



**BALLARAT GOLD
SWIMMING CLUB**

Takes pleasure in presenting the

2025 Ballarat Gold LC Meet

*A proposed qualifying meet to be held on Sunday 16th November
2025 At the Ballarat Aquatic & Lifestyle Centre
Doors open 9am, Warm up from 9:15am, Racing Starts 10am*

 **BALLARAT GOLD
SWIMMING CLUB**

**LONG COURSE
SWIM MEET**

Ballarat Aquatic and Lifestyle Centre
Gillies St Nth, Ballarat
Doors open 9am, warm up 9:15am
Morning Session Start Time: 10am

**Last Chance Qualifier for
State Sprints**

16TH NOVEMBER

enter via: [Swim Central](#)



Ballarat Gold acknowledges the support of the following sponsors and partner organisations



Mark Stahl
Swim School



Thank you for your continued Support

Welcome

The Members and Committee of Ballarat Gold Swimming Club welcome all competitors to Ballarat for our club's '2025 Ballarat Gold LC Meet'. We wish everyone an enjoyable day at the Ballarat Aquatic and Lifestyle Centre and hope that you all achieve the goals that you have set for today.

We would like to thank our Technical Officials and other Volunteers who have provided their time today to allow us to run a Qualifying Meet. Additionally, thanks to our timekeepers, without whom we would not be able to run the meet.

Ballarat Gold appreciates the support that the following clubs and their members have shown for this meet.

Ararat Swimming Club

Ballarat GCO Swimming Club

Ballarat Gold Swimming Club

Ballarat Swimming Club

Bendigo Hawks Aquatic

CA Tritons

Essendon District Aquatic

Flyers Swim Team

Geelong Swimming Club

Gisborne Thunder Swimming Club

Horsham Swimming Club

Kangaroo Flat

Melton Swimming Club

PLC Aquatics

Warrnambool Swimming Club

Westbourne Swim Club

The '2025 Ballarat Gold LC Meet' is being held on the lands of the Wadawurrung people and Ballarat Gold Swimming Club wishes to acknowledge them as Traditional Owners. We would also like to pay our respects to their Elders, past and present, and to Aboriginal Elders of other communities who may be here today.



BALLARAT GOLD
SWIMMING CLUB

MENU

Sausage in bread +/- onion \$3.50

Soft drink \$2.50

Water \$2.50

Fruit box \$2.50

RAFFLE TICKETS

\$2 each or 3 for \$5



Thank you for supporting Ballarat Gold



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BALLARAT GOLD SWIMMING CLUB

Presents

2025 Ballarat Gold Long Course Meet

A proposed long course qualifying meet.

Offering a 'Last Chance' to Qualify for the Victorian Sprint Championships

Sunday 16th November 2025 at

Ballarat Aquatic and Lifestyle Centre, Gillies St North, Ballarat

Doors open 9.00am, warm up 9.15 am, start 10.00am

Entry is via double doors at the North end of the 50m competition pool

Program of events

Event #		SESSION 1	Event #		SESSION 2
Female	Male	Event	Female	Male	Event
1		Mixed Open 400m IM*	14	15	Open 200m Freestyle
2		Mixed Open 400m Freestyle*	16	17	Open 100m Butterfly
3	4	Open 50m Breaststroke	18	19	Open 50m Backstroke
5	6	Open 100m Backstroke	20		Mixed Open 200m Breaststroke
7		Mixed Open 200m Butterfly	21	22	Open 100m Freestyle
8	9	Open 50m Freestyle	23	24	Open 50m Butterfly
10	11	Open 100m Breaststroke	25	26	Open 200m IM
12		Mixed Open 200m Backstroke	27		Mixed Open 4x50m Freestyle Relay
13		Mixed Open 4x50m Medley Relay	'Last Chance' Sprint Events^		
BREAK					

*Events 1/2 may be combined. Limit of 5 combined heats, open to the first 40 swimmers to enter.
Only enter EITHER Event 1 OR Event 2, do NOT enter both.

All enquiries to Jo Peters, entries@ballaratgold.org.au, 0438 823 965



Conditions of Entry

Entries:

Meet open to SAL registered swimmers only.

Age of competitors is as at date of meet.

ONLINE entries via [Swim Central](#).

\$15 inc GST per event

Closing date Sunday 9th November at 6pm

The Meet Director reserves the right to cancel/ merge events or alter the program as required.

Ballarat Gold Swimming Club reserves the right to close online entries early to accommodate time constraints.

*Events 1/2 maybe combined. Limit of 5 combined heats, open to the first 40 swimmers to enter.

Only enter EITHER Event 1 OR Event 2, do NOT enter both.

Meet:

Meet to be conducted under the rules of Swimming Australia and Swimming Victoria.

One start rule applies.

The SV [11 & Under swim suit rule](#) will apply to this meet.

The Referees decisions will be final.

Backstroke ledges will be available for use at this Meet.

All events are timed finals with points awarded to the top 8 swimmers in the following categories:

9&U, 10/11, 12/13, 14/15, 16/17, 18&O for both male and female swimmers. Medals for 1st, 2nd & 3rd aggregate in each category will be presented at the conclusion of the meet.

Ribbons for Individual Events.

^"Last Chance" events may be offered at the end of the Meet for Swimmers who have just missed a State Sprint Qualifying time if there is sufficient interest. Entries for these events will be taken at the Meet. "Last Chance" events do not score points or have ribbons.

Relays:

Mixed relay – minimum 1 girl/team.

Email relay entry details to entries@ballaratgold.org.au by Tuesday 11th November.

Relay entries are \$20 inc GST per team. No restrictions on the number of teams entered

Relay payments -Direct deposit to Ballarat Gold SC Inc. BSB 633-000, Account No.1083-32453 using "LCRelay club name" as a reference. Please forward remittance advice to

entries@ballaratgold.org.au

General:

Program, timeline and athlete roster available no later than two days prior to competition from [Swim Central](#) and [Ballarat Gold Website](#)

Free spectator entry. Grandstand seating available.

By entering this Meet, competitors agree to adhere to the Terms & Conditions listed in this Flyer.

Pop-up shops in Courtyard: Ballarat Gold BBQ & 2nd Hand shop





2025 Ballarat Gold Long Course Meet

Club Timekeeper Lane Allocation

The smooth running of this Meet is reliant on Volunteer Timekeepers. Your assistance in this matter is greatly appreciated. Please can all clubs listed below ensure that, unless otherwise specified, they have supplied **TWO** timekeepers to the correct lane for the duration of the meet. Please can other clubs, that are not listed below, step up to fill any timekeeping gaps that may arise on the day. Thanks.

Timekeepers should be ready to take their seats at the conclusion of warm up for the first session. Timekeepers should take their seats 5 minutes prior to the commencement of the second session after the break. Please listen carefully for the starting time of the second session since this could be subject to change on the day of the meet. Timekeepers should bring their own water bottle and snacks as required. All Timekeepers should record their name, club and time period they were on duty in the Timekeeper log for their lane (in the clipboard). Timekeepers may be asked to operate backstroke ledges – please familiarise yourself with instructions for use. When used, backstroke ledges should be removed from the pool immediately after the start of each heat.

Please see our Chief Timekeeper, Yulianna Hocking in Session 1 & Steph Kellio in Session 2, if there are any issues on the day of the Meet.

Lane	Session 1 (10am –11.53ish)	Session 2 (12.30ish – 3ish)
1	Warranambool	Warrnambool
2	Ballarat SC/BGCO	Ballrat SC/BGCO
3	Warrnambool	Warrnambool
4	BGOLD	BGOLD
5	BGOLD	BGOLD
6	BGOLD	BGOLD
7	BGOLD	BGOLD
8	BGOLD	BGOLD

Note: We will need timekeepers for the 'last chance' events which will be run after Event 27 Mixed Open 200 Freestyle Relay. Please ensure all clubs have adequate timekeepers for this event.

Please listen for announcements calling for timekeepers at the Meet.

Please step up if you hear an announcement calling for additional timekeepers

Having an insufficient number of timekeepers will delay the Meet and may result in the Meet not achieving Qualifying Status. 2 timekeepers/lane are required at all times.

THANK YOU FOR VOLUNTEERING YOUR TIME



Timing Equipment Operation Instructions for Timekeepers

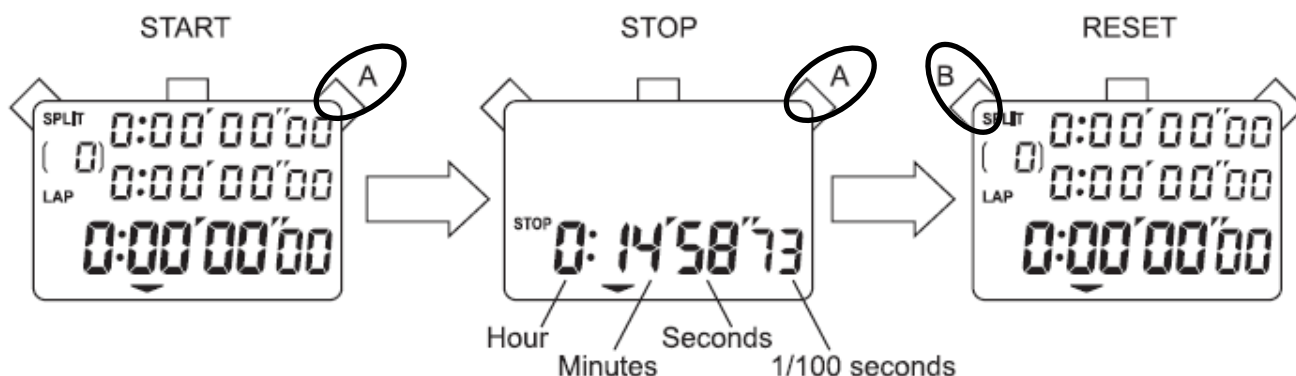
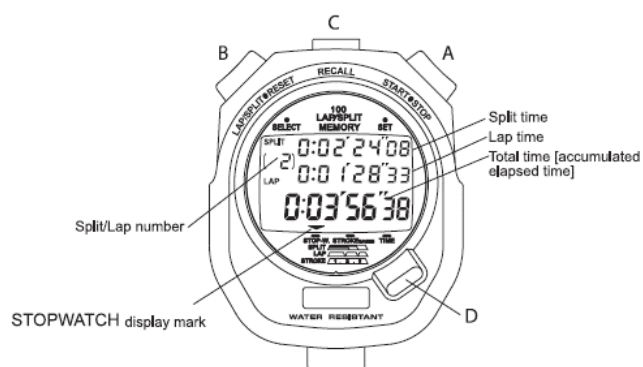
Automatic Timing Equipment

The Start is automatic with the Starters signal. Timekeepers are required to press the black button on the red handpiece when any part of the swimmer in their lane touches the wall on the final lap.



Manual Stopwatch

1. Ensure that the watch is reset and displaying zero prior to the start of the race.
2. Press the Start/Stop button (A) on the Starters signal (watch for the light on top of the Starting unit).
3. Press the Start/Stop button (A) at the End of the race. Please record this time on the Meet Program in the black clipboard
4. Press the Reset button (B) in preparation for the next race.



BACKSTROKE START LEDGES

Backstroke ledges will be installed and available to all swimmers.

Their use is optional at the discretion of each swimmer.

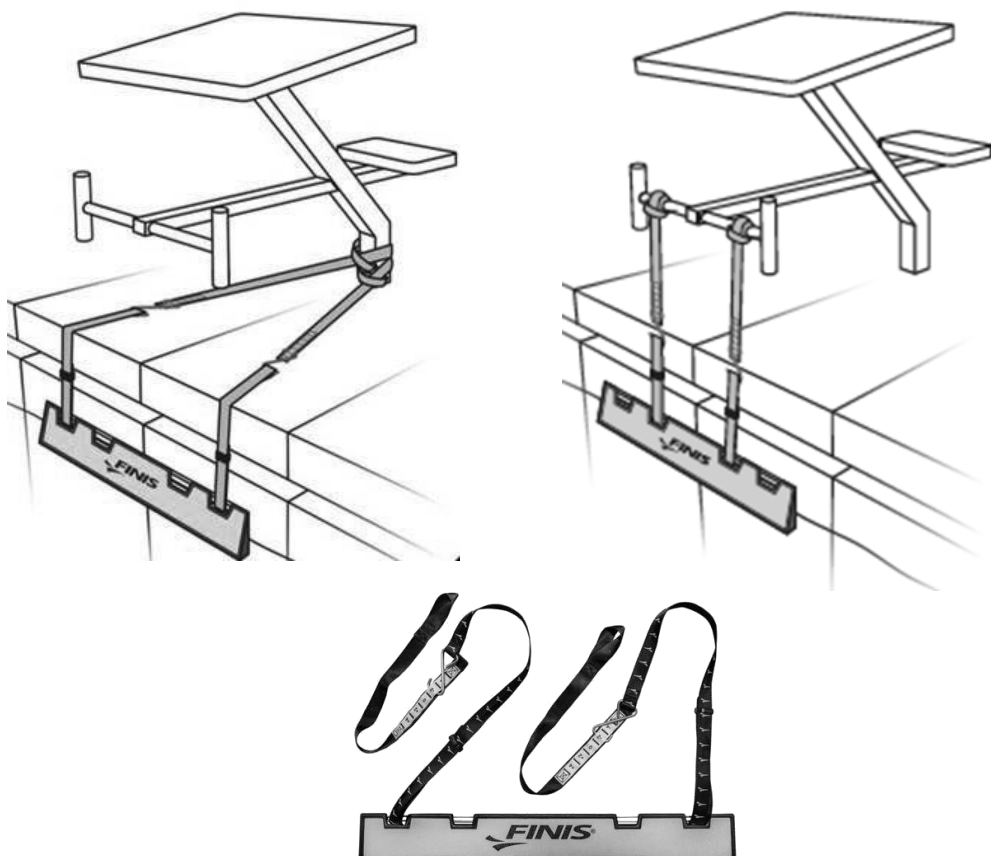
Technical officials (or timekeepers) will place the ledge in the water. This should not be undertaken by swimmers.

Swimmers may adjust the ledge once it is in the water using the hook on each strap.

When using a backstroke ledge at the start, the toes of both feet must be in contact with the face of the touchpad.

Once the race has started the ledge must be removed from the water. If the next heat is Backstroke, place the ledge on top of the block, otherwise it should be placed under the block. This should be done by timekeeper or technical official.

If a swimmer does not wish to use the ledge, they should ask the official (or timekeeper) to remove the ledge from the water prior to the start of the race.





