – LONG COURSE

SWIMMING VICTORIA CHAMPIONSHIPS



AGE & OPEN CHAMPIONSHIPS

Swimming Victoria - Long Course State Championship Qualifying Times																			
Female 12-14 Years																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	54.42	58.75	1.05.4	55.19	49.69	52.06	53.12	50.77	58.4	54.74	51.91	57.94	1.00.12	1.17.66	1.16.75	1.27.55	1.30.83	2.19.09	2.12.36
100m Free	1.58.88	2.13.5	2.22.88	1.58.67	1.48.62	1.47.5	1.48.95	1.56.82	2.10.28	1.56.28	1.59.56	2.00.95	2.16.06	2.40.10	2.53.91	2.58.59	3.27.77	5.00.44	4.44.89
200m Free	4.19.73	4.55.66	5.12.17	4.26.99	3.56.82	4.04.18	4.02.52	4.08.88	4.33.54	4.04.42	4.06.77	4.58.48	4.38.24	5.49.37	6.25.00	6.26.41	7.20.36	12.20.34	10.16.36
50m Back	1.02.03	1.12.86	1.14.55	1.07.90	55.75	57.55	58.37	1.00.06	1.09.33	1.00.17	1.01.37	1.00.82	1.12.2	1.25.99	1.28.16	1.45.95	1.54.98	2.41.18	2.51.56
100m Back	2.12.07	2.39.36	2.38.74	2.24.79	1.58.96	2.08.10	2.09.28	1.12.12	2.26.92	2.11.72	2.14.82	2.16.08	2.38.94	3.08.68	3.29.3	3.54.08	3.56.4	5.44.98	6.15.54
50m Breast	1.07.36	1.19.88	1.20.96	1.09.86	1.00.74	1.02.8	1.04.03	1.04.79	1.08.65		1.01.2	1.04.83	1.17.5	1.37.00	1.37.95	1.48.24	2.04.85	2.05.89	3.29.13
100m Breast	2.27.43	2.58.01	2.57.19	2.38.31	2.15.91	2.24.04	2.19.14	2.25.42	2.39.56		2.21.98	2.27.66	2.56.26	3.33.11	3.42.54	4.26.3	4.46.97	7.05.54	8.15.25
50m Fly	56.16	1.05.82	1.07.5	58.91	52.21	57.8	53.16	56.03	1.02.55	53.92	53.49	58.18	1.05.98	1.21.95	1.33.76	1.30.6	2.06.15	2.30.26	2.11.85
100m Fly	2.07.54	2.37.79	2.33.29	2.15.06	2.01.01	2.06.66	2.04.44	1.59.91	2.22.82	2.05.2	2.04.96	2.16.4	2.29.44	3.13.91	3.55.52				
150m IM																			
200m IM	4.49.94	5.51.90	5.48.47	5.57.79	5.13.91	5.28.11	5.35.39	5.25.65	6.24.48	5.43.48	5.44.35	6.08.26	6.39.39	6.58.95	7.38.67	9.16.1	11.07.9		
Female 15-18 Years																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	47.54	52.52	1.00.71	49.33	44.41	46.54	47.48	45.38	52.20	48.93	46.4	51.79	53.74	1.05.5	1.04.73	1.13.84	1.16.61	2.01.51	1.55.63
100m Free	1.43.85	1.59.34	2.12.63	1.46.08	1.37.1	1.36.1	1.37.39	1.44.43	1.56.46	1.43.94	1.46.88	1.48.12	2.01.62	2.15.03	2.26.68	2.30.63	2.55.24	4.22.46	4.08.88
200m Free	3.46.90	4.24.3	4.49.79	3.58.67	3.31.69	3.38.27	3.36.79	3.42.48	4.04.52	3.38.48	3.40.59	3.51.05	4.08.72	4.54.67	5.24.72	5.25.91	6.11.41	9.05.49	8.58.44
50m Back	54.18	1.05.13	1.09.2	1.00.69	49.83	51.45	52.18	53.69	1.01.98	53.79	54.86	54.37	1.04.54	1.04.83	1.14.36	1.29.36	1.36.98	2.20.81	2.29.87
100m Back	1.55.38	2.22.45	2.27.36	2.09.43	1.46.34	1.54.51	1.55.56	1.58.1	2.11.33	1.57.74	2.00.52	2.01.64	2.22.08	2.39.14	2.56.53	3.17.43	3.19.39	5.01.36	5.28.06
50m Breast	58.84	1.11.41	1.15.15	1.02.45	54.3	56.13	57.24	57.92	1.01.36		54.71	57.95	1.09.28	1.21.81	1.22.61	1.31.3	1.45.3	2.24.92	3.02.69
100m Breast	2.08.79	2.39.12	2.44.49	2.21.51	2.01.49	2.08.76	2.04.38	2.09.99	2.42.63		2.06.92	2.11.99	2.37.56	2.59.74	3.07.7	3.27.74	4.02.04	6.11.74	7.30.11
50m Fly	49.06	58.84	1.02.66	52.66	46.67	51.67	47.52	50.09	55.91	48.2	47.81	52.01	58.98	1.09.12	1.19.08	1.16.42	1.46.4	2.11.26	1.55.18
100m Fly	1.51.42	2.21.05	2.22.3	2.00.73	1.48.17	1.53.22	1.51.24	1.47.19	2.07.67	1.51.92	1.51.7	2.01.93	2.13.58	2.43.55	3.18.65				
150m IM																			
200m IM	4.13.29	5.14.56	5.23.49	4.29.75	3.56.67	4.07.38	4.12.87	4.05.52	4.49.88	4.18.96	4.19.63	4.37.65	5.01.12	5.53.36	6.26.86	7.49.03	9.23.33		

MULTI-CLASS QUALIFYING TIMES – LONG COURSE



SWIMMING VICTORIA CHAMPIONSHIPS

AGE & OPEN CHAMPIONSHIPS

Female 19 Years & Over																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	42.05	46.63	57.13	43.8	39.44	41.32	42.16	40.29	46.35	43.45	41.2	45.99	47.71	58.55	57.87	1.09.49	1.12.09	1.50.40	1.45.06
100m Free	1.31.87	1.49.75	2.04.81	1.37.56	1.29.3	1.28.37	1.29.56	1.36.03	1.47.1	1.35.59	1.38.29	1.39.43	1.51.85	2.00.71	2.11.12	2.21.75	2.44.91	3.58.46	3.46.12
200m Free	3.20.72	4.03.06	4.32.70	3.39.49	3.14.68	3.20.73	3.19.37	3.24.6	3.44.87	3.20.93	3.22.86	3.32.49	3.48.73	4.23.41	4.50.27	5.06.69	5.49.51	9.47.61	8.09.21
50m Back	47.93	59.9	1.05.12	55.82	45.83	47.31	47.98	49.37	56.99	49.47	50.45	50.00	59.35	1.04.83	1.06.47	1.24.09	1.31.26	2.07.93	2.16.17
100m Back	1.42.07	2.11.00	2.18.67	1.59.03	1.37.79	1.45.31	1.46.28	1.48.61	2.00.78	1.48.28	1.50.83	1.51.87	2.10.66	2.22.26	2.37.8	3.05.79	3.07.63	4.33.81	4.58.06
50m Breast	52.05	1.05.67	1.10.72	57.43	49.94	51.62	52.64	53.26	56.43		50.31	53.29	1.03.71	1.13.13	1.13.85	1.25.91	1.39.09	2.11.67	2.45.99
100m Breast	1.53.93	2.26.33	2.34.79	2.10.14	1.51.73	1.58.41	1.54.38	1.59.55	2.11.17		1.56.72	2.01.39	2.24.90	2.40.67	2.47.79	3.15.49	3.47.77	5.37.75	6.48.95
50m Fly	43.4	54.11	58.97	48.43	42.92	47.51	43.7	46.06	51.42	44.33	43.97	47.83	54.24	1.01.79	1.10.69	1.11.91	1.40.13	1.59.26	1.44.65
100m Fly	1.38.57	2.09.72	2.13.91	1.51.03	1.39.48	1.44.12	1.42.3	1.38.57	1.57.41	1.42.92	1.42.73	1.52.13	2.02.85	2.26.2	2.57.57				
150m IM																4.59.98	5.03.60	9.54.22	462.23
200m IM	3.44.07	4.49.29	5.04.42	4.08.08	3.37.66	3.47.50	3.52.55	3.45.79	4.26.58	3.58.15	3.58.76	4.15.34	4.36.92	5.15.87	5.45.82	7.21.38	8.50.11		
Male 12-14 Years																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	48.07	51.24	57.77	44.51	43.97	46.19	46.4	43.68	50.54	46.32	48	48.11	54.14	1.04.36	1.11.52	1.25.96	1.32.03	2.10.61	2.44.52
100m Free	1.47.84	1.56.31	2.09.61	1.38.53	1.37.32	1.37.89	1.36.24	1.41.82	1.46.69	1.41.28	1.40.76	1.51.68	1.54.65	2.30.93	2.37.07	3.09.16	3.28.8	4.34.97	5.50.26
200m Free	3.54.49	4.20.95	2.41.83	224.3	3.33.85	3.44.8	3.29.65	3.46.92	3.56.7	3.37.47	3.46.14	4.01.6	4.12.61	5.15.81	5.40.63	6.30.88	7.28.26	10.01.35	12.47.91
50m Back	54.71	1.01.90	1.05.76	55.94	49.31	54.23	49.8	53.33	1.00.33	52.93	52.84	56.94	1.01.86	1.14.05	1.14.51	1.37.2	1.40.09	2.08.04	2.42.76
100m Back	1.59.20	2.14.06	2.23.26	2.00.91	1.46.51	1.53.76	1.52.72	1.58.7	2.13.32	1.54.38	1.59.44	2.05.1	2.16.28	2.47.98	2.51.75	3.30.72	3.29.12	4.45.69	5.47.47
50m Breast	59.66	1.08.61	1.11.7	56.9	52.8	57.55	54.55	57.55	59.57		55.4	59.98	1.01.24	1.23.46	1.30.06	1.35.54	1.50.24	2.17.49	3.22.22
100m Breast	2.10.76	2.34.02	2.37.16	2.10.05	1.54.00	2.07.48	2.05.94	2.08.14	2.20.16		2.08.04	2.14.02	2.22.36	3.06.64	3.21.87	3.38.06	4.07.64	5.33.68	9.04.34
50m Fly	51.2	55.32	1.01.53	47.02	47.03	49.7	46.61	47.96	52.78	47.25	50.52	52.38	56.82	1.10.88	1.12.61	1.31.19	1.52.07	2.23.35	5.04.65
100m Fly	1.53.68	2.07.26	2.16.63	1.45.18	1.42.41	1.48.36	1.47.44	1.53.5	2.02.24	1.48.3	1.54.38	1.58.38	2.07.09	2.38.27	2.55.24				
150m IM																5.34.75	6.19.85	9.15.55	12.35.25
200m IM	4.22.08	4.57.6	5.14.98	4.11.46	3.54.33	4.15.00	4.05.4	4.08.65	4.36.94	4.11.26	4.26.86	4.40.02	4.58.02	6.24.94	6.18.50	7.59.85	9.44.53		