BALLARAT GOLD
SWIMMING CLUB

Opportunity to have another go - 'Last Chance' Events following relays at the end of the Meet

We will be holding 'Last Chance' Events following the final Relay event of the day to allow Swimmers another chance to gain their State Sprint qualifying times.

Entries for the Last Chance events will be taken during the Meet and will cost \$20 per entry. Swimmers need to be within 1 second of the relevant qualifying time to enter.

A 'Last Chance' Entry form must be completed and submitted to the Recording Desk **BEFORE** the completion of Event 24 Boys Open 50 Fly.

Entry forms can be found at the ribbons desk

Note: We will need timekeepers for this 'last chance' event. Please ensure all clubs have adequate timekeepers as per the Club Timekeeping Lane Allocation.

EVENT SPONSORS





2025 Ballarat Gold LC Meet

Swimmer Marshalling Procedure

A formal Marshalling process will be in operation at this Meet. All swimmers should Marshall in the Old Grandstand next to the 25m pool (see venue map)

Please listen for announcements and keep an eye on the Marshalling board to know when to go to the Marshalling Area. The Meet program will be displayed on the wall of the Old Grandstand or swimmers can ask the Marshalling assistants for help.

To assist with marshalling, we recommend swimmers arrive at the event prepared with the following information that they will need for marshalling:

- Event number/s
- Heat number/s
- Lane number/s

It is a good idea for swimmers to write all event/heat/lane numbers on their arm, in that order.

Warm-up Procedure

Pool deck access will be from 9am

Warm up from 9:15 – 9:45am in both pools.

The competition pool will be cleared at 9:45am, ready for racing to start at 10am.

There will be 2 lanes available in the old 25m pool throughout the meet for swimmers to warm up and cool down.

The competition pool will be available for warmup during the break between sessions. It will be cleared 10 minutes prior to the start of the next session.

Swimmers are asked to please comply with any requests to clear the pool.

All coaches and swimmers should be aware of the general warm up procedures for meets.

- Initial warm up with no dive entries, feet first entry into water.
- Swimmers must swim in a clockwise direction.
- Starts are to be conducted in lanes 1 and 8 (under coaches' supervision) for the last 10 minutes of warmup in the competition pool. These are to be treated as walk back lanes.
- The request to clear the competition pool must be obeyed immediately.

Pool Deck Safety

Ballarat Gold Swimming Club requests that pool deck remains clear at all times, for the safety of Technical Officials and to allow them to operate effectively. Attendees should not be standing on pool deck, with the exception of swimmers receiving feedback from their coach. Please remain seated as much as possible and be aware that those around you also wish to have a good view of the pool. Thank you for being courteous and considerate.

Coaches Seating

Coaches have priority access to the first row of seats in the Grandstand. If you choose to sit in this row, please move if requested to do so by a coach from ANY club.

11 & UNDER TECHNICAL/PERFORMANCE SUIT POLICY



Swimming Victoria, alongside Swimming Australia, is committed to creating a welcoming and inclusive swimming environment for all competitive members. In 2021, Swimming Australia introduced an [Inclusive Swimming Policy](#) with the aim to ensure:

- All Australians feel welcome safe, valued, and celebrated in swimming.
- All Australians can participate in the role and at the level of their choice in swimming.
- Australia's diversity is reflected in swimming.

Swimming Victoria have adopted this framework for all competitions run under the Swimming Victoria rules.

In addition to this framework, the Swimming Victoria Competitions & Events By-Law states that:

'Competitors 11 years and under are not permitted (or allowed) to wear a technical/performance suit in SV hosted competitions'.

This also extends to all competitions run under the Swimming Victoria rules.

Swimming Victoria believe that in order to keep young swimmers in our sport, we need to be providing an environment that encourages them and keeps the level of competition and pressure appropriate for their age. Further rationale for this policy is outlined below.

What is a Technical/Performance Suit?

Technical/Performance racing suits are typically manufactured using scientifically advanced materials. Materials of this type are normally comprised of spandex and nylon composite fabrics with features to reduce 'drag' against the water, reduce absorption of water and are highly compressive to increase the athlete's glide through the water.

The design of these suits also typically includes features like special seams and tape to optimise performance. Traditional one-piece race suits for girls as well as briefs and trunks for boys are not technical/performance suits and are permitted under this policy. Knee length suits and 'jammers' (suits that end closer to the knee than the hip) will be permitted provided they do not feature the key components of a technical/performance swimsuit.

The key, easily- identifiable component/s of a technical/performance suit that should be used when differentiating what is, and is not, permitted are the following:

- Bonded/Sealed seams
- Meshed seams
- Kinetic tape.

The below photographs are examples of swimsuit seaming which is **not permitted** for swimmers aged 11 and under.



The below images are examples of swimwear which **are permitted** for athletes aged 11 and under, noting the stitching is raised on the outside of the fabric.



It should be noted that some permitted swimwear is FINA approved and will have a FINA barcode attached to the back of the suit. FINA approved swimwear can be worn permitted it is not classed as a technical/performance suit. The differentiation between these suits is the fabric and stitching, as described above.

The rationale behind this decision by Swimming Victoria is outlined below.

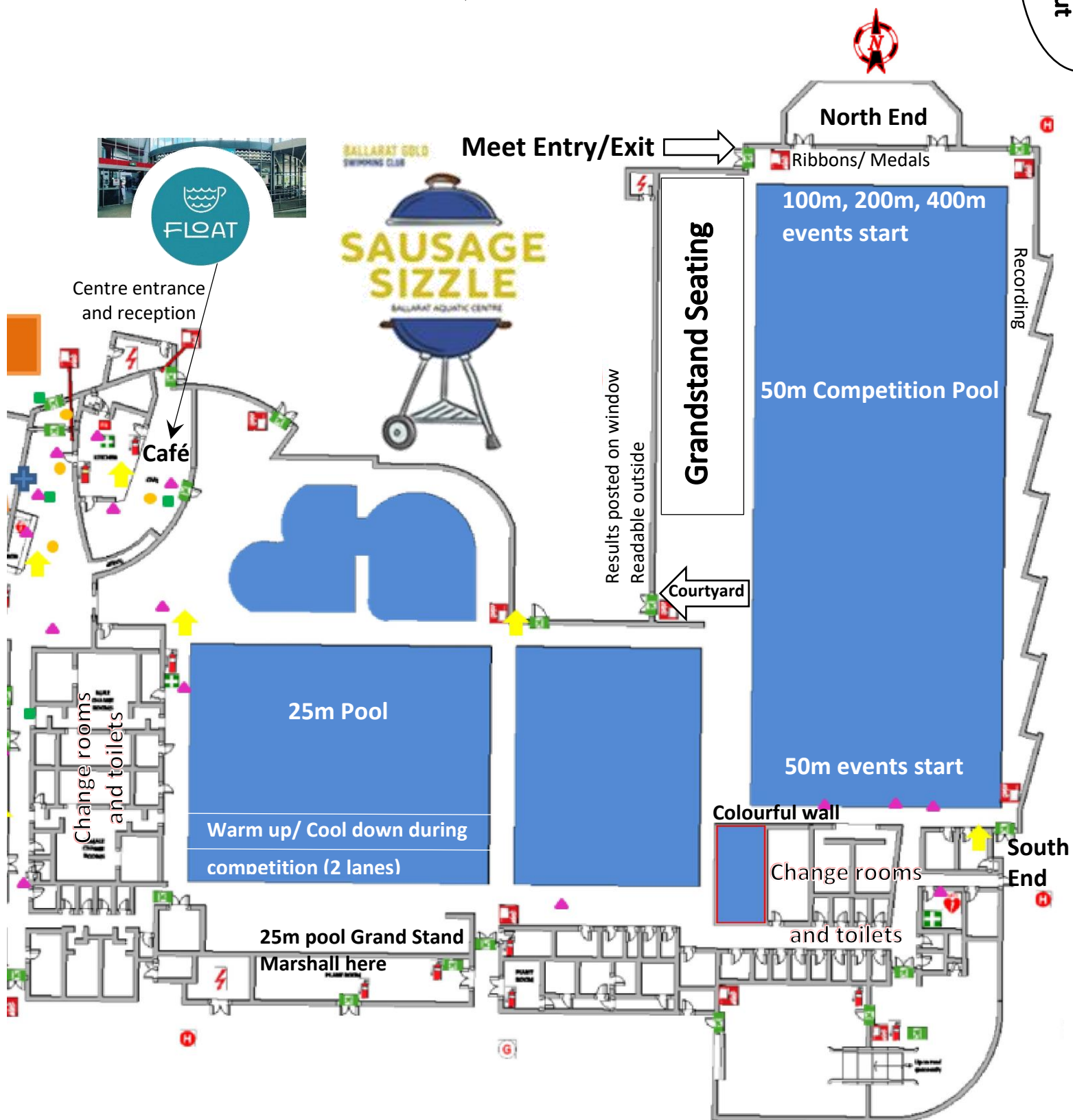
1. There is no documented evidence that supports any benefits of performance/technical suits for athletes 11 years and under.
2. Personal best times should not be the only evaluation or measure of success for younger swimmers. Technique and skill development is essential for long-term swimmer development. It is crucial that as swimmers progress through the sport, they have developed a strong foundation in technique and stroke development to enable them to achieve higher results in the latter years of their career.
3. The cost of technical suits makes them unattainable for many families. Swimming Victoria does not want to add any extra financial pressure on parents with unnecessary purchases. We understand that for various reasons, cost of suits may not be an issue for all swimmers however, in order to effectively police this change, we must restrict all suits of this style.
4. These suits aren't designed for young swimmers. The manufacturers design these suits for older athletes. One of the main benefits of wearing a technical suit is for muscle compression. Swimmers, who are not yet developed, are not impacted by this benefit. Swimmers cannot 'grow into' these suits.
5. A common misconception amongst younger swimmers is that without a technical suit, a swimmer cannot swim fast. An age group swimmer does not need a performance suit to swim fast. Swimmers will improve and attain personal bests regardless of the suit they are wearing due to gradual increases in training and skill development.
6. The aim should be to build mentally strong swimmers, confident in their own ability and training ethic rather than an athlete depending on a technical suit to get an improved result.

For more information on Swimming Australia's Inclusive Swimming Framework and the swimsuits permitted under the Inclusive Swimwear Policy, please [click here](#).



To Car Park

Roundabout



2025 Ballarat Gold Long Course Meet - 16/11/2025
Session Report

Session: 1 Session 1

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 45 Seconds / Back +55 Seconds

Event	Starts at	
*2 Mixed Open 400 Freestyle & 400 IM. Event 1&2 combined	10:00 AM	_____
3 Girls Open 50 Breaststroke	10:20 AM	_____
4 Boys Open 50 Breaststroke	10:30 AM	_____
5 Girls Open 100 Backstroke	10:38 AM	_____
6 Boys Open 100 Backstroke	10:48 AM	_____
7 Mixed Open 200 Butterfly	11:01 AM	_____
8 Girls Open 50 Freestyle	11:04 AM	_____
9 Boys Open 50 Freestyle	11:16 AM	_____
10 Girls Open 100 Breaststroke	11:24 AM	_____
11 Boys Open 100 Breaststroke	11:34 AM	_____
12 Mixed Open 200 Backstroke	11:42 AM	_____
13 Mixed Open 200 Medley Relay	11:47 AM	_____
Swimmers Counts for Warm-ups: 161		
Finish Time	12:02 PM	_____



Official Event Caterer
Providing delicious morsels for the Technical
Officials and Meet Volunteers

* Evt 1 has been combined with the first heat of Event 2

Session and break times are a guide and are subject to change. Please keep an eye on the Marshalling board and listen for announcements.

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 1
Event 2 Mixed Open 400 Freestyle & 400 IM. Event 1&2 combined
Sponsor: X Golf Ballarat

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals Starts at 10:00 AM						
Free 2	Lachlan Kerr	M11	Warrnambool Swimming Club	NT	_____	_____
Free 3	Daniel Hyatt	M12	Warrnambool Swimming Club	NT	_____	_____
4					_____	_____
IM 5	Marley Sutherland	M17	Ballarat Gold Swimming Club In	4:59.48	_____	_____
IM 6	Zoe Schnyder	W16	Ballarat Gold Swimming Club In	5:36.54	_____	_____
IM 7	Evelyn Leung	W12	Plc Aquatic Inc (Victoria)	NT	_____	_____
400Free Heat 2 of 3 Timed Finals Starts at 10:07 AM						
2	Will Kerr	M13	Warrnambool Swimming Club	NT	_____	_____
3	Martin Ma	M12	Ballarat Gold Swimming Club In	6:09.48	_____	_____
4	Estelle Karslake	W14	Ballarat Gco Swimming Club Inc	5:34.67	_____	_____
5	Hannah Ragg	W13	Warrnambool Swimming Club	5:54.29	_____	_____
6	Leah Ross	W17	Ballarat Gold Swimming Club In	NT	_____	_____
7	Lukas Hrebenyuk	M12	Warrnambool Swimming Club	NT	_____	_____
400Free Heat 3 of 3 Timed Finals Starts at 10:14 AM						
2	Byron Morgan	M13	Geelong Swimming Club Incorpor	5:20.75	_____	_____
3	Oliver Anderson	M13	Bendigo Hawks Aquatic	5:02.37	_____	_____
4	William Elliott	M23	Warrnambool Swimming Club	4:44.54	_____	_____
5	Hayden Wilson	M15	Ballarat Gco Swimming Club Inc	5:01.22	_____	_____
6	Jone Greeff	W14	Ballarat Swimming Club Inc	5:20.51	_____	_____
7	Olivia Hayden	W16	Plc Aquatic Inc (Victoria)	5:29.45	_____	_____