MULTI-CLASS QUALIFYING TIMES – LONG COURSE



SWIMMING VICTORIA CHAMPIONSHIPS

AGE & OPEN CHAMPIONSHIPS

Male 15-18 Years																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	41.99	45.8	53.63	39.79	39.3	41.29	41.48	39.05	45.18	41.41	42.91	43	48.4	54.28	1.00.32	1.12.5	1.17.62	1.54.10	2.23.72
100m Free	1.34.21	1.43.97	2.00.32	1.28.08	1.26.99	1.27.5	1.26.02	1.31.02	1.35.37	1.30.53	1.30.07	1.39.83	1.42.48	2.07.3	2.12.48	2.39.54	2.56.11	4.00.21	5.05.98
200m Free	3.24.85	3.53.26	4.41.63	3.20.5	3.11.16	3.20.95	3.07.4	3.22.84	3.31.59	3.14.4	3.22.15	3.35.97	3.45.8	4.26.36	4.47.3	5.29.68	6.18.08	8.45.33	11.10.83
50m Back	47.8	55.33	1.01.05	50.01	44.07	48.47	44.52	47.67	53.92	47.32	47.23	50.9	55.3	1.02.45	1.02.84	1.21.98	1.24.42	1.51.85	2.22.18
100m Back	1.44.13	1.59.84	2.12.99	1.48.08	1.35.21	1.41.69	1.40.76	1.46.11	1.59.18	1.42.24	1.46.77	1.51.83	2.01.82	2.21.68	2.24.86	2.57.73	2.56.38	4.09.58	5.03.55
50m Breast	52.12	1.01.33	1.06.56	50.86	47.2	51.45	48.76	51.45	53.25		49.53	53.62	54.74	1.10.4	1.15.96	1.20.58	1.32.98	2.00.10	2.56.66
100m Breast	1.54.23	2.17.68	2.25.9	1.56.25	1.41.91	1.53.95	1.52.58	1.54.54	2.05.29		1.54.46	1.59.8	2.07.26	2.37.42	2.50.26	3.03.92	3.28.87	4.51.50	7.55.52
50m Fly	44.72	49.45	57.12	42.03	42.04	44.43	41.66	42.87	47.18	42.24	45.16	46.83	50.79	59.78	1.01.24	1.16.91	1.34.53	2.05.23	4.26.13
100m Fly	1.39.31	1.53.76	2.06.84	1.34.02	1.31.54	1.36.86	1.36.04	1.41.46	1.49.27	1.36.81	1.42.24	1.45.82	1.53.61	2.13.49	2.27.80				
150m IM																			
200m IM	3.48.95	4.26.03	4.52.41	3.44.78	3.29.47	3.47.95	3.39.36	3.42.27	4.07.56	3.44.60	3.58.55	4.10.31	4.26.4	5.16.24	5.19.24	6.44.72	8.13.01		
Male 19 Years & Over																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	37.15	42.12	50.47	36.59	36.14	37.97	38.14	35.91	41.55	38.08	39.46	39.55	44.51	48.52	53.92	1.08.23	1.13.04	1.43.67	2.10.58
100m Free	1.23.34	1.35.62	1.53.23	1.21.00	1.20.00	1.20.47	1.19.11	1.23.70	1.27.70	1.23.26	1.22.83	1.31.81	1.34.25	1.53.79	1.58.42	2.30.13	1.45.73	3.09.71	3.38.24
200m Free	3.01.22	3.34.52	4.06.20	3.04.39	2.55.80	3.04.80	2.52.34	3.06.54	3.14.59	2.58.78	3.05.90	3.18.62	3.27.66	3.58.10	4.16.82	5.10.24	5.55.79	7.57.29	10.09.49
50m Back	42.28	50.88	57.45	45.99	40.53	44.58	40.94	43.84	49.59	43.52	43.44	46.81	50.86	55.83	56.17	1.17.15	1.19.44	1.41.62	2.09.18
100m Back	1.32.12	1.50.21	1.25.15	1.39.39	1.27.56	1.33.52	1.32.66	1.37.58	1.49.6	1.34.03	1.38.19	1.42.84	1.52.03	2.06.65	2.09.49	2.47.25	2.45.98	3.46.75	4.35.79
50m Breast	46.1	56.4	1.02.64	46.71	43.34	47.24	44.78	47.24	48.89		45.48	49.24	50.27	1.02.93	1.07.90	1.15.83	1.27.5	1.49.12	2.40.50
100m Breast	1.41.05	2.06.62	2.17.29	1.46.91	1.33.72	1.44.8	1.43.53	1.45.34	1.55.22		1.45.26	1.50.17	1.57.03	2.20.72	2.32.2	2.53.08	3.16.55	4.24.84	7.12.04
50m Fly	39.57	45.48	53.75	38.65	38.66	40.86	38.31	39.42	43.39	38.85	41.53	43.06	46.71	53.44	54.74	1.12.38	1.28.95	1.53.78	4.01.8
100m Fly	1.27.85	1.44.62	1.59.36	1.26.46	1.24.19	1.29.08	1.28.32	1.03.31	1.40.49	1.29.03	1.34.03	1.37.32	1.44.48	1.59.33	2.12.12				
150m IM																			
200m IM	3.22.53	4.04.65	4.35.16	3.26.72	3.12.63	3.29.63	3.21.74	3.24.41	3.47.66	3.26.55	3.39.38	3.50.20	4.04.99	4.42.69	4.45.37	6.20.86	7.43.94		