Event 3 Girls Open 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals Starts at 10:20 AM						
1					_____	_____
2					_____	_____
3	Charlotte Woods	9	Ballarat Gold Swimming Club In	NT	_____	_____
4	Keren Wu	11	Plc Aquatic Inc (Victoria)	NT	_____	_____
5	Siena Keramaris	11	Warrnambool Swimming Club	NT	_____	_____
6	Charlotte Jacobson	10	Gisborne Thunder Swimming Club	NT	_____	_____
7	Olive McKinnon	9	Flyers Swim Team (Victoria)	NT	_____	_____
8					_____	_____
Heat 2 of 6 Timed Finals Starts at 10:22 AM						
1	Jia Ting Li	12	Ballarat Gold Swimming Club In	NT	_____	_____
2	Pearl Nicholson	13	Ballarat Gold Swimming Club In	NT	_____	_____
3	Maisie Davis	10	Gisborne Thunder Swimming Club	1:05.68	_____	_____
4	Ava Mjeda	9	Warrnambool Swimming Club	59.89	_____	_____
5	Ruby Wakefield	10	Ballarat Swimming Club Inc	1:03.83	_____	_____
6	Charlotte Sansom	8	Horsham Swimming Club Inc	1:14.37	_____	_____
7	Emilia Black	13	Plc Aquatic Inc (Victoria)	NT	_____	_____
8	Mairead Baxter	11	Warrnambool Swimming Club	NT	_____	_____
Heat 3 of 6 Timed Finals Starts at 10:24 AM						
1	Alina Chopra	10	Melton Swimming Club Inc	56.74	_____	_____
2	Sasha Shukla	10	Ballarat Gold Swimming Club In	52.18	_____	_____
3	Lara Alvarez	11	Ballarat Gold Swimming Club In	51.67	_____	_____
4	Susanna Xu	11	CA Tritons Inc	50.69	_____	_____
5	Isabel Meneses Lopez	11	Ballarat Gold Swimming Club In	51.16	_____	_____
6	Allera Dell	11	Ballarat Swimming Club Inc	51.73	_____	_____
7	Nina Yuan	10	Ballarat Gold Swimming Club In	55.36	_____	_____
8	Annie Ryan	12	Warrnambool Swimming Club	58.86	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 1
Heat 4 Timed Finals Starts at 10:25 AM... (Event 3 Girls Open 50 LC Meter Breaststroke)

1	Ingrid Sourivong	12	Ballarat Gold Swimming Club In	48.56	_____	_____
2	Ruby Xing	11	Plc Aquatic Inc (Victoria)	47.26	_____	_____
3	Lily Hills	12	Ballarat Swimming Club Inc	46.51	_____	_____
4	Matisse Aberline	13	Warrnambool Swimming Club	45.78	_____	_____
5	Zoe Braham	11	Ballarat Gold Swimming Club In	46.02	_____	_____
6	Isabella Trigg	14	Ballarat Gco Swimming Club Inc	47.14	_____	_____
7	Bella Leonard	12	Warrnambool Swimming Club	47.48	_____	_____
8	Zoe Pianta	10	Ballarat Gold Swimming Club In	49.81	_____	_____

Heat 5 of 6 Timed Finals Starts at 10:27 AM

1	Stella Snibson	14	Ballarat Gold Swimming Club In	45.30	_____	_____
2	Anna Leighton	25	Ballarat Gold Swimming Club In	44.81	_____	_____
3	Leah Ross	17	Ballarat Gold Swimming Club In	43.55	_____	_____
4	Ka Man Wong	14	Plc Aquatic Inc (Victoria)	42.56	_____	_____
5	Matilda Conheady	12	Warrnambool Swimming Club	43.45	_____	_____
6	Amelia Martin	16	Ballarat Gold Swimming Club In	43.87	_____	_____
7	Grace Sansom	12	Horsham Swimming Club Inc	44.87	_____	_____
8	Riley Poh	15	Plc Aquatic Inc (Victoria)	45.67	_____	_____

Heat 6 of 6 Timed Finals Starts at 10:28 AM

1	Evelyn Gillon	14	Plc Aquatic Inc (Victoria)	41.59	_____	_____
2	Kiera Butterworth	15	Ballarat Gold Swimming Club In	41.51	_____	_____
3	Mikayla Bond	20	Warrnambool Swimming Club	37.62	_____	_____
4	Gemma Bond	17	Warrnambool Swimming Club	35.97	_____	_____
5	Lucinda Draper	17	Plc Aquatic Inc (Victoria)	36.11	_____	_____
6	Georgie Kennett	10	Ballarat Gold Swimming Club In	38.26	_____	_____
7	Evelyn Leung	12	Plc Aquatic Inc (Victoria)	41.57	_____	_____
8	Ruby Kenwright	13	Warrnambool Swimming Club	42.49	_____	_____

Event 4 Boys Open 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 5 Timed Finals Starts at 10:30 AM						
3	Noah Roberts	10	Gisborne Thunder Swimming Club	NT	_____	_____
4	Jaxson Fleming	11	Ballarat Gold Swimming Club In	NT	_____	_____
5	Leigh Taylor	11	Ballarat Gold Swimming Club In	NT	_____	_____
Heat 2 of 5 Timed Finals Starts at 10:31 AM						
1	Aiden Stephens	12	Ballarat Gold Swimming Club In	NT	_____	_____
2	Will Kerr	13	Warrnambool Swimming Club	NT	_____	_____
3	Nelson Cook	9	Warrnambool Swimming Club	1:04.82	_____	_____
4	Reuben Martin	13	Ararat Swimming Club Inc	59.14	_____	_____
5	Thomas Jacobson	10	Gisborne Thunder Swimming Club	1:00.16	_____	_____
6	Hudson Lehne	11	Warrnambool Swimming Club	1:10.70	_____	_____
7	Bilal Mohammed	12	Ballarat Gold Swimming Club In	NT	_____	_____
8	Jensen Beames	11	Ballarat Gold Swimming Club In	NT	_____	_____
Heat 3 of 5 Timed Finals Starts at 10:33 AM						
1	Jack Mahony	10	Ballarat Gold Swimming Club In	56.62	_____	_____
2	Patrick Orton	11	Ballarat Gco Swimming Club Inc	53.97	_____	_____
3	Joseph Parrillo	12	Westbourne Swim Club	51.03	_____	_____
4	Austin Zhang Ho	11	Ballarat Gold Swimming Club In	48.00	_____	_____
5	Oliver Roberts	11	Gisborne Thunder Swimming Club	48.16	_____	_____
6	Tobias Lim	10	Ballarat Gold Swimming Club In	52.43	_____	_____
7	Menzel Cook	10	Warrnambool Swimming Club	56.00	_____	_____
8	William Fee	11	Ballarat Gold Swimming Club In	57.75	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 1
Heat 4 Timed Finals Starts at 10:35 AM... (Event 4 Boys Open 50 LC Meter Breaststroke)

1	Jason Huang	12	Ballarat Gold Swimming Club In	44.25	_____	_____
2	Jasper Anderson	13	Warrnambool Swimming Club	42.10	_____	_____
3	Ethan Bruce	15	Ballarat Gold Swimming Club In	40.89	_____	_____
4	Mason Firth	15	Ballarat Gold Swimming Club In	40.52	_____	_____
5	Jayden Lim	13	Ballarat Gold Swimming Club In	40.57	_____	_____
6	Reuben Greeff	11	Ballarat Swimming Club Inc	42.08	_____	_____
7	Bowie Hughes	14	Essendon District Aquatic	43.09	_____	_____
8	Ted Gladman	11	Ballarat Gold Swimming Club In	47.92	_____	_____

Heat 5 of 5 Timed Finals Starts at 10:37 AM

1	Charlie Tickell	13	Ballarat Gold Swimming Club In	37.91	_____	_____
2	Jack Lanyon	18	Ballarat Gold Swimming Club In	34.78	_____	_____
3	Chase Briggs	18	Ballarat Gold Swimming Club In	34.26	_____	_____
4	Dayne Schnyder	19	Ballarat Gold Swimming Club In	30.53	_____	_____
5	Josh Stahl	24	Ballarat Gold Swimming Club In	32.15	_____	_____
6	Charles Gleeson	18	Warrnambool Swimming Club	34.44	_____	_____
7	Angus Sharpe	16	Gisborne Thunder Swimming Club	36.61	_____	_____
8	Max Ravisa	15	Ballarat Gold Swimming Club In	38.64	_____	_____

Event 5 Girls Open 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 3 Timed Finals Starts at 10:38 AM

2	Nina Yuan	10	Ballarat Gold Swimming Club In	NT	_____	_____
3	Siena Keramaris	11	Warrnambool Swimming Club	NT	_____	_____
4	Hannah Matheson	15	Ballarat Gold Swimming Club In	1:42.52	_____	_____
5	Ruby Wakefield	10	Ballarat Swimming Club Inc	1:45.93	_____	_____
6	Sophie Mugavin	11	Warrnambool Swimming Club	NT	_____	_____
7	Olive McKinnon	9	Flyers Swim Team (Victoria)	NT	_____	_____

Heat 2 of 3 Timed Finals Starts at 10:42 AM

1	Lily Hills	12	Ballarat Swimming Club Inc	1:30.86	_____	_____
2	Estelle Karslake	14	Ballarat Gco Swimming Club Inc	1:30.25	_____	_____
3	Hannah Ragg	13	Warrnambool Swimming Club	1:27.83	_____	_____
4	Ella Featherston	13	Ballarat Gold Swimming Club In	1:25.54	_____	_____
5	Ellua Boyd	15	Ballarat Gold Swimming Club In	1:26.29	_____	_____
6	Trinity Brundell	11	Ballarat Gco Swimming Club Inc	1:29.85	_____	_____
7	Amelia Wilson	14	Ballarat Gco Swimming Club Inc	1:30.82	_____	_____
8	Penny Rampton	12	Ballarat Swimming Club Inc	1:34.81	_____	_____

Heat 3 of 3 Timed Finals Starts at 10:45 AM

1	Mikayla Bond	20	Warrnambool Swimming Club	1:22.66	_____	_____
2	Gemma Bond	17	Warrnambool Swimming Club	1:20.27	_____	_____
3	Georgie Kennett	10	Ballarat Gold Swimming Club In	1:17.08	_____	_____
4	Sophie Ryan	15	Warrnambool Swimming Club	1:12.49	_____	_____
5	Matilda Draper	14	Plc Aquatic Inc (Victoria)	1:16.62	_____	_____
6	Neve Harrison	14	Ballarat Swimming Club Inc	1:19.26	_____	_____
7	Evelyn Gillon	14	Plc Aquatic Inc (Victoria)	1:22.09	_____	_____
8	Holly Preston	15	Ballarat Gco Swimming Club Inc	1:25.26	_____	_____

Event 6 Boys Open 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 4 Timed Finals Starts at 10:48 AM

3	Barry Song	9	Ballarat Gold Swimming Club In	NT	_____	_____
4	Hudson Lehne	11	Warrnambool Swimming Club	NT	_____	_____
5	Milo Warburton	10	Warrnambool Swimming Club	NT	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 1
Heat 2 Timed Finals Starts at 10:51 AM... (Event 6 Boys Open 100 LC Meter Backstroke)

1	Bilal Mohammed	12	Ballarat Gold Swimming Club In	NT	_____	_____
2	Corey McMillin	12	Ballarat Gold Swimming Club In	NT	_____	_____
3	Harrison Gull	13	Ballarat Gold Swimming Club In	NT	_____	_____
4	Maxwell Cashmore	12	Warrnambool Swimming Club	1:52.11	_____	_____
5	Joshua Brien	24	Ballarat Gold Swimming Club In	NT	_____	_____
6	Heath McClelland	13	Ballarat Gold Swimming Club In	NT	_____	_____
7	William Lynch	12	Ballarat Gold Swimming Club In	NT	_____	_____

Heat 3 of 4 Timed Finals Starts at 10:55 AM

1	Matthew Swanton	14	Ballarat Gold Swimming Club In	1:36.61	_____	_____
2	Lukas Hrebenyuk	12	Warrnambool Swimming Club	1:34.09	_____	_____
3	Martin Ma	12	Ballarat Gold Swimming Club In	1:29.29	_____	_____
4	Miles Crilly	14	Ballarat Swimming Club Inc	1:21.03	_____	_____
5	Liam Weissenfeld	14	Ballarat Gold Swimming Club In	1:24.55	_____	_____
6	Isaac Brown	13	Warrnambool Swimming Club	1:30.23	_____	_____
7	Jacob Stanley	12	Warrnambool Swimming Club	1:35.29	_____	_____
8	Jude Harrison	11	Ballarat Swimming Club Inc	1:41.66	_____	_____

Heat 4 of 4 Timed Finals Starts at 10:58 AM

1	Sebastian Chambers	14	Geelong Swimming Club Incorpor	1:16.64	_____	_____
2	George Kitson	14	Geelong Swimming Club Incorpor	1:12.33	_____	_____
3	Mason Firth	15	Ballarat Gold Swimming Club In	1:09.96	_____	_____
4	Thomas Costello	17	Ballarat Swimming Club Inc	1:04.65	_____	_____
5	Oscar Woithe	16	Warrnambool Swimming Club	1:09.47	_____	_____
6	Maxim Hocking	15	Ballarat Gold Swimming Club In	1:10.18	_____	_____
7	Ronan Kerr	17	Warrnambool Swimming Club	1:13.00	_____	_____
8	Jonah Elliott	16	Warrnambool Swimming Club	1:17.47	_____	_____

Event 7 Mixed Open 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 1 Timed Finals Starts at 11:01 AM

4	Madelaine Regalado-Jones	W14	Plc Aquatic Inc (Victoria)	2:39.27	_____	_____
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Event 8 Girls Open 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 8 Timed Finals Starts at 11:05 AM

3	Keren Wu	11	Plc Aquatic Inc (Victoria)	NT	_____	_____
4	Siena Keramaris	11	Warrnambool Swimming Club	NT	_____	_____
5	Mairead Baxter	11	Warrnambool Swimming Club	NT	_____	_____

Heat 2 of 8 Timed Finals Starts at 11:06 AM

1	Amelia Sordello	11	Ballarat Swimming Club Inc	NT	_____	_____
2	Charlotte Sansom	8	Horsham Swimming Club Inc	58.63	_____	_____
3	Olive McKinnon	9	Flyers Swim Team (Victoria)	53.55	_____	_____
4	Julia Harrington	11	Warrnambool Swimming Club	50.92	_____	_____
5	Charlotte Woods	9	Ballarat Gold Swimming Club In	51.52	_____	_____
6	Maisie Davis	10	Gisborne Thunder Swimming Club	54.27	_____	_____
7	Emilia Black	13	Plc Aquatic Inc (Victoria)	NT	_____	_____

Heat 3 of 8 Timed Finals Starts at 11:08 AM

1	Sophie Mugavin	11	Warrnambool Swimming Club	45.52	_____	_____
2	Pearl Nicholson	13	Ballarat Gold Swimming Club In	42.24	_____	_____
3	Annie Ryan	12	Warrnambool Swimming Club	40.59	_____	_____
4	Zoe Pianta	10	Ballarat Gold Swimming Club In	39.73	_____	_____
5	Sasha Shukla	10	Ballarat Gold Swimming Club In	40.50	_____	_____
6	Ruby Wakefield	10	Ballarat Swimming Club Inc	41.72	_____	_____
7	Nina Yuan	10	Ballarat Gold Swimming Club In	43.32	_____	_____
8	Alina Chopra	10	Melton Swimming Club Inc	46.00	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 1
Heat 4 Timed Finals Starts at 11:09 AM... (Event 8 Girls Open 50 LC Meter Freestyle)

1	Charlotte Jacobson	10	Gisborne Thunder Swimming Club	39.38	_____	_____
2	Allera Dell	11	Ballarat Swimming Club Inc	39.17	_____	_____
3	Bella Leonard	12	Warrnambool Swimming Club	38.60	_____	_____
4	Grace Sansom	12	Horsham Swimming Club Inc	37.98	_____	_____
5	Susanna Xu	11	CA Tritons Inc	38.07	_____	_____
6	Ava Mjeda	9	Warrnambool Swimming Club	38.96	_____	_____
7	Isabel Meneses Lopez	11	Ballarat Gold Swimming Club In	39.19	_____	_____
8	Jacobson Charlotte	10	Gisborne Thunder Swimming Club	39.38	_____	_____

Heat 5 of 8 Timed Finals Starts at 11:11 AM

1	Ivy Condon	13	Warrnambool Swimming Club	37.54	_____	_____
2	Zoe Braham	11	Ballarat Gold Swimming Club In	36.14	_____	_____
3	Penny Rampton	12	Ballarat Swimming Club Inc	34.67	_____	_____
4	Ruby Xing	11	Plc Aquatic Inc (Victoria)	34.08	_____	_____
5	Ariana Edwards	11	Ballarat Gold Swimming Club In	34.58	_____	_____
6	Junqing Cao	12	Ballarat Gold Swimming Club In	35.52	_____	_____
7	Estelle Hespe	12	Warrnambool Swimming Club	36.40	_____	_____
8	Ingrid Sourivong	12	Ballarat Gold Swimming Club In	37.59	_____	_____

Heat 6 of 8 Timed Finals Starts at 11:12 AM

1	Olivia Hayden	16	Plc Aquatic Inc (Victoria)	33.08	_____	_____
2	Amelia Martin	16	Ballarat Gold Swimming Club In	32.80	_____	_____
3	Hannah Ragg	13	Warrnambool Swimming Club	32.79	_____	_____
4	Ruby Skene	12	Warrnambool Swimming Club	32.60	_____	_____
5	Leah Ross	17	Ballarat Gold Swimming Club In	32.76	_____	_____
6	Isabella Scullion	12	Ballarat Gold Swimming Club In	32.80	_____	_____
7	Ebony Lis	12	Ballarat Gold Swimming Club In	32.96	_____	_____
8	Riley Poh	15	Plc Aquatic Inc (Victoria)	33.73	_____	_____

Heat 7 of 8 Timed Finals Starts at 11:13 AM

1	Hailey Tan	14	Plc Aquatic Inc (Victoria)	32.15	_____	_____
2	Jayda Anesi	12	Ballarat Gco Swimming Club Inc	32.05	_____	_____
3	Jade Hayward	13	Kangaroo Flat	31.39	_____	_____
4	Matilda Conheady	12	Warrnambool Swimming Club	31.30	_____	_____
5	Miranda Jansz	13	Warrnambool Swimming Club	31.34	_____	_____
6	Holly Preston	15	Ballarat Gco Swimming Club Inc	31.56	_____	_____
7	Stella Snibson	14	Ballarat Gold Swimming Club In	32.08	_____	_____
8	Ka Man Wong	14	Plc Aquatic Inc (Victoria)	32.54	_____	_____

Heat 8 of 8 Timed Finals Starts at 11:15 AM

1	Kiera Butterworth	15	Ballarat Gold Swimming Club In	30.91	_____	_____
2	Ruby Kenwright	13	Warrnambool Swimming Club	30.69	_____	_____
3	Neve Harrison	14	Ballarat Swimming Club Inc	30.33	_____	_____
4	Claire Mathison	17	Ballarat Gold Swimming Club In	27.73	_____	_____
5	Matilda Draper	14	Plc Aquatic Inc (Victoria)	29.81	_____	_____
6	Georgia Turner	20	Warrnambool Swimming Club	30.61	_____	_____
7	Evelyn Leung	12	Plc Aquatic Inc (Victoria)	30.74	_____	_____
8	Matisse Aberline	13	Warrnambool Swimming Club	31.15	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 1
Event 9 Boys Open 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals Starts at 11:16 AM						
1	Jensen Beames	11	Ballarat Gold Swimming Club In	NT	_____	_____
2	Will Kerr	13	Warrnambool Swimming Club	NT	_____	_____
3	Joshua Brien	24	Ballarat Gold Swimming Club In	NT	_____	_____
4	Noah Roberts	10	Gisborne Thunder Swimming Club	45.28	_____	_____
5	Hudson Lehne	11	Warrnambool Swimming Club	52.89	_____	_____
6	Quinn Madigan	13	Warrnambool Swimming Club	NT	_____	_____
7	Bilal Mohammed	12	Ballarat Gold Swimming Club In	NT	_____	_____
8	Leigh Taylor	11	Ballarat Gold Swimming Club In	NT	_____	_____
Heat 2 of 6 Timed Finals Starts at 11:18 AM						
1	Maxwell Cashmore	12	Warrnambool Swimming Club	43.32	_____	_____
2	Thomas Jacobson	10	Gisborne Thunder Swimming Club	41.89	_____	_____
3	Jaxson Fleming	11	Ballarat Gold Swimming Club In	41.47	_____	_____
4	Jack Mahony	10	Ballarat Gold Swimming Club In	40.81	_____	_____
5	Lachlan Kerr	11	Warrnambool Swimming Club	40.83	_____	_____
6	Milo Warburton	10	Warrnambool Swimming Club	41.49	_____	_____
7	Tobias Lim	10	Ballarat Gold Swimming Club In	42.11	_____	_____
8	William Fee	11	Ballarat Gold Swimming Club In	44.21	_____	_____
Heat 3 of 6 Timed Finals Starts at 11:19 AM						
1	Reuben Martin	13	Ararat Swimming Club Inc	38.67	_____	_____
2	Austin Zhang Ho	11	Ballarat Gold Swimming Club In	37.94	_____	_____
3	Nelson Cook	9	Warrnambool Swimming Club	37.11	_____	_____
4	Lenny Chiller	10	Warrnambool Swimming Club	36.94	_____	_____
5	William Lynch	12	Ballarat Gold Swimming Club In	36.99	_____	_____
6	Menzel Cook	10	Warrnambool Swimming Club	37.25	_____	_____
7	Oliver Roberts	11	Gisborne Thunder Swimming Club	38.23	_____	_____
8	Flynn Verrocchi	14	Ballarat Gold Swimming Club In	39.41	_____	_____
Heat 4 of 6 Timed Finals Starts at 11:21 AM						
1	Patrick Orton	11	Ballarat Gco Swimming Club Inc	36.23	_____	_____
2	Isaac Brown	13	Warrnambool Swimming Club	34.46	_____	_____
3	Alexander Padgett	15	Plc Aquatic Inc (Victoria)	33.89	_____	_____
4	Jasper Anderson	13	Warrnambool Swimming Club	32.46	_____	_____
5	Oliver Young	10	Geelong Swimming Club Incorpor	33.73	_____	_____
6	Corey McMillin	12	Ballarat Gold Swimming Club In	34.33	_____	_____
7	William Thompson	11	Melton Swimming Club Inc	35.86	_____	_____
8	Joseph Parrillo	12	Westbourne Swim Club	36.37	_____	_____
Heat 5 of 6 Timed Finals Starts at 11:22 AM						
1	Matthew Swanton	14	Ballarat Gold Swimming Club In	32.16	_____	_____
2	Daniel Hyatt	12	Warrnambool Swimming Club	31.96	_____	_____
3	Max Dremel	13	Gisborne Thunder Swimming Club	31.45	_____	_____
4	Harrison Chiller	14	Warrnambool Swimming Club	31.13	_____	_____
5	Max Ravisa	15	Ballarat Gold Swimming Club In	31.34	_____	_____
6	Heath McClelland	13	Ballarat Gold Swimming Club In	31.60	_____	_____
7	Jonah Elliott	16	Warrnambool Swimming Club	32.12	_____	_____
8	Patrick Clark	13	Geelong Swimming Club Incorpor	32.39	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program
Heat 6 Timed Finals Starts at 11:23 AM... (Event 9 Boys Open 50 LC Meter Freestyle)

1	Jack Bennetts	19	Ballarat Gold Swimming Club In	30.16	_____	_____
2	Ronan Kerr	17	Warrnambool Swimming Club	29.48	_____	_____
3	Angus Sharpe	16	Gisborne Thunder Swimming Club	27.10	_____	_____
4	Zavier Aberline	16	Warrnambool Swimming Club	25.94	_____	_____
5	Dayne Schnyder	19	Ballarat Gold Swimming Club In	26.42	_____	_____
6	Mason Firth	15	Ballarat Gold Swimming Club In	27.52	_____	_____
7	Beau Turner	17	Warrnambool Swimming Club	29.53	_____	_____
8	Bailey Stone	12	Bendigo Hawks Aquatic	30.56	_____	_____

Event 10 Girls Open 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 4 Timed Finals Starts at 11:24 AM

3	Siena Keramaris	11	Warrnambool Swimming Club	NT	_____	_____
4	Pearl Nicholson	13	Ballarat Gold Swimming Club In	NT	_____	_____
5	Ingrid Sourivong	12	Ballarat Gold Swimming Club In	NT	_____	_____

Heat 2 of 4 Timed Finals Starts at 11:27 AM

1	Allera Dell	11	Ballarat Swimming Club Inc	2:03.08	_____	_____
2	Sasha Shukla	10	Ballarat Gold Swimming Club In	1:59.24	_____	_____
3	Ivy Condon	13	Warrnambool Swimming Club	1:52.53	_____	_____
4	Camila Meneses Lopez	13	Ballarat Gold Swimming Club In	1:47.52	_____	_____
5	Hannah Matheson	15	Ballarat Gold Swimming Club In	1:50.75	_____	_____
6	Jade Hayward	13	Kangaroo Flat	1:55.92	_____	_____
7	Bella Leonard	12	Warrnambool Swimming Club	2:00.17	_____	_____
8	Penny Rampton	12	Ballarat Swimming Club Inc	2:05.32	_____	_____

Heat 3 of 4 Timed Finals Starts at 11:30 AM

1	Ruby Skene	12	Warrnambool Swimming Club	1:42.76	_____	_____
2	Lily Hills	12	Ballarat Swimming Club Inc	1:42.25	_____	_____
3	Evelyn Gillon	14	Plc Aquatic Inc (Victoria)	1:36.30	_____	_____
4	Ella Featherston	13	Ballarat Gold Swimming Club In	1:35.39	_____	_____
5	Ellua Boyd	15	Ballarat Gold Swimming Club In	1:35.42	_____	_____
6	Trinity Brundell	11	Ballarat Gco Swimming Club Inc	1:40.38	_____	_____
7	Isabella Trigg	14	Ballarat Gco Swimming Club Inc	1:42.46	_____	_____
8	Arusha Cashmore	13	Warrnambool Swimming Club	1:46.29	_____	_____

Heat 4 of 4 Timed Finals Starts at 11:32 AM

1	Sophie Ryan	15	Warrnambool Swimming Club	1:28.79	_____	_____
2	Mikayla Bond	20	Warrnambool Swimming Club	1:28.62	_____	_____
3	Georgie Kennett	10	Ballarat Gold Swimming Club In	1:22.82	_____	_____
4	Lucinda Draper	17	Plc Aquatic Inc (Victoria)	1:18.59	_____	_____
5	Gemma Bond	17	Warrnambool Swimming Club	1:19.92	_____	_____
6	Estelle Karslake	14	Ballarat Gco Swimming Club Inc	1:28.08	_____	_____
7	Zoe Benson	15	Warrnambool Swimming Club	1:28.74	_____	_____
8	Grace Sansom	12	Horsham Swimming Club Inc	1:35.36	_____	_____

Event 11 Boys Open 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 3 Timed Finals Starts at 11:34 AM

1	Barry Song	9	Ballarat Gold Swimming Club In	NT	_____	_____
2	Harrison Gull	13	Ballarat Gold Swimming Club In	NT	_____	_____
3	Corey McMillin	12	Ballarat Gold Swimming Club In	2:12.74	_____	_____
4	Jude Harrison	11	Ballarat Swimming Club Inc	1:52.19	_____	_____
5	Jacob Stanley	12	Warrnambool Swimming Club	1:55.60	_____	_____
6	Josh Stahl	24	Ballarat Gold Swimming Club In	NT	_____	_____
7	William Fee	11	Ballarat Gold Swimming Club In	NT	_____	_____
8	Lachlan Mifsud	13	Warrnambool Swimming Club	1:42.05	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 1
Heat 2 Timed Finals Starts at 11:37 AM... (Event 11 Boys Open 100 LC Meter Breaststroke)

1	Oliver Roberts	11	Gisborne Thunder Swimming Club	1:48.57	_____	_____
2	Ted Gladman	11	Ballarat Gold Swimming Club In	1:47.72	_____	_____
3	William Thompson	11	Melton Swimming Club Inc	1:44.90	_____	_____
4	Reuben Greeff	11	Ballarat Swimming Club Inc	1:41.14	_____	_____
5	Martin Ma	12	Ballarat Gold Swimming Club In	1:42.24	_____	_____
6	Liam Weissenfeld	14	Ballarat Gold Swimming Club In	1:46.94	_____	_____
7	Austin Zhang Ho	11	Ballarat Gold Swimming Club In	1:47.76	_____	_____
8	Matthew Swanton	14	Ballarat Gold Swimming Club In	1:51.14	_____	_____

Heat 3 of 3 Timed Finals Starts at 11:40 AM

1	George Kitson	14	Geelong Swimming Club Incorpor	1:29.86	_____	_____
2	Ethan Bruce	15	Ballarat Gold Swimming Club In	1:29.55	_____	_____
3	Oscar Woithe	16	Warrnambool Swimming Club	1:25.50	_____	_____
4	Charles Gleeson	18	Warrnambool Swimming Club	1:14.83	_____	_____
5	Oliver Kallio	15	Ballarat Gold Swimming Club In	1:20.72	_____	_____
6	Jayden Lim	13	Ballarat Gold Swimming Club In	1:28.80	_____	_____
7	Jonah Elliott	16	Warrnambool Swimming Club	1:29.68	_____	_____
8	Bowie Hughes	14	Essendon District Aquatic	1:37.81	_____	_____

Event 12 Mixed Open 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 1 Timed Finals Starts at 11:42 AM