GIRLS						
EVENT	13 YEARS	14 Years	15 YEARS	16 YEARS	17 YEARS	18 YEARS
50m Freestyle	28.81	28.27	28.02	27.92	27.69	27.69
100m Freestyle	1:02.95	1:01.84	1:00.98	1:00.47	59.81	59.81
200m Freestyle	2:17.99	2:14.92	2:13.20	2:11.91	2:11.26	2:11.26
400m Freestyle	4:49.84	4:42.56	4:39.73	4:38.10	4:36.95	4:36.95
800m Freestyle	9:43.09	9:35.25	9:24.62	9:20.60	9:17.66	9:17.66
1500m Freestyle	18:44.64	18:25.40	18:11.95	18:02.64	17:55.51	17:55.51
50m Backstroke	33.26	32.80	32.31	32.25	32.09	32.09
100m Backstroke	1:12.83	1:10.97	1:09.77	1:09.17	1:08.64	1:08.64
200m Backstroke	2:37.71	2:33.41	2:30.65	2:29.76	2:28.29	2:28.29
50m Breaststroke	37.67	36.58	36.26	36.13	35.85	35.85
100m Breaststroke	1:22.93	1:20.90	1:19.35	1:18.68	1:18.09	1:18.09
200m Breaststroke	2:59.75	2:54.24	2:52.41	2:49.50	2:48.01	2:48.01
50m Butterfly	31.19	30.66	30.17	29.77	29.50	29.50
100m Butterfly	1:11.29	1:09.08	1:07.29	1:05.97	1:05.29	1:05.29
200m Butterfly	2:39.91	2:35.91	2:31.48	2:29.15	2:27.78	2:27.78
200m IM	2:37.89	2:33.15	2:30.39	2:28.40	2:27.31	2:27.31
400m IM	5:37.09	5:26.69	5:20.84	5:15.94	5:14.33	5:14.33
CLUB RELAYS						
	13 - 14 years	15 - 16 years	17 - 18 years			
4x50m Freestyle	1:56.47	1:55.03	1:54.08			
4x50m Medley	2:12.05	2:09.85	2:08.84			

BOYS						
EVENT	13 YEARS	14 YEARS	15 Years	16 YEARS	17 YEARS	18 YEARS
50m Freestyle	27.15	26.17	25.47	25.08	24.76	24.64
100m Freestyle	59.85	57.46	55.84	54.82	54.50	54.24
200m Freestyle	2:12.32	2:07.54	2:03.18	2:01.26	1:58.91	1:57.73
400m Freestyle	4:37.78	4:29.96	4:22.65	4:18.50	4:14.56	4:11.96
800m Freestyle	9:24.10	9:13.50	8:58.45	8:49.36	8:44.97	8:41.49
1500m Freestyle	18:11.51	17:54.61	17:25.16	17:06.32	16:47.84	16:37.10
50m Backstroke	32.04	30.84	29.73	29.23	28.55	28.43
100m Backstroke	1:09.94	1:06.96	1:04.51	1:02.74	1:02.02	1:01.45
200m Backstroke	2:32.93	2:25.18	2:20.18	2:17.17	2:15.39	2:13.77
50m Breaststroke	35.18	33.88	32.73	32.01	31.77	31.46
100m Breaststroke	1:18.28	1:15.02	1:12.46	1:11.37	1:10.19	1:09.43
200m Breaststroke	2:51.26	2:44.05	2:39.26	2:35.01	2:33.39	2:32.37
50m Butterfly	29.77	28.50	27.56	26.84	26.54	26.27
100m Butterfly	1:07.63	1:03.97	1:02.01	1:00.31	59.58	58.98
200m Butterfly	2:32.61	2:25.04	2:19.83	2:16.94	2:14.01	2:12.62
200m IM	2:30.38	2:25.87	2:20.54	2:18.99	2:16.01	2:14.60
400m IM	5:17.15	5:10.90	5:06.30	5:00.12	4:54.34	4:51.18
RELAYS						
	13 - 14 years	15 - 16 years	17 - 18 years			
4x50m Freestyle	1:49.63	1:44.13	1:41.76			
4x50m Medley	2:02.97	1:56.55	1:54.12			

Age as at 11th April 2026

Short Course times are not eligible for entry into this meet

Qualifying times must be achieved on or after 1st May 2025

Entries close 12noon (midday) AEDT Monday 23rd March 2026. Times achieved after this date will not be accepted under any circumstances

NOTE: SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.