1	Edward Valentan	M12	Ballarat Swimming Club Inc	NT	_____	_____
2	Junqing Cao	W12	Ballarat Gold Swimming Club In	2:55.68	_____	_____
3	Zoe Benson	W15	Warrnambool Swimming Club	2:43.78	_____	_____
4	Marley Sutherland	M17	Ballarat Gold Swimming Club In	2:27.60	_____	_____
5	Claire Mathison	W17	Ballarat Gold Swimming Club In	2:27.93	_____	_____
6	Neve Harrison	W14	Ballarat Swimming Club Inc	2:46.20	_____	_____
7	Jason Huang	M12	Ballarat Gold Swimming Club In	3:09.55	_____	_____
8	Ariana Edwards	W11	Ballarat Gold Swimming Club In	NT	_____	_____

Event 13 Mixed Open 200 LC Meter Medley Relay

Lane	Team	Relay	Seed Time	Finals	Place
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Heat 1 of 3 Timed Finals Starts at 11:47 AM

3	Ballarat Gold Swimming Club In	P	NT	_____	_____
4	Ballarat Gold Swimming Club In	M	NT	_____	_____
5	Ballarat Gold Swimming Club In	N	NT	_____	_____
6	Ballarat Gold Swimming Club In	O	NT	_____	_____

Heat 2 of 3 Timed Finals Starts at 11:52 AM

1	Ballarat Gold Swimming Club In	L	NT	_____	_____
2	Ballarat Gold Swimming Club In	J	NT	_____	_____
3	Ballarat Gold Swimming Club In	H	NT	_____	_____
4	Ballarat Gold Swimming Club In	F	NT	_____	_____
5	Ballarat Gold Swimming Club In	G	NT	_____	_____
6	Ballarat Gold Swimming Club In	I	NT	_____	_____
7	Ballarat Gold Swimming Club In	K	NT	_____	_____

Heat 3 of 3 Timed Finals Starts at 11:57 AM

1	Ballarat Gold Swimming Club In	D	NT	_____	_____
2	Ballarat Gold Swimming Club In	C	NT	_____	_____
3	Ballarat Gold Swimming Club In	B	NT	_____	_____
4	Plc Aquatic Inc (Victoria)	A	NT	_____	_____
5	Ballarat Gold Swimming Club In	A	NT	_____	_____
6	Plc Aquatic Inc (Victoria)	B	NT	_____	_____
7	Plc Aquatic Inc (Victoria)	C	NT	_____	_____
8	Ballarat Gold Swimming Club In	E	NT	_____	_____

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2025 Ballarat Gold Long Course Meet - 16/11/2025**Session Report**

Session: 2 Session 2

Day of Meet: 1 Starts at 12:30 PM Heat Interval: 45 Seconds / Back +55 Seconds

Event	Starts at	
14 Girls Open 200 Freestyle	12:30 PM	_____
15 Boys Open 200 Freestyle	12:38 PM	_____
16 Girls Open 100 Butterfly	12:45 PM	_____
17 Boys Open 100 Butterfly	12:50 PM	_____
18 Girls Open 50 Backstroke	12:55 PM	_____
19 Boys Open 50 Backstroke	01:10 PM	_____
20 Mixed Open 200 Breaststroke	01:24 PM	_____
21 Girls Open 100 Freestyle	01:33 PM	_____
22 Boys Open 100 Freestyle	01:42 PM	_____
23 Girls Open 50 Butterfly	01:53 PM	_____
24 Boys Open 50 Butterfly	01:59 PM	_____
25 Girls Open 200 IM	02:05 PM	_____
26 Boys Open 200 IM	02:18 PM	_____
27 Mixed Open 200 Freestyle Relay	02:31 PM	_____
Swimmers Counts for Warm-ups: 158		
Finish Time	02:42 PM	_____



Session and break times are a guide and are subject to change. Please keep an eye on the Marshalling board and listen for announcements.

We will be holding 'Last Chance' Events following the final Relay event of the day to allow Swimmers another chance to gain their State Sprint qualifying times.

Entries for the Last Chance events will be taken during the Meet and will cost \$20 per entry. Swimmers need to be within 1 second of the relevant qualifying time to enter.

A 'Last Chance' Entry form must be completed and submitted to the Recording Desk BEFORE the completion of Event 24 Boys Open 50 Fly. Entry forms can be found at the ribbons desk.

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 2
Event 14 Girls Open 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 2 Timed Finals Starts at 12:30 PM						
1	Siena Keramaris	11	Warrnambool Swimming Club	NT	_____	_____
2	Hailey Tan	14	Plc Aquatic Inc (Victoria)	NT	_____	_____
3	Arusha Cashmore	13	Warrnambool Swimming Club	2:57.22	_____	_____
4	Taylah Costello	13	Ballarat Swimming Club Inc	2:39.63	_____	_____
5	Anna Leighton	25	Ballarat Gold Swimming Club In	2:46.34	_____	_____
6	Pia Kalra	13	Plc Aquatic Inc (Victoria)	3:18.35	_____	_____
7	Ka Man Wong	14	Plc Aquatic Inc (Victoria)	NT	_____	_____

Heat 2 of 2 Timed Finals Starts at 12:35 PM

1	Olivia Hayden	16	Plc Aquatic Inc (Victoria)	2:35.30	_____	_____
2	Michaela Pistorius	15	Geelong Swimming Club Incorpor	2:30.39	_____	_____
3	Lucinda Draper	17	Plc Aquatic Inc (Victoria)	2:24.05	_____	_____
4	Claire Mathison	17	Ballarat Gold Swimming Club In	2:14.69	_____	_____
5	Madelaine Regalado-Jones	14	Plc Aquatic Inc (Victoria)	2:19.66	_____	_____
6	Sophie Ryan	15	Warrnambool Swimming Club	2:29.38	_____	_____
7	Neve Harrison	14	Ballarat Swimming Club Inc	2:34.78	_____	_____
8	Riley Poh	15	Plc Aquatic Inc (Victoria)	2:36.65	_____	_____

Event 15 Boys Open 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 2 Timed Finals Starts at 12:38 PM						
1	Tobias Lim	10	Ballarat Gold Swimming Club In	NT	_____	_____
2	Corey McMillin	12	Ballarat Gold Swimming Club In	NT	_____	_____
3	Daniel Hyatt	12	Warrnambool Swimming Club	NT	_____	_____
4	Edward Valentan	12	Ballarat Swimming Club Inc	2:53.98	_____	_____
5	Will Kerr	13	Warrnambool Swimming Club	NT	_____	_____
6	Lukas Hrebenyuk	12	Warrnambool Swimming Club	NT	_____	_____
7	Lachlan Kerr	11	Warrnambool Swimming Club	NT	_____	_____

Heat 2 of 2 Timed Finals Starts at 12:42 PM

1	Bailey Stone	12	Bendigo Hawks Aquatic	2:33.52	_____	_____
2	Beau Turner	17	Warrnambool Swimming Club	2:18.22	_____	_____
3	Thomas Costello	17	Ballarat Swimming Club Inc	2:07.52	_____	_____
4	Marley Sutherland	17	Ballarat Gold Swimming Club In	2:06.00	_____	_____
5	William Elliott	23	Warrnambool Swimming Club	2:07.37	_____	_____
6	Zavier Aberline	16	Warrnambool Swimming Club	2:12.54	_____	_____
7	Harrison Chiller	14	Warrnambool Swimming Club	2:27.92	_____	_____
8	Isaac Brown	13	Warrnambool Swimming Club	2:52.20	_____	_____

Event 16 Girls Open 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 2 Timed Finals Starts at 12:45 PM						
2	Estelle Hespe	12	Warrnambool Swimming Club	NT	_____	_____
3	Ivy Condon	13	Warrnambool Swimming Club	NT	_____	_____
4	Kiera Butterworth	15	Ballarat Gold Swimming Club In	NT	_____	_____
5	Zoe Benson	15	Warrnambool Swimming Club	NT	_____	_____
6	Ella Featherston	13	Ballarat Gold Swimming Club In	NT	_____	_____
7	Ava Mjeda	9	Warrnambool Swimming Club	NT	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 2
Heat 2 Timed Finals Starts at 12:48 PM... (Event 16 Girls Open 100 LC Meter Butterfly)

1	Ellua Boyd	15	Ballarat Gold Swimming Club In	1:28.96	_____	_____
2	Jade Hayward	13	Kangaroo Flat	1:20.80	_____	_____
3	Georgie Kennett	10	Ballarat Gold Swimming Club In	1:14.61	_____	_____
4	Zoe Schnyder	16	Ballarat Gold Swimming Club In	1:06.15	_____	_____
5	Sophia Beaton	14	Ballarat Gold Swimming Club In	1:11.44	_____	_____
6	Amelia Wilson	14	Ballarat Gco Swimming Club Inc	1:18.53	_____	_____
7	Hannah Ragg	13	Warrnambool Swimming Club	1:27.96	_____	_____
8	Isabella Scullion	12	Ballarat Gold Swimming Club In	1:29.53	_____	_____

Event 17 Boys Open 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 2 Timed Finals Starts at 12:50 PM

2	Isaac Brown	13	Warrnambool Swimming Club	NT	_____	_____
3	Jude Harrison	11	Ballarat Swimming Club Inc	1:48.71	_____	_____
4	Jason Huang	12	Ballarat Gold Swimming Club In	1:35.30	_____	_____
5	Martin Ma	12	Ballarat Gold Swimming Club In	1:37.83	_____	_____
6	Liam Weissenfeld	14	Ballarat Gold Swimming Club In	NT	_____	_____
7	Matthew Rieniets	12	Ballarat Swimming Club Inc	NT	_____	_____

Heat 2 of 2 Timed Finals Starts at 12:52 PM

1	Patrick Clark	13	Geelong Swimming Club Incorpor	1:20.30	_____	_____
2	Miles Crilly	14	Ballarat Swimming Club Inc	1:16.35	_____	_____
3	Oscar Woithe	16	Warrnambool Swimming Club	1:08.96	_____	_____
4	Zavier Aberline	16	Warrnambool Swimming Club	1:05.47	_____	_____
5	Oliver Kallio	15	Ballarat Gold Swimming Club In	1:07.74	_____	_____
6	George Kitson	14	Geelong Swimming Club Incorpor	1:16.19	_____	_____
7	Raymond Wang	13	Ballarat Gold Swimming Club In	1:17.87	_____	_____
8	Jayden Lim	13	Ballarat Gold Swimming Club In	1:28.98	_____	_____

Event 18 Girls Open 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 6 Timed Finals Starts at 12:55 PM

3	Imogen Sordello	9	Ballarat Swimming Club Inc	NT	_____	_____
4	Mairead Baxter	11	Warrnambool Swimming Club	NT	_____	_____
5	Siena Keramaris	11	Warrnambool Swimming Club	NT	_____	_____

Heat 2 of 6 Timed Finals Starts at 12:57 PM

2	Charlotte Sansom	8	Horsham Swimming Club Inc	1:12.71	_____	_____
3	Olive McKinnon	9	Flyers Swim Team (Victoria)	54.58	_____	_____
4	Julia Harrington	11	Warrnambool Swimming Club	51.89	_____	_____
5	Alina Chopra	10	Melton Swimming Club Inc	52.84	_____	_____
6	Charlotte Woods	9	Ballarat Gold Swimming Club In	59.82	_____	_____
7	Emilia Black	13	Plc Aquatic Inc (Victoria)	NT	_____	_____

Heat 3 of 6 Timed Finals Starts at 01:00 PM

2	Pearl Nicholson	13	Ballarat Gold Swimming Club In	50.88	_____	_____
3	Ava Mjeda	9	Warrnambool Swimming Club	48.38	_____	_____
4	Bella Leonard	12	Warrnambool Swimming Club	47.99	_____	_____
5	Annie Ryan	12	Warrnambool Swimming Club	48.33	_____	_____
6	Charlotte Jacobson	10	Gisborne Thunder Swimming Club	49.42	_____	_____
7	Sasha Shukla	10	Ballarat Gold Swimming Club In	50.68	_____	_____
8	Maisie Davis	10	Gisborne Thunder Swimming Club	51.71	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 2
Heat 4 Timed Finals Starts at 01:02 PM... (Event 18 Girls Open 50 LC Meter Backstroke)

1	Isabel Meneses Lopez	11	Ballarat Gold Swimming Club In	47.21		
2	Estelle Hespe	12	Warrnambool Swimming Club	46.94		
3	Zoe Pianta	10	Ballarat Gold Swimming Club In	44.66		
4	Ruby Xing	11	Plc Aquatic Inc (Victoria)	42.11		
5	Susanna Xu	11	CA Tritons Inc	43.01		
6	Lara Alvarez	11	Ballarat Gold Swimming Club In	45.41		
7	Allera Dell	11	Ballarat Swimming Club Inc	47.08		
8	Sophie Mugavin	11	Warrnambool Swimming Club	47.79		

Heat 5 of 6 Timed Finals Starts at 01:05 PM

1	Evelyn Leung	12	Plc Aquatic Inc (Victoria)	41.53		
2	Lily Hills	12	Ballarat Swimming Club Inc	40.77		
3	Matisse Aberline	13	Warrnambool Swimming Club	38.74		
4	Matilda Conheady	12	Warrnambool Swimming Club	37.92		
5	Junqing Cao	12	Ballarat Gold Swimming Club In	37.98		
6	Jayda Anesi	12	Ballarat Gco Swimming Club Inc	39.31		
7	Miranda Jansz	13	Warrnambool Swimming Club	41.12		
8	Ruby Skene	12	Warrnambool Swimming Club	42.04		

Heat 6 of 6 Timed Finals Starts at 01:07 PM

1	Amelia Martin	16	Ballarat Gold Swimming Club In	37.13		
2	Gemma Bond	17	Warrnambool Swimming Club	36.70		
3	Matilda Draper	14	Plc Aquatic Inc (Victoria)	35.06		
4	Ruby Kenwright	13	Warrnambool Swimming Club	34.94		
5	Georgia Turner	20	Warrnambool Swimming Club	35.00		
6	Neve Harrison	14	Ballarat Swimming Club Inc	36.29		
7	Evelyn Gillon	14	Plc Aquatic Inc (Victoria)	36.70		
8	Jone Greeff	14	Ballarat Swimming Club Inc	37.54		