GIRLS 12-13 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:36.61	1:41.52	1:15.34	1:09.49	1:04.12	0:55.66	0:54.10	0:49.54	0:43.30	0:43.02	0:47.61	0:43.75	0:42.16	0:43.49	0:41.51	0:45.84	0:53.77	0:38.82
100m Free	3:27.93	3:39.28	2:44.91	2:29.21	2:18.03	1:59.15	1:56.33	1:48.86	1:34.50	1:32.29	1:46.67	1:36.03	1:31.02	1:29.82	1:30.75	1:41.17	1:49.83	1:25.02
50m Back	2:05.21	1:51.76	1:31.26	1:24.09	1:09.98	1:03.95	1:04.98	0:54.74	0:50.81	0:50.27	0:57.69	0:51.97	0:48.11	0:48.08	0:46.57	0:56.21	1:08.04	0:44.16
100m Back	4:34.09	3:59.19	3:17.50	3:15.57	2:54.86	2:15.84	2:15.89	1:56.35	1:47.01	1:44.55	2:00.78	1:48.61	1:42.61	1:41.67	1:39.39	2:03.07	2:28.80	1:33.93
50m Fly				1:15.70	1:11.84	0:59.08	0:56.41	0:52.36	0:44.69	0:45.05	0:54.13	0:47.99	0:44.42	0:48.29	0:43.62	0:48.48	1:01.46	0:40.17
100m Fly							2:14.49	1:56.62	1:39.18	1:39.37	2:03.59	1:43.76	1:38.77	1:40.01	1:41.10	1:51.61	2:24.49	1:30.72
50m Breast	2:32.64	2:01.07	1:39.09	1:30.43	1:21.83	1:13.63	1:09.56	0:58.34	0:51.13		0:59.40	0:55.08	0:53.50	0:52.46	0:50.75	0:59.81	1:14.59	0:47.94
100m Breast			3:59.76	3:15.49	2:56.63	2:33.68	2:27.21	2:06.25	1:52.69		2:07.67	1:59.27	1:50.44	1:54.32	1:53.55	2:12.99	2:38.52	1:45.44
150m IM		8:57.26	4:50.35	4:32.55														
200m IM					6:26.86	5:12.99	5:01.12	4:37.65	3:58.76	3:58.15	4:29.78	4:07.19	3:52.55	3:47.50	3:47.12	4:30.86	5:34.11	3:35.66
GIRLS 14-15 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:27.77	1:32.24	1:08.45	1:03.13	0:58.26	0:51.67	0:50.23	0:45.99	0:40.75	0:40.48	0:44.53	0:40.92	0:39.68	0:40.93	0:39.06	0:43.14	0:50.60	0:36.21
100m Free	3:08.92	3:19.23	2:29.83	2:15.57	2:05.41	1:50.61	1:47.99	1:41.05	1:28.93	1:26.85	1:39.77	1:29.82	1:25.65	1:24.52	1:25.40	1:35.20	1:43.36	1:19.52
50m Back	1:53.76	1:41.54	1:22.92	1:16.40	1:03.58	0:59.37	1:00.32	0:50.81	0:47.82	0:47.31	0:53.96	0:48.61	0:45.28	0:45.25	0:43.83	0:52.90	1:04.02	0:41.30
100m Back	4:09.02	3:37.32	2:59.44	2:57.68	2:38.87	2:06.10	2:06.15	1:48.01	1:40.70	1:38.38	1:52.96	1:41.58	1:36.56	1:35.68	1:33.53	1:55.81	2:20.03	1:27.85
50m Fly				1:08.78	1:05.27	0:54.84	0:52.37	0:48.61	0:42.05	0:42.39	0:50.62	0:44.89	0:41.80	0:45.44	0:41.05	0:45.62	0:57.84	0:37.57
100m Fly							2:04.85	1:48.26	1:33.33	1:33.51	1:55.59	1:37.05	1:32.94	1:34.11	1:35.14	1:45.03	2:15.97	1:24.85
50m Breast	2:18.68	1:50.00	1:30.03	1:22.16	1:14.35	1:08.35	1:04.58	0:54.16	0:48.12		0:55.56	0:51.52	0:50.34	0:49.37	0:47.76	0:56.29	1:10.19	0:44.84
100m Breast			3:37.83	2:57.62	2:40.48	2:22.66	2:16.66	1:57.20	1:46.04		1:59.41	1:51.55	1:43.92	1:47.58	1:46.85	2:05.15	2:29.17	1:38.62
150m IM		8:21.37	5:03.57	4:44.96														
200m IM					5:45.82	4:47.84	4:36.92	4:15.34	3:43.31	3:42.74	4:10.44	3:49.47	3:37.50	3:32.78	3:32.43	4:13.33	5:12.49	3:20.20
GIRLS 12-15 YEARS: 200m & 400m Freestyle																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
200m Free		8:45.78	6:07.91	5:22.83	5:05.57	4:25.20	4:09.67	3:52.63	3:26.17	3:24.20	3:53.53	3:35.37	3:22.62	3:13.81	3:17.85	3:46.84	4:36.08	3:04.52
400m Free						8:40.81	8:18.46	7:59.36	6:58.77	6:59.20	8:04.18	7:11.32	6:52.07	7:03.96	7:02.15	8:30.13	9:42.78	6:27.00
GIRLS 16-18 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:21.48	1:25.62	1:03.54	0:58.61	0:54.08	0:48.62	0:47.26	0:43.28	0:38.71	0:38.45	0:42.12	0:38.70	0:37.69	0:38.88	0:37.11	0:40.98	0:48.06	0:34.44
100m Free	2:55.38	3:04.95	2:19.09	2:05.85	1:56.42	1:44.09	1:41.62	1:35.10	1:24.47	1:22.50	1:34.37	1:24.96	1:21.36	1:20.29	1:21.12	1:30.43	1:38.18	1:15.21
200m Free		7:57.70	5:34.27	4:53.31	4:37.63	4:06.19	3:51.78	3:35.95	3:14.01	3:12.16	3:38.42	3:21.43	3:10.67	3:02.38	3:06.19	3:33.46	4:19.80	2:52.58
400m Free						8:03.47	7:42.73	7:25.00	6:34.08	6:34.48	7:32.86	6:43.42	6:27.78	6:38.96	6:37.26	8:00.05	9:08.42	6:01.96
50m Back	1:45.61	1:34.26	1:16.97	1:10.93	0:59.02	0:55.87	0:56.76	0:47.82	0:45.42	0:44.94	0:51.04	0:45.98	0:43.01	0:42.98	0:41.63	0:50.25	1:00.82	0:39.07
100m Back	3:51.17	3:21.74	2:46.58	2:44.95	2:27.49	1:58.67	1:58.71	1:41.64	1:35.65	1:33.45	1:46.85	1:36.08	1:31.72	1:30.89	1:28.84	1:50.01	2:13.02	1:23.09
50m Fly				1:03.85	1:00.59	0:51.61	0:49.28	0:45.74	0:39.94	0:40.27	0:47.88	0:42.46	0:39.70	0:43.17	0:38.99	0:43.34	0:54.94	0:35.53
100m Fly							1:57.49	1:41.88	1:28.66	1:28.83	1:49.33	1:31.79	1:28.29	1:29.40	1:30.38	1:39.77	2:09.16	1:20.26
50m Breast	2:08.74	1:42.12	1:23.58	1:16.27	1:09.02	1:04.32	1:00.77	0:50.97	0:45.71		0:52.55	0:48.72	0:47.82	0:46.90	0:45.36	0:53.47	1:06.68	0:42.41
100m Breast			3:22.22	2:44.88	2:28.98	2:14.25	2:08.60	1:50.29	1:40.73		1:52.94	1:45.51	1:38.72	1:42.20	1:41.50	1:58.88	2:21.70	1:33.28
150m IM		7:41.08	4:39.18	4:22.06														
200m IM					5:18.03	4:29.22	4:19.01	3:58.81	3:31.22	3:30.68	3:55.68	3:35.94	3:25.72	3:21.26	3:20.92	3:59.61	4:55.56	3:08.40

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BOYS 12-13 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	2:00.08	1:35.33	1:13.04	1:07.02	0:55.20	0:48.85	0:45.11	0:43.30	0:37.94	0:36.76	0:41.55	0:37.80	0:36.83	0:38.37	0:36.73	0:39.26	0:46.97	0:34.88
100m Free	4:15.64	3:20.69	2:54.45	2:28.57	2:04.67	1:47.22	1:41.95	1:35.49	1:22.91	1:20.39	1:32.32	1:23.70	1:20.40	1:21.07	1:21.31	1:26.89	1:44.86	1:16.29
50m Back	1:52.85	1:28.78	1:19.44	1:17.15	0:59.13	0:53.81	0:55.68	0:51.25	0:44.15	0:44.22	0:50.44	0:45.69	0:41.61	0:42.02	0:41.19	0:48.07	0:57.80	0:38.72
100m Back	4:00.92	3:18.09	2:54.71	2:56.05	2:23.49	2:01.13	1:55.59	1:46.96	1:34.80	1:30.78	1:48.25	1:37.04	1:29.47	1:29.72	1:28.99	1:46.63	2:05.18	1:24.84
50m Fly				1:11.56	0:56.99	0:51.11	0:48.58	0:47.14	0:41.35	0:39.48	0:45.67	0:41.50	0:38.94	0:39.15	0:39.29	0:41.46	0:49.29	0:36.62
100m Fly							1:51.97	1:41.21	1:30.78	1:25.96	1:39.73	1:33.31	1:25.28	1:26.01	1:25.56	1:33.09	1:56.79	1:21.30
50m Breast	2:27.59	1:35.33	1:27.50	1:19.82	1:15.25	0:59.76	0:54.65	0:53.98	0:46.29		0:51.54	0:49.80	0:45.30	0:47.81	0:44.11	0:50.18	1:04.07	0:42.67
100m Breast			3:26.90	2:53.08	2:40.22	2:12.68	2:00.25	1:54.59	1:41.63		1:55.22	1:45.34	1:38.16	1:39.61	1:35.24	1:54.56	2:22.47	1:33.52
150m IM		6:47.66	5:20.38	4:42.34														
200m IM					5:33.10	4:41.24	4:24.94	4:10.31	3:37.08	3:26.55	3:55.99	3:43.78	3:20.63	3:27.11	3:22.77	3:49.69	4:46.98	3:14.94
BOYS 14-15 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:49.10	1:26.61	1:06.36	1:00.89	0:50.15	0:45.35	0:41.88	0:40.19	0:35.70	0:34.60	0:38.86	0:35.35	0:34.66	0:36.11	0:34.57	0:36.94	0:44.20	0:32.15
100m Free	3:52.27	3:02.33	2:38.50	2:14.99	1:53.27	1:39.53	1:34.64	1:28.64	1:18.02	1:15.65	1:26.35	1:18.29	1:15.66	1:16.29	1:16.51	1:21.77	1:38.68	1:11.35
50m Back	1:42.53	1:20.66	1:12.18	1:10.09	0:53.73	0:49.96	0:51.69	0:47.57	0:41.54	0:41.62	0:47.18	0:42.73	0:39.15	0:39.54	0:38.76	0:45.23	0:54.39	0:36.21
100m Back	3:38.89	2:59.97	2:38.74	2:39.95	2:10.37	1:52.45	1:47.31	1:39.29	1:29.21	1:25.43	1:41.25	1:30.76	1:24.19	1:24.43	1:23.74	1:40.34	1:57.80	1:19.35
50m Fly				1:05.01	0:51.78	0:47.45	0:45.10	0:43.76	0:38.91	0:37.15	0:42.72	0:38.81	0:36.64	0:36.84	0:36.97	0:39.02	0:46.38	0:34.25
100m Fly							1:43.94	1:33.96	1:25.43	1:20.89	1:33.28	1:27.27	1:20.25	1:20.93	1:20.52	1:27.60	1:49.90	1:16.04
50m Breast	2:14.10	1:26.61	1:19.50	1:12.52	1:08.36	0:55.48	0:50.73	0:50.11	0:43.56		0:48.21	0:46.58	0:42.63	0:44.99	0:41.51	0:47.22	1:00.29	0:39.90
100m Breast			3:07.98	2:37.25	2:25.57	2:03.17	1:51.63	1:46.37	1:35.63		1:47.77	1:38.52	1:32.38	1:33.74	1:29.63	1:47.81	2:14.07	1:27.47
150m IM		6:04.41	4:46.39	4:12.38														
200m IM					4:57.76	4:18.64	4:03.65	3:50.20	3:23.03	3:13.19	3:39.08	3:27.74	3:07.65	3:13.71	3:09.65	3:34.83	4:28.42	3:00.96
BOYS 12-15 YEARS: 200m & 400m Freestyle																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
200m Free		6:56.95	5:55.79	5:10.24	4:30.36	3:59.72	3:44.52	3:37.44	3:05.52	3:01.69	3:24.83	3:14.60	2:55.15	2:56.68	2:58.66	3:17.81	4:03.51	2:47.70
400m Free						8:12.05	7:43.51	7:24.15	6:36.74	6:17.34	7:08.84	6:44.38	6:13.93	6:29.66	6:10.53	7:07.88	8:40.99	6:01.83
BOYS 16-18 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:41.28	1:20.40	1:01.61	0:56.53	0:46.56	0:42.68	0:39.41	0:37.82	0:33.91	0:32.86	0:36.75	0:33.44	0:32.92	0:34.30	0:32.84	0:35.09	0:41.99	0:30.41
100m Free	3:35.62	2:49.26	2:27.14	2:05.31	1:45.15	1:33.66	1:29.06	1:23.41	1:14.11	1:11.86	1:21.67	1:14.05	1:11.87	1:12.47	1:12.68	1:17.68	1:33.74	1:07.49
200m Free		6:18.83	5:23.25	4:41.87	4:05.64		3:28.43	3:21.85	2:54.58	2:50.98	3:11.57	3:02.01	2:44.83	2:46.26	2:48.13	3:06.14	3:49.15	2:36.85
400m Free						7:36.77	7:10.28	6:52.31	6:13.35	5:55.09	6:41.09	6:18.21	5:51.88	6:06.68	5:48.68	6:42.65	8:10.27	5:38.42
50m Back	1:35.18	1:14.88	1:07.00	1:05.07	0:49.88	0:47.01	0:48.64	0:44.77	0:39.46	0:39.53	0:44.62	0:40.42	0:37.19	0:37.56	0:36.82	0:42.97	0:51.67	0:34.25
100m Back	3:23.20	2:47.07	2:27.36	2:28.49	2:01.02	1:45.82	1:40.99	1:33.44	1:24.74	1:21.15	1:35.76	1:25.84	1:19.97	1:20.20	1:19.55	1:35.31	1:51.90	1:15.05
50m Fly				1:00.35	0:48.07	0:44.65	0:42.44	0:41.18	0:36.96	0:35.29	0:40.41	0:36.71	0:34.81	0:34.99	0:35.12	0:37.06	0:44.06	0:32.39
100m Fly							1:37.81	1:28.42	1:21.15	1:16.84	1:28.23	1:22.54	1:16.23	1:16.88	1:16.48	1:23.21	1:44.39	1:11.92
50m Breast	2:04.48	1:20.40	1:13.80	1:07.32	1:03.46	0:52.21	0:47.74	0:47.16	0:41.38		0:45.60	0:44.06	0:40.50	0:42.74	0:39.43	0:44.85	0:57.27	0:37.74
100m Breast			2:54.50	2:25.98	2:15.14	1:55.90	1:45.04	1:40.10	1:30.84		1:41.93	1:33.19	1:27.75	1:29.04	1:25.14	1:42.41	2:07.35	1:22.73
150m IM		5:35.13	4:23.38	3:52.10														
200m IM					4:33.83	4:01.91	3:47.88	3:35.30	3:12.03	3:02.73	3:26.16	3:15.49	2:57.49	3:03.22	2:59.38	3:23.19	4:13.88	2:50.29