Event 19 Boys Open 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals Starts at 01:10 PM						
3	Leigh Taylor	11	Ballarat Gold Swimming Club In	NT		
4	Jensen Beames	11	Ballarat Gold Swimming Club In	NT		
5	Lachlan Kerr	11	Warrnambool Swimming Club	NT		
Heat 2 of 6 Timed Finals Starts at 01:12 PM						
2	Quinn Madigan	13	Warrnambool Swimming Club	NT		
3	Joshua Brien	24	Ballarat Gold Swimming Club In	NT		
4	William Fee	11	Ballarat Gold Swimming Club In	52.79		
5	Noah Roberts	10	Gisborne Thunder Swimming Club	1:02.12		
6	Flynn Verrocchi	14	Ballarat Gold Swimming Club In	NT		
7	Bilal Mohammed	12	Ballarat Gold Swimming Club In	NT		
Heat 3 of 6 Timed Finals Starts at 01:15 PM						
1	Reuben Martin	13	Ararat Swimming Club Inc	51.22		
2	Jack Mahony	10	Ballarat Gold Swimming Club In	49.19		
3	Ted Gladman	11	Ballarat Gold Swimming Club In	48.96		
4	Nelson Cook	9	Warrnambool Swimming Club	45.74		
5	Jaxson Fleming	11	Ballarat Gold Swimming Club In	46.57		
6	Hudson Lehne	11	Warrnambool Swimming Club	48.99		
7	Milo Warburton	10	Warrnambool Swimming Club	49.51		
8	Thomas Jacobson	10	Gisborne Thunder Swimming Club	52.55		

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 2
Heat 4 Timed Finals Starts at 01:17 PM... (Event 19 Boys Open 50 LC Meter Backstroke)

1	Maxwell Cashmore	12	Warrnambool Swimming Club	45.38	_____	_____
2	Corey McMillin	12	Ballarat Gold Swimming Club In	44.11	_____	_____
3	Lenny Chiller	10	Warrnambool Swimming Club	44.01	_____	_____
4	Jacob Stanley	12	Warrnambool Swimming Club	43.17	_____	_____
5	Patrick Orton	11	Ballarat Gco Swimming Club Inc	43.27	_____	_____
6	Oliver Roberts	11	Gisborne Thunder Swimming Club	44.02	_____	_____
7	Barry Song	9	Ballarat Gold Swimming Club In	44.73	_____	_____
8	Austin Zhang Ho	11	Ballarat Gold Swimming Club In	45.63	_____	_____

Heat 5 of 6 Timed Finals Starts at 01:20 PM

1	Oliver Young	10	Geelong Swimming Club Incorpor	41.03	_____	_____
2	Alexander Padgett	15	Plc Aquatic Inc (Victoria)	40.22	_____	_____
3	Max Dremel	13	Gisborne Thunder Swimming Club	37.25	_____	_____
4	Max Ravisa	15	Ballarat Gold Swimming Club In	36.19	_____	_____
5	Bailey Stone	12	Bendigo Hawks Aquatic	37.03	_____	_____
6	Oliver Anderson	13	Bendigo Hawks Aquatic	37.47	_____	_____
7	William Lynch	12	Ballarat Gold Swimming Club In	40.70	_____	_____
8	Menzel Cook	10	Warrnambool Swimming Club	41.41	_____	_____

Heat 6 of 6 Timed Finals Starts at 01:22 PM

1	Angus Sharpe	16	Gisborne Thunder Swimming Club	35.21	_____	_____
2	Beau Turner	17	Warrnambool Swimming Club	32.21	_____	_____
3	Maxim Hocking	15	Ballarat Gold Swimming Club In	30.46	_____	_____
4	Jack Lanyon	18	Ballarat Gold Swimming Club In	27.51	_____	_____
5	Miller Stott	16	Ballarat Gold Swimming Club In	29.70	_____	_____
6	Mason Firth	15	Ballarat Gold Swimming Club In	31.30	_____	_____
7	Ronan Kerr	17	Warrnambool Swimming Club	33.23	_____	_____
8	Sebastian Chambers	14	Geelong Swimming Club Incorpor	35.28	_____	_____

Event 20 Mixed Open 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
3	Reuben Greeff	M11	Ballarat Swimming Club Inc	NT	_____	_____
4	Charlie Tickell	M13	Ballarat Gold Swimming Club In	NT	_____	_____
5	Austin Zhang Ho	M11	Ballarat Gold Swimming Club In	NT	_____	_____

Heat 2 of 2 Timed Finals Starts at 01:29 PM

1	Jasper Anderson	M13	Warrnambool Swimming Club	3:55.66	_____	_____
2	Grace Sansom	W12	Horsham Swimming Club Inc	3:30.87	_____	_____
3	Chase Briggs	M18	Ballarat Gold Swimming Club In	2:45.58	_____	_____
4	Dayne Schnyder	M19	Ballarat Gold Swimming Club In	2:31.86	_____	_____
5	Charles Gleeson	M18	Warrnambool Swimming Club	2:41.50	_____	_____
6	Lucinda Draper	W17	Plc Aquatic Inc (Victoria)	2:47.91	_____	_____
7	Pia Kalra	W13	Plc Aquatic Inc (Victoria)	3:55.29	_____	_____

Event 21 Girls Open 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
3	Siena Keramaris	11	Warrnambool Swimming Club	NT	_____	_____
4	Julia Harrington	11	Warrnambool Swimming Club	NT	_____	_____
5	Keren Wu	11	Plc Aquatic Inc (Victoria)	NT	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 2
Heat 2 Timed Finals Starts at 01:36 PM... (Event 21 Girls Open 100 LC Meter Freestyle)

1	Estelle Hespe	12	Warrnambool Swimming Club	NT		
2	Allera Dell	11	Ballarat Swimming Club Inc	1:50.00		
3	Annie Ryan	12	Warrnambool Swimming Club	1:32.15		
4	Ivy Condon	13	Warrnambool Swimming Club	1:27.58		
5	Hannah Matheson	15	Ballarat Gold Swimming Club In	1:29.38		
6	Sasha Shukla	10	Ballarat Gold Swimming Club In	1:39.71		
7	Emilia Black	13	Plc Aquatic Inc (Victoria)	NT		

Heat 3 of 4 Timed Finals Starts at 01:38 PM

1	Penny Rampton	12	Ballarat Swimming Club Inc	1:24.91		
2	Ebony Lis	12	Ballarat Gold Swimming Club In	1:14.45		
3	Ka Man Wong	14	Plc Aquatic Inc (Victoria)	1:13.24		
4	Amelia Wilson	14	Ballarat Gco Swimming Club Inc	1:12.33		
5	Olivia Hayden	16	Plc Aquatic Inc (Victoria)	1:12.89		
6	Camila Meneses Lopez	13	Ballarat Gold Swimming Club In	1:14.21		
7	Trinity Brundell	11	Ballarat Gco Swimming Club Inc	1:15.90		
8	Ava Mjeda	9	Warrnambool Swimming Club	1:25.44		

Heat 4 of 4 Timed Finals Starts at 01:40 PM

1	Jone Greeff	14	Ballarat Swimming Club Inc	1:11.28		
2	Matilda Conheady	12	Warrnambool Swimming Club	1:10.55		
3	Taylah Costello	13	Ballarat Swimming Club Inc	1:09.04		
4	Michaela Pistorius	15	Geelong Swimming Club Incorpor	1:06.98		
5	Gemma Bond	17	Warrnambool Swimming Club	1:07.49		
6	Jade Hayward	13	Kangaroo Flat	1:09.20		
7	Stella Snibson	14	Ballarat Gold Swimming Club In	1:10.91		
8	Hannah Ragg	13	Warrnambool Swimming Club	1:12.06		

Event 22 Boys Open 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 5 Timed Finals Starts at 01:42 PM

1	Bilal Mohammed	12	Ballarat Gold Swimming Club In	NT		
2	Quinn Madigan	13	Warrnambool Swimming Club	NT		
3	Matthew Swanton	14	Ballarat Gold Swimming Club In	NT		
4	Joshua Brien	24	Ballarat Gold Swimming Club In	NT		
5	Alexander Padgett	15	Plc Aquatic Inc (Victoria)	NT		
6	Harrison Gull	13	Ballarat Gold Swimming Club In	NT		
7	Will Kerr	13	Warrnambool Swimming Club	NT		
8	Aiden Stephens	12	Ballarat Gold Swimming Club In	NT		

Heat 2 of 5 Timed Finals Starts at 01:45 PM

1	Milo Warburton	10	Warrnambool Swimming Club	1:39.57		
2	Lukas Hrebenyuk	12	Warrnambool Swimming Club	1:31.28		
3	Joseph Parrillo	12	Westbourne Swim Club	1:27.84		
4	Reuben Martin	13	Ararat Swimming Club Inc	1:27.30		
5	Jasper Anderson	13	Warrnambool Swimming Club	1:27.75		
6	Flynn Verrocchi	14	Ballarat Gold Swimming Club In	1:29.38		
7	Maxwell Cashmore	12	Warrnambool Swimming Club	1:35.54		
8	Tobias Lim	10	Ballarat Gold Swimming Club In	1:41.50		

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 2
Heat 3 Timed Finals Starts at 01:47 PM... (Event 22 Boys Open 100 LC Meter Freestyle)

1	Jude Harrison	11	Ballarat Swimming Club Inc	1:24.55	_____	_____
2	Corey McMillin	12	Ballarat Gold Swimming Club In	1:21.86	_____	_____
3	Isaac Brown	13	Warrnambool Swimming Club	1:18.95	_____	_____
4	Bowie Hughes	14	Essendon District Aquatic	1:15.56	_____	_____
5	Martin Ma	12	Ballarat Gold Swimming Club In	1:18.83	_____	_____
6	Thomas Bruce	15	Ballarat Gold Swimming Club In	1:20.84	_____	_____
7	Lenny Chiller	10	Warrnambool Swimming Club	1:23.06	_____	_____
8	Oliver Roberts	11	Gisborne Thunder Swimming Club	1:26.02	_____	_____

Heat 4 of 5 Timed Finals Starts at 01:49 PM

1	Patrick Clark	13	Geelong Swimming Club Incorpor	1:10.97	_____	_____
2	Liam Weissenfeld	14	Ballarat Gold Swimming Club In	1:09.18	_____	_____
3	Harrison Chiller	14	Warrnambool Swimming Club	1:07.16	_____	_____
4	George Kitson	14	Geelong Swimming Club Incorpor	1:05.35	_____	_____
5	Oliver Anderson	13	Bendigo Hawks Aquatic	1:06.34	_____	_____
6	Miles Crilly	14	Ballarat Swimming Club Inc	1:09.15	_____	_____
7	Jonah Elliott	16	Warrnambool Swimming Club	1:10.64	_____	_____
8	Ethan Bruce	15	Ballarat Gold Swimming Club In	1:13.04	_____	_____

Heat 5 of 5 Timed Finals Starts at 01:51 PM

1	Maxim Hocking	15	Ballarat Gold Swimming Club In	1:02.69	_____	_____
2	Ronan Kerr	17	Warrnambool Swimming Club	1:02.21	_____	_____
3	Hayden Wilson	15	Ballarat Gco Swimming Club Inc	1:00.67	_____	_____
4	Miller Stott	16	Ballarat Gold Swimming Club In	57.06	_____	_____
5	Oscar Woithe	16	Warrnambool Swimming Club	59.42	_____	_____
6	Oliver Kallio	15	Ballarat Gold Swimming Club In	1:01.38	_____	_____
7	Mason Firth	15	Ballarat Gold Swimming Club In	1:02.48	_____	_____
8	Beau Turner	17	Warrnambool Swimming Club	1:04.63	_____	_____

Event 23 Girls Open 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals Starts at 01:53 PM						
3	Sophie Mugavin	11	Warrnambool Swimming Club	NT	_____	_____
4	Emilia Black	13	Plc Aquatic Inc (Victoria)	NT	_____	_____
5	Siena Keramaris	11	Warrnambool Swimming Club	NT	_____	_____
Heat 2 of 4 Timed Finals Starts at 01:55 PM						
1	Bella Leonard	12	Warrnambool Swimming Club	57.62	_____	_____
2	Isabel Meneses Lopez	11	Ballarat Gold Swimming Club In	49.84	_____	_____
3	Hannah Matheson	15	Ballarat Gold Swimming Club In	46.63	_____	_____
4	Zoe Braham	11	Ballarat Gold Swimming Club In	43.02	_____	_____
5	Estelle Hespe	12	Warrnambool Swimming Club	44.11	_____	_____
6	Ava Mjeda	9	Warrnambool Swimming Club	48.59	_____	_____
7	Olive McKinnon	9	Flyers Swim Team (Victoria)	57.28	_____	_____
8	Alina Chopra	10	Melton Swimming Club Inc	1:01.70	_____	_____
Heat 3 of 4 Timed Finals Starts at 01:56 PM						
1	Susanna Xu	11	CA Tritons Inc	41.82	_____	_____
2	Junqing Cao	12	Ballarat Gold Swimming Club In	40.28	_____	_____
3	Riley Poh	15	Plc Aquatic Inc (Victoria)	37.95	_____	_____
4	Hailey Tan	14	Plc Aquatic Inc (Victoria)	36.33	_____	_____
5	Matisse Aberline	13	Warrnambool Swimming Club	36.36	_____	_____
6	Evelyn Leung	12	Plc Aquatic Inc (Victoria)	37.96	_____	_____
7	Miranda Jansz	13	Warrnambool Swimming Club	40.66	_____	_____
8	Zoe Pianta	10	Ballarat Gold Swimming Club In	42.34	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 2
Heat 4 Timed Finals Starts at 01:58 PM... (Event 23 Girls Open 50 LC Meter Butterfly)

1	Neve Harrison	14	Ballarat Swimming Club Inc	34.67	_____	_____
2	Ellua Boyd	15	Ballarat Gold Swimming Club In	34.59	_____	_____
3	Amelia Martin	16	Ballarat Gold Swimming Club In	33.59	_____	_____
4	Sophia Beaton	14	Ballarat Gold Swimming Club In	31.84	_____	_____
5	Madelaine Regalado-Jones	14	Plc Aquatic Inc (Victoria)	32.38	_____	_____
6	Georgia Turner	20	Warrnambool Swimming Club	33.65	_____	_____
7	Kiera Butterworth	15	Ballarat Gold Swimming Club In	34.60	_____	_____
8	Jayda Anesi	12	Ballarat Gco Swimming Club Inc	35.52	_____	_____

Event 24 Boys Open 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 4 Timed Finals Starts at 01:59 PM

2	Lachlan Kerr	11	Warrnambool Swimming Club	NT	_____	_____
3	Will Kerr	13	Warrnambool Swimming Club	NT	_____	_____
4	William Fee	11	Ballarat Gold Swimming Club In	58.88	_____	_____
5	Joshua Brien	24	Ballarat Gold Swimming Club In	NT	_____	_____
6	Leigh Taylor	11	Ballarat Gold Swimming Club In	NT	_____	_____
7	Thomas Jacobson	10	Gisborne Thunder Swimming Club	NT	_____	_____