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MEN	EVENT	WOMEN
24.51	50m Freestyle	27.56
53.96	100m Freestyle	59.54
1:57.14	200m Freestyle	2:10.63
4:10.70	400m Freestyle	4:36.95
8:41.49	800m Freestyle	9:17.66
16:37.10	1500m Freestyle	17:55.51
28.28	50m Backstroke	31.96
1:01.14	100m Backstroke	1:08.31
2:13.10	200m Backstroke	2:27.54
31.30	50m Breaststroke	35.71
1:09.08	100m Breaststroke	1:17.73
2:31.60	200m Breaststroke	2:47.16
26.14	50m Butterfly	29.35
58.68	100m Butterfly	1:05.03
2:11.95	200m Butterfly	2:27.04
2:13.92	200m Individual Medley	2:26.80
4:49.72	400m Individual Medley	5:12.76
RELAYS		
3:40.00	4 x 100m Free	4:01.00
7:55.00	4 x 200m Free	8:45.00
4:00.00	4 x 100m Medley	4:29.00
4:12.00	MIXED 4 x 100m Medley	4:12.00

Age as at 6th April 2026.

Only Long Course times will be accepted.

Qualifying times must be achieved after 1st January 2025.

Entries close 12noon (midday) AEDT Friday 20th March 2026 - Times achieved after the closing date will not be accepted under any circumstances.

NOTE: SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.