Heat 2 of 4 Timed Finals Starts at 02:01 PM

1	Lenny Chiller	10	Warrnambool Swimming Club	49.75	_____	_____
2	Patrick Orton	11	Ballarat Gco Swimming Club Inc	46.07	_____	_____
3	Jasper Anderson	13	Warrnambool Swimming Club	43.47	_____	_____
4	Menzel Cook	10	Warrnambool Swimming Club	40.78	_____	_____
5	William Lynch	12	Ballarat Gold Swimming Club In	42.02	_____	_____
6	Joseph Parrillo	12	Westbourne Swim Club	43.84	_____	_____
7	Oliver Roberts	11	Gisborne Thunder Swimming Club	48.63	_____	_____
8	Nelson Cook	9	Warrnambool Swimming Club	53.99	_____	_____

Heat 3 of 4 Timed Finals Starts at 02:03 PM

1	Oliver Young	10	Geelong Swimming Club Incorpor	38.71	_____	_____
2	Charlie Tickell	13	Ballarat Gold Swimming Club In	36.25	_____	_____
3	Jayden Lim	13	Ballarat Gold Swimming Club In	34.42	_____	_____
4	Thomas Bruce	15	Ballarat Gold Swimming Club In	33.05	_____	_____
5	Bailey Stone	12	Bendigo Hawks Aquatic	33.72	_____	_____
6	Max Ravisa	15	Ballarat Gold Swimming Club In	34.50	_____	_____
7	Jason Huang	12	Ballarat Gold Swimming Club In	37.15	_____	_____
8	William Thompson	11	Melton Swimming Club Inc	38.79	_____	_____

Heat 4 of 4 Timed Finals Starts at 02:04 PM

1	William Paterson	16	Geelong Swimming Club Incorpor	31.62	_____	_____
2	Mason Firth	15	Ballarat Gold Swimming Club In	31.08	_____	_____
3	Maxim Hocking	15	Ballarat Gold Swimming Club In	30.11	_____	_____
4	Zavier Aberline	16	Warrnambool Swimming Club	27.41	_____	_____
5	Ronan Kerr	17	Warrnambool Swimming Club	29.39	_____	_____
6	Angus Sharpe	16	Gisborne Thunder Swimming Club	30.69	_____	_____
7	Charles Gleeson	18	Warrnambool Swimming Club	31.13	_____	_____
8	Raymond Wang	13	Ballarat Gold Swimming Club In	32.54	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program
Event 25 Girls Open 200 LC Meter IM

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals Starts at 02:05 PM						
1	Zoe Braham	11	Ballarat Gold Swimming Club In	NT	_____	_____
2	Siena Keramaris	11	Warrnambool Swimming Club	NT	_____	_____
3	Estelle Hespe	12	Warrnambool Swimming Club	NT	_____	_____
4	Isabella Scullion	12	Ballarat Gold Swimming Club In	NT	_____	_____
5	Ebony Lis	12	Ballarat Gold Swimming Club In	NT	_____	_____
6	Ariana Edwards	11	Ballarat Gold Swimming Club In	NT	_____	_____
7	Keren Wu	11	Plc Aquatic Inc (Victoria)	NT	_____	_____
8	Zoe Pianta	10	Ballarat Gold Swimming Club In	NT	_____	_____
Heat 2 of 3 Timed Finals Starts at 02:09 PM						
1	Ruby Kenwright	13	Warrnambool Swimming Club	NT	_____	_____
2	Isabella Trigg	14	Ballarat Gco Swimming Club Inc	NT	_____	_____
3	Lara Alvarez	11	Ballarat Gold Swimming Club In	3:33.00	_____	_____
4	Jayda Anesi	12	Ballarat Gco Swimming Club Inc	3:12.06	_____	_____
5	Ella Featherston	13	Ballarat Gold Swimming Club In	3:12.57	_____	_____
6	Pia Kalra	13	Plc Aquatic Inc (Victoria)	3:34.46	_____	_____
7	Stella Snibson	14	Ballarat Gold Swimming Club In	NT	_____	_____
8	Arusha Cashmore	13	Warrnambool Swimming Club	NT	_____	_____
Heat 3 of 3 Timed Finals Starts at 02:14 PM						
1	Ruby Xing	11	Plc Aquatic Inc (Victoria)	3:07.54	_____	_____
2	Trinity Brundell	11	Ballarat Gco Swimming Club Inc	3:06.25	_____	_____
3	Sophie Ryan	15	Warrnambool Swimming Club	3:01.96	_____	_____
4	Neve Harrison	14	Ballarat Swimming Club Inc	2:54.66	_____	_____
5	Amelia Martin	16	Ballarat Gold Swimming Club In	2:55.29	_____	_____
6	Ellua Boyd	15	Ballarat Gold Swimming Club In	3:04.24	_____	_____
7	Camila Meneses Lopez	13	Ballarat Gold Swimming Club In	3:06.38	_____	_____
8	Miranda Jansz	13	Warrnambool Swimming Club	3:10.38	_____	_____

Event 26 Boys Open 200 LC Meter IM

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals Starts at 02:18 PM						
3	Barry Song	9	Ballarat Gold Swimming Club In	NT	_____	_____
4	Edward Valentan	12	Ballarat Swimming Club Inc	NT	_____	_____
5	Lachlan Kerr	11	Warrnambool Swimming Club	NT	_____	_____
Heat 2 of 3 Timed Finals Starts at 02:22 PM						
1	Reuben Martin	13	Ararat Swimming Club Inc	NT	_____	_____
2	Patrick Orton	11	Ballarat Gco Swimming Club Inc	4:16.36	_____	_____
3	Corey McMillin	12	Ballarat Gold Swimming Club In	3:28.53	_____	_____
4	William Thompson	11	Melton Swimming Club Inc	3:15.60	_____	_____
5	Jude Harrison	11	Ballarat Swimming Club Inc	3:25.13	_____	_____
6	Menzel Cook	10	Warrnambool Swimming Club	3:48.23	_____	_____
7	Thomas Bruce	15	Ballarat Gold Swimming Club In	NT	_____	_____
8	Lachlan Mifsud	13	Warrnambool Swimming Club	NT	_____	_____
Heat 3 of 3 Timed Finals Starts at 02:27 PM						
1	Bowie Hughes	14	Essendon District Aquatic	3:10.47	_____	_____
2	Martin Ma	12	Ballarat Gold Swimming Club In	3:08.97	_____	_____
3	Miles Crilly	14	Ballarat Swimming Club Inc	2:50.67	_____	_____
4	Chase Briggs	18	Ballarat Gold Swimming Club In	2:33.45	_____	_____
5	Sebastian Chambers	14	Geelong Swimming Club Incorpor	2:46.22	_____	_____
6	Patrick Clark	13	Geelong Swimming Club Incorpor	2:57.04	_____	_____
7	Raymond Wang	13	Ballarat Gold Swimming Club In	3:10.07	_____	_____
8	Matthew Rieniets	12	Ballarat Swimming Club Inc	3:12.35	_____	_____

2025 Ballarat Gold Long Course Meet - 16/11/2025
Meet Program - Session 2
Event 27 Mixed Open 200 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals Starts at 12:30 PM					
2	Ballarat Gold Swimming Club In	P	NT	_____	_____
3	Ballarat Gold Swimming Club In	O	NT	_____	_____
4	Ballarat Gold Swimming Club In	L	NT	_____	_____
5	Ballarat Gold Swimming Club In	M	NT	_____	_____
6	Ballarat Gold Swimming Club In	N	NT	_____	_____
Heat 2 of 3 Timed Finals Starts at 12:34 PM					
2	Ballarat Gold Swimming Club In	J	NT	_____	_____
3	Ballarat Gold Swimming Club In	H	NT	_____	_____
4	Ballarat Gold Swimming Club In	F	NT	_____	_____
5	Ballarat Gold Swimming Club In	G	NT	_____	_____
6	Ballarat Gold Swimming Club In	I	NT	_____	_____
7	Ballarat Gold Swimming Club In	K	NT	_____	_____
Heat 3 of 3 Timed Finals Starts at 12:38 PM					
1	Ballarat Gold Swimming Club In	D	NT	_____	_____
2	Ballarat Gold Swimming Club In	C	NT	_____	_____
3	Ballarat Gold Swimming Club In	B	NT	_____	_____
4	Plc Aquatic Inc (Victoria)	A	NT	_____	_____
5	Ballarat Gold Swimming Club In	A	NT	_____	_____
6	Plc Aquatic Inc (Victoria)	B	NT	_____	_____
7	Plc Aquatic Inc (Victoria)	C	NT	_____	_____
8	Ballarat Gold Swimming Club In	E	NT	_____	_____

There will be a short break following the relays before the 'Last Chance' Events begin.

A 'Last Chance' Entry form must be completed and submitted to the Recording Desk BEFORE the completion of Event 24 Boys Open 50 Fly. Entry forms can be found at the ribbons desk.

2025/26 MATTIOLI VICTORIAN SPRINT CHAMPIONSHIPS



29 – 30 NOVEMBER 2025

Qualifying Requirements

Qualifying times must have been achieved between 11 January 2025 and 17 November 2025.

Short course qualifying times **cannot** be used.

Mixed relays must be made up of 2 Women and 2 Men (swum in any order)

MEN									
Distance	Course	19 & Over	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years	11 Years & Under
FREESTYLE									
50m	LC	27.88	28.10	28.89	29.43	30.10	31.34	33.05	34.76
BACKSTROKE									
50m	LC	32.21	32.89	33.85	34.94	35.55	37.35	38.96	41.23
BREASTSTROKE									
50m	LC	35.41	35.92	36.97	37.92	38.60	39.56	41.31	44.32
BUTTERFLY									
50m	LC	30.01	30.33	31.25	32.04	32.91	34.00	35.64	37.59

WOMEN									
Distance	Course	19 & Over	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years	11 Years & Under
FREESTYLE									
50m	LC	30.68	30.91	31.07	31.59	31.70	32.13	33.20	35.04
BACKSTROKE									
50m	LC	34.98	35.55	36.33	37.18	37.90	38.54	39.29	41.26
BREASTSTROKE									
50m	LC	39.84	40.23	41.46	42.86	43.23	44.28	45.38	47.39
BUTTERFLY									
50m	LC	32.60	33.13	34.30	35.01	35.95	36.26	37.12	39.74

RELAY			
Event	15 & Over	13 – 14 Years	12 & Under
Mixed 4 x 50m Freestyle	2:05.08	2:11.05	2:23.87

2025-26 MATTIOLI VICTORIAN AGE LONG COURSE CHAMPIONSHIPS

10 - 15 DECEMBER 2025

QUALIFYING TIMES



BOYS							
Distance	Course	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years
FREESTYLE							
50m	LC	26.10	26.89	27.43	28.10	29.34	31.05
100m	LC	57.27	58.64	59.55	1:01.54	1:04.96	1:10.91
200m	LC	2:07.15	2:09.72	2:12.17	2:14.83	2:20.82	2:30.30
400m	LC	4:29.18	4:34.67	4:38.45	4:47.91	5:01.68	5:26.53
800m	LC	9:21.00	9:28.03	9:44.54	9:56.60	10:41.29	10:51.05
1500m	LC	17:49.45	17:52.09	18:35.44	19:14.20	19:52.85	19:56.72
BACKSTROKE							
50m	LC	30.89	31.85	32.94	33.55	35.35	36.96
100m	LC	1:05.83	1:07.98	1:09.91	1:11.92	1:14.66	1:21.92
200m	LC	2:20.46	2:23.96	2:28.02	2:34.62	2:43.16	2:52.08
BREASTSTROKE							
50m	LC	33.92	34.97	35.92	36.60	37.56	39.31
100m	LC	1:14.37	1:15.82	1:17.44	1:20.81	1:25.61	1:33.73
200m	LC	2:40.88	2:43.42	2:46.59	2:53.21	3:00.51	3:18.62
BUTTERFLY							
50m	LC	28.33	29.25	30.04	30.91	32.00	33.64
100m	LC	1:03.20	1:05.02	1:07.34	1:09.05	1:14.45	1:24.83
200m	LC	2:25.89	2:30.26	2:32.41	2:38.99	2:48.78	3:10.58
INDIVIDUAL MEDLEY							
200m	LC	2:24.90	2:26.46	2:28.87	2:32.54	2:39.73	2:51.44
400m	LC	5:09.06	5:13.69	5:20.48	5:27.88	5:40.94	6:10.70

2025-26 MATTIOLI VICTORIAN AGE LONG COURSE CHAMPIONSHIPS

10 - 15 DECEMBER 2025

QUALIFYING TIMES



GIRLS							
Distance	Course	17-18 Years	16 Years	15 Years	14 Years	13 Years	12 Years
FREESTYLE							
50m	LC	28.91	29.07	29.59	29.70	30.13	31.20
100m	LC	1:03.55	1:04.92	1:05.23	1:06.72	1:07.08	1:09.42
200m	LC	2:20.69	2:22.20	2:23.87	2:24.71	2:26.53	2:32.12
400m	LC	5:00.89	5:02.01	5:08.16	5:09.63	5:13.01	5:22.90
800m	LC	10:05.09	10:06.03	10:24.17	10:32.76	10:36.20	11:05.75
1500m	LC	19:31.71	19:48.05	19:55.08	19:59.24	20:03.14	21:09.80
BACKSTROKE							
50m	LC	33.55	34.33	35.18	35.90	36.54	37.29
100m	LC	1:14.89	1:15.42	1:16.59	1:17.24	1:18.93	1:21.94
200m	LC	2:39.50	2:41.80	2:43.79	2:45.40	2:48.89	2:51.51
BREASTSTROKE							
50m	LC	38.23	39.46	40.86	41.23	42.28	43.38
100m	LC	1:23.47	1:24.51	1:26.21	1:27.51	1:29.97	1:31.73
200m	LC	2:57.91	3:01.06	3:04.85	3:06.93	3:14.29	3:19.62
BUTTERFLY							
50m	LC	31.13	32.30	33.01	33.95	34.26	35.12
100m	LC	1:11.86	1:12.43	1:13.74	1:14.70	1:17.92	1:21.80
200m	LC	2:40.54	2:43.41	2:47.47	2:49.37	2:53.22	3:00.79
INDIVIDUAL MEDLEY							
200m	LC	2:39.28	2:42.30	2:42.97	2:44.51	2:50.91	2:52.99
400m	LC	5:29.70	5:33.19	5:37.55	5:42.80	5:52.31	6:04.55