WOMEN																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:16.68	1:20.58	0:59.80	0:55.15	0:50.89	0:46.19	0:44.90	0:41.11	0:37.02	0:36.78	0:39.30	0:36.12	0:36.05	0:37.19	0:35.49	0:39.20	0:45.97	0:32.74
100m Free	2:45.04	2:54.04	2:10.89	1:58.43	1:49.56	1:38.87	1:36.53	1:30.33	1:20.79	1:18.91	1:28.06	1:19.27	1:17.82	1:16.79	1:17.59	1:26.49	1:33.91	1:11.71
200m Free		7:23.46	5:10.31	4:32.29	4:17.73	3:51.67	3:38.11	3:23.22	3:04.30	3:02.54	3:21.55	3:05.87	3:01.12	2:53.24	2:56.86	3:22.77	4:06.79	2:43.24
400m Free						7:34.97	7:15.44	6:37.78	6:14.34	6:14.73	6:57.88	6:12.26	6:08.35	6:18.98	6:17.36	7:36.00	8:40.95	5:42.35
50m Back	1:39.38	1:28.70	1:12.43	1:06.74	0:55.54	0:53.07	0:53.92	0:45.42	0:43.44	0:42.98	0:47.62	0:42.90	0:41.14	0:41.11	0:39.82	0:48.06	0:58.17	0:37.25
100m Back	3:37.54	3:09.85	2:36.76	2:35.22	2:18.79	1:52.72	1:52.77	1:36.55	1:31.49	1:29.39	1:39.70	1:29.66	1:27.73	1:26.93	1:24.97	1:45.22	2:07.22	1:19.22
50m Fly				1:00.08	0:57.02	0:49.03	0:46.81	0:43.45	0:38.21	0:38.52	0:44.68	0:39.62	0:37.97	0:41.29	0:37.30	0:41.45	0:52.55	0:33.88
100m Fly							1:51.60	1:36.77	1:24.80	1:24.96	1:42.02	1:25.65	1:24.45	1:25.50	1:26.44	1:35.43	2:03.53	1:16.52
50m Breast	2:01.15	1:36.10	1:18.65	1:11.78	1:04.95	1:01.10	0:57.72	0:48.42	0:43.72		0:49.04	0:45.47	0:45.74	0:44.86	0:43.39	0:51.14	1:03.78	0:40.44
100m Breast			3:10.30	2:35.16	2:20.19	2:07.52	2:02.16	1:44.76	1:36.35		1:45.39	1:38.45	1:34.42	1:37.75	1:37.08	1:53.71	2:15.53	1:28.93
150m IM		7:25.17	4:29.54	4:13.02														
200m IM					5:07.05	4:21.52	4:11.60	3:51.99	3:26.06	3:25.54	3:43.87	3:25.13	3:20.70	3:16.34	3:16.02	3:53.76	4:48.35	3:03.44

MEN																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:35.30	1:15.66	0:57.97	0:53.19	0:43.81	0:40.54	0:37.43	0:35.93	0:32.44	0:31.43	0:34.30	0:31.20	0:31.49	0:32.80	0:31.41	0:33.56	0:40.16	0:29.00
100m Free	3:22.90	2:39.28	2:18.46	1:57.92	1:38.95	1:28.97	1:24.60	1:19.24	1:10.89	1:08.73	1:16.21	1:09.10	1:08.74	1:09.31	1:09.52	1:14.29	1:29.66	1:04.34
200m Free		5:51.67	5:00.08	4:21.67	3:48.03	3:29.42	3:16.14	3:09.95	2:45.84	2:42.42	2:56.78	2:47.95	2:36.57	2:37.93	2:39.71	2:56.82	3:37.67	2:28.36
400m Free						7:09.84	6:44.91	6:08.57	5:54.65	5:37.31	6:10.11	5:49.00	5:34.26	5:48.32	5:31.22	6:22.49	7:45.71	5:20.09
50m Back	1:29.57	1:10.46	1:03.05	1:01.23	0:46.94	0:44.66	0:46.20	0:42.53	0:37.74	0:37.81	0:41.64	0:37.72	0:35.57	0:35.93	0:35.22	0:41.10	0:49.42	0:32.66
100m Back	3:11.22	2:37.22	2:18.67	2:19.73	1:53.89	1:40.52	1:35.92	1:28.76	1:21.05	1:17.62	1:29.36	1:20.10	1:16.49	1:16.71	1:16.09	1:31.16	1:47.03	1:11.55
50m Fly					0:56.79	0:45.23	0:40.31	0:39.12	0:35.36	0:33.75	0:37.70	0:34.26	0:33.29	0:33.47	0:33.59	0:35.45	0:42.14	0:30.88
100m Fly							1:32.92	1:23.99	1:17.62	1:13.49	1:22.33	1:17.02	1:12.91	1:13.53	1:13.15	1:19.59	1:39.85	1:08.57
50m Breast	1:57.14	1:15.66	1:09.45	1:03.35	0:59.72	0:49.59	0:45.35	0:44.80	0:39.58		0:42.55	0:41.11	0:38.73	0:40.88	0:37.72	0:42.90	0:54.78	0:35.99
100m Breast			2:44.21	2:17.37	2:07.17	1:50.10	1:39.78	1:35.09	1:26.89		1:35.11	1:26.96	1:23.93	1:25.16		1:21.43	1:37.95	2:01.81
150m IM		5:23.56	4:14.29	3:44.09														1:18.88
200m IM					4:24.38	3:54.99	3:41.37	3:29.15	3:07.35	2:58.27	3:15.83	3:05.70	2:53.16	2:58.75	2:55.00	3:18.23	4:07.68	2:45.81

Age as at 6th April 2026.

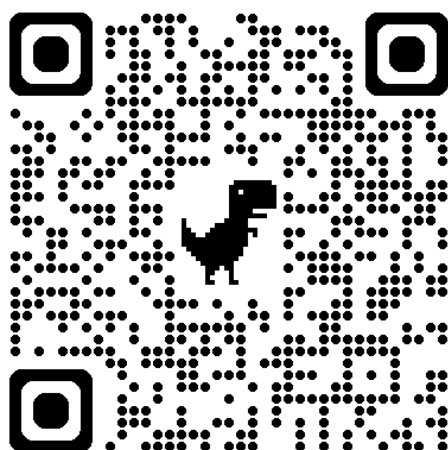
Only Long Course times can be used to enter this event.

Qualifying times must be achieved after 1st January, 2025.

Entries close 12noon (midday) AEDT Friday 20th March 2026 - Times achieved after the closing date will not be accepted under any circumstances.

NOTE: SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.

Results on Meet Mobile
[Or view pdf Results here:](#)



Thank You.

We hope that you enjoyed
swimming with us.

Looking forward to seeing you
again at our
2025 Ballarat Gold LC Meet
on Sunday 16th November 2025