MULTI-CLASS QUALIFYING TIMES – LONG COURSE

SWIMMING VICTORIA CHAMPIONSHIPS



AGE & OPEN CHAMPIONSHIPS

Swimming Victoria - Long Course State Championship Qualifying Times																			
Female 12-14 Years																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	54.42	58.75	1.05.4	55.19	49.69	52.06	53.12	50.77	58.4	54.74	51.91	57.94	1.00.12	1.17.66	1.16.75	1.27.55	1.30.83	2.19.09	2.12.36
100m Free	1.58.88	2.13.5	2.22.88	1.58.67	1.48.62	1.47.5	1.48.95	1.56.82	2.10.28	1.56.28	1.59.56	2.00.95	2.16.06	2.40.10	2.53.91	2.58.59	3.27.77	5.00.44	4.44.89
200m Free	4.19.73	4.55.66	5.12.17	4.26.99	3.56.82	4.04.18	4.02.52	4.08.88	4.33.54	4.04.42	4.06.77	4.58.48	4.38.24	5.49.37	6.25.00	6.26.41	7.20.36	12.20.34	10.16.36
50m Back	1.02.03	1.12.86	1.14.55	1.07.90	55.75	57.55	58.37	1.00.06	1.09.33	1.00.17	1.01.37	1.00.82	1.12.2	1.25.99	1.28.16	1.45.95	1.54.98	2.41.18	2.51.56
100m Back	2.12.07	2.39.36	2.38.74	2.24.79	1.58.96	2.08.10	2.09.28	1.12.12	2.26.92	2.11.72	2.14.82	2.16.08	2.38.94	3.08.68	3.29.3	3.54.08	3.56.4	5.44.98	6.15.54
50m Breast	1.07.36	1.19.88	1.20.96	1.09.86	1.00.74	1.02.8	1.04.03	1.04.79	1.08.65		1.01.2	1.04.83	1.17.5	1.37.00	1.37.95	1.48.24	2.04.85	2.05.89	3.29.13
100m Breast	2.27.43	2.58.01	2.57.19	2.38.31	2.15.91	2.24.04	2.19.14	2.25.42	2.39.56		2.21.98	2.27.66	2.56.26	3.33.11	3.42.54	4.26.3	4.46.97	7.05.54	8.15.25
50m Fly	56.16	1.05.82	1.07.5	58.91	52.21	57.8	53.16	56.03	1.02.55	53.92	53.49	58.18	1.05.98	1.21.95	1.33.76	1.30.6	2.06.15	2.30.26	2.11.85
100m Fly	2.07.54	2.37.79	2.33.29	2.15.06	2.01.01	2.06.66	2.04.44	1.59.91	2.22.82	2.05.2	2.04.96	2.16.4	2.29.44	3.13.91	3.55.52				
150m IM																6.07.96	6.22.51	12.28.67	9.42.37
200m IM	4.49.94	5.51.90	5.48.47	5.57.79	5.13.91	5.28.11	5.35.39	5.25.65	6.24.48	5.43.48	5.44.35	6.08.26	6.39.39	6.58.95	7.38.67	9.16.1	11.07.9		
Female 15-18 Years																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	47.54	52.52	1.00.71	49.33	44.41	46.54	47.48	45.38	52.20	48.93	46.4	51.79	53.74	1.05.5	1.04.73	1.13.84	1.16.61	2.01.51	1.55.63
100m Free	1.43.85	1.59.34	2.12.63	1.46.08	1.37.1	1.36.1	1.37.39	1.44.43	1.56.46	1.43.94	1.46.88	1.48.12	2.01.62	2.15.03	2.26.68	2.30.63	2.55.24	4.22.46	4.08.88
200m Free	3.46.90	4.24.3	4.49.79	3.58.67	3.31.69	3.38.27	3.36.79	3.42.48	4.04.52	3.38.48	3.40.59	3.51.05	4.08.72	4.54.67	5.24.72	5.25.91	6.11.41	9.05.49	8.58.44
50m Back	54.18	1.05.13	1.09.2	1.00.69	49.83	51.45	52.18	53.69	1.01.98	53.79	54.86	54.37	1.04.54	1.04.83	1.14.36	1.29.36	1.36.98	2.20.81	2.29.87
100m Back	1.55.38	2.22.45	2.27.36	2.09.43	1.46.34	1.54.51	1.55.56	1.58.1	2.11.33	1.57.74	2.00.52	2.01.64	2.22.08	2.39.14	2.56.53	3.17.43	3.19.39	5.01.36	5.28.06
50m Breast	58.84	1.11.41	1.15.15	1.02.45	54.3	56.13	57.24	57.92	1.01.36		54.71	57.95	1.09.28	1.21.81	1.22.61	1.31.3	1.45.3	2.24.92	3.02.69
100m Breast	2.08.79	2.39.12	2.44.49	2.21.51	2.01.49	2.08.76	2.04.38	2.09.99	2.42.63		2.06.92	2.11.99	2.37.56	2.59.74	3.07.7	3.27.74	4.02.04	6.11.74	7.30.11
50m Fly	49.06	58.84	1.02.66	52.66	46.67	51.67	47.52	50.09	55.91	48.2	47.81	52.01	58.98	1.09.12	1.19.08	1.16.42	1.46.4	2.11.26	1.55.18
100m Fly	1.51.42	2.21.05	2.22.3	2.00.73	1.48.17	1.53.22	1.51.24	1.47.19	2.07.67	1.51.92	1.51.7	2.01.93	2.13.58	2.43.55	3.18.65				
150m IM																5.18.78	5.22.62	10.54.03	8.28.75
200m IM	4.13.29	5.14.56	5.23.49	4.29.75	3.56.67	4.07.38	4.12.87	4.05.52	4.49.88	4.18.96	4.19.63	4.37.65	5.01.12	5.53.36	6.26.86	7.49.03	9.23.33		

MULTI-CLASS QUALIFYING TIMES – LONG COURSE



SWIMMING VICTORIA CHAMPIONSHIPS

AGE & OPEN CHAMPIONSHIPS

Female 19 Years & Over																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	42.05	46.63	57.13	43.8	39.44	41.32	42.16	40.29	46.35	43.45	41.2	45.99	47.71	58.55	57.87	1:09.49	1:12.09	1:50.40	1:45.06
100m Free	1:31.87	1:49.75	2:04.81	1:37.56	1:29.3	1:28.37	1:29.56	1:36.03	1:47.1	1:35.59	1:38.29	1:39.43	1:51.85	2:00.71	2:11.12	2:21.75	2:44.91	3:58.46	3:46.12
200m Free	3:20.72	4:03.06	4:32.70	3:39.49	3:14.68	3:20.73	3:19.37	3:24.6	3:44.87	3:20.93	3:22.86	3:32.49	3:48.73	4:23.41	4:50.27	5:06.69	5:49.51	9:47.61	8:09.21
50m Back	47.93	59.9	1:05.12	55.82	45.83	47.31	47.98	49.37	56.99	49.47	50.45	50.00	59.35	1:04.83	1:06.47	1:24.09	1:31.26	2:07.93	2:16.17
100m Back	1:42.07	2:11.00	2:18.67	1:59.03	1:37.79	1:45.31	1:46.28	1:48.61	2:00.78	1:48.28	1:50.83	1:51.87	2:10.66	2:22.26	2:37.8	3:05.79	3:07.63	4:33.81	4:58.06
50m Breast	52.05	1:05.67	1:10.72	57.43	49.94	51.62	52.64	53.26	56.43		50.31	53.29	1:03.71	1:13.13	1:13.85	1:25.91	1:39.09	2:11.67	2:45.99
100m Breast	1:53.93	2:26.33	2:34.79	2:10.14	1:51.73	1:58.41	1:54.38	1:59.55	2:11.17		1:56.72	2:01.39	2:24.90	2:40.67	2:47.79	3:15.49	3:47.77	5:37.75	6:48.95
50m Fly	43.4	54.11	58.97	48.43	42.92	47.51	43.7	46.06	51.42	44.33	43.97	47.83	54.24	1:01.79	1:10.69	1:11.91	1:40.13	1:59.26	1:44.65
100m Fly	1:38.57	2:09.72	2:13.91	1:51.03	1:39.48	1:44.12	1:42.3	1:38.57	1:57.41	1:42.92	1:42.73	1:52.13	2:02.85	2:26.2	2:57.57				
150m IM																4:59.98	5:03.60	9:54.22	462.23
200m IM	3:44.07	4:49.29	5:04.42	4:08.08	3:37.66	3:47.50	3:52.55	3:45.79	4:26.58	3:58.15	3:58.76	4:15.34	4:36.92	5:15.87	5:45.82	7:21.38	8:50.11		
Male 12-14 Years																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	48.07	51.24	57.77	44.51	43.97	46.19	46.4	43.68	50.54	46.32	48	48.11	54.14	1:04.36	1:11.52	1:25.96	1:32.03	2:10.61	2:44.52
100m Free	1:47.84	1:56.31	2:09.61	1:38.53	1:37.32	1:37.89	1:36.24	1:41.82	1:46.69	1:41.28	1:40.76	1:51.68	1:54.65	2:30.93	2:37.07	3:09.16	3:28.8	4:34.97	5:50.26
200m Free	3:54.49	4:20.95	2:41.83	224.3	3:33.85	3:44.8	3:29.65	3:46.92	3:56.7	3:37.47	3:46.14	4:01.6	4:12.61	5:15.81	5:40.63	6:30.88	7:28.26	10:01.35	12:47.91
50m Back	54.71	1:01.90	1:05.76	55.94	49.31	54.23	49.8	53.33	1:00.33	52.93	52.84	56.94	1:01.86	1:14.05	1:14.51	1:37.2	1:40.09	2:08.04	2:42.76
100m Back	1:59.20	2:14.06	2:23.26	2:00.91	1:46.51	1:53.76	1:52.72	1:58.7	2:13.32	1:54.38	1:59.44	2:05.1	2:16.28	2:47.98	2:51.75	3:30.72	3:29.12	4:45.69	5:47.47
50m Breast	59.66	1:08.61	1:11.7	56.9	52.8	57.55	54.55	57.55	59.57		55.4	59.98	1:01.24	1:23.46	1:30.06	1:35.54	1:50.24	2:17.49	3:22.22
100m Breast	2:10.76	2:34.02	2:37.16	2:10.05	1:54.00	2:07.48	2:05.94	2:08.14	2:20.16		2:08.04	2:14.02	2:22.36	3:06.64	3:21.87	3:38.06	4:07.64	5:33.68	9:04.34
50m Fly	51.2	55.32	1:01.53	47.02	47.03	49.7	46.61	47.96	52.78	47.25	50.52	52.38	56.82	1:10.88	1:12.61	1:31.19	1:52.07	2:23.35	5:04.65
100m Fly	1:53.68	2:07.26	2:16.63	1:45.18	1:42.41	1:48.36	1:47.44	1:53.5	2:02.24	1:48.3	1:54.38	1:58.38	2:07.09	2:38.27	2:55.24				
150m IM																5:34.75	6:19.85	9:15.55	12:35.25
200m IM	4:22.08	4:57.6	5:14.98	4:11.46	3:54.33	4:15.00	4:05.4	4:08.65	4:36.94	4:11.26	4:26.86	4:40.02	4:58.02	6:24.94	6:18.50	7:59.85	9:44.53		

MULTI-CLASS QUALIFYING TIMES – LONG COURSE



SWIMMING VICTORIA CHAMPIONSHIPS

AGE & OPEN CHAMPIONSHIPS

Male 15-18 Years																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	41.99	45.8	53.63	39.79	39.3	41.29	41.48	39.05	45.18	41.41	42.91	43	48.4	54.28	1.00.32	1.12.5	1.17.62	1.54.10	2.23.72
100m Free	1.34.21	1.43.97	2.00.32	1.28.08	1.26.99	1.27.5	1.26.02	1.31.02	1.35.37	1.30.53	1.30.07	1.39.83	1.42.48	2.07.3	2.12.48	2.39.54	2.56.11	4.00.21	5.05.98
200m Free	3.24.85	3.53.26	4.41.63	3.20.5	3.11.16	3.20.95	3.07.4	3.22.84	3.31.59	3.14.4	3.22.15	3.35.97	3.45.8	4.26.36	4.47.3	5.29.68	6.18.08	8.45.33	11.10.83
50m Back	47.8	55.33	1.01.05	50.01	44.07	48.47	44.52	47.67	53.92	47.32	47.23	50.9	55.3	1.02.45	1.02.84	1.21.98	1.24.42	1.51.85	2.22.18
100m Back	1.44.13	1.59.84	2.12.99	1.48.08	1.35.21	1.41.69	1.40.76	1.46.11	1.59.18	1.42.24	1.46.77	1.51.83	2.01.82	2.21.68	2.24.86	2.57.73	2.56.38	4.09.58	5.03.55
50m Breast	52.12	1.01.33	1.06.56	50.86	47.2	51.45	48.76	51.45	53.25		49.53	53.62	54.74	1.10.4	1.15.96	1.20.58	1.32.98	2.00.10	2.56.66
100m Breast	1.54.23	2.17.68	2.25.9	1.56.25	1.41.91	1.53.95	1.52.58	1.54.54	2.05.29		1.54.46	1.59.8	2.07.26	2.37.42	2.50.26	3.03.92	3.28.87	4.51.50	7.55.52
50m Fly	44.72	49.45	57.12	42.03	42.04	44.43	41.66	42.87	47.18	42.24	45.16	46.83	50.79	59.78	1.01.24	1.16.91	1.34.53	2.05.23	4.26.13
100m Fly	1.39.31	1.53.76	2.06.84	1.34.02	1.31.54	1.36.86	1.36.04	1.41.46	1.49.27	1.36.81	1.42.24	1.45.82	1.53.61	2.13.49	2.27.80				
150m IM																			
200m IM	3.48.95	4.26.03	4.52.41	3.44.78	3.29.47	3.47.95	3.39.36	3.42.27	4.07.56	3.44.60	3.58.55	4.10.31	4.26.4	5.16.24	5.19.24	6.44.72	8.13.01		
Male 19 Years & Over																			
	S19	S18	S17	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50m Free	37.15	42.12	50.47	36.59	36.14	37.97	38.14	35.91	41.55	38.08	39.46	39.55	44.51	48.52	53.92	1.08.23	1.13.04	1.43.67	2.10.58
100m Free	1.23.34	1.35.62	1.53.23	1.21.00	1.20.00	1.20.47	1.19.11	1.23.70	1.27.70	1.23.26	1.22.83	1.31.81	1.34.25	1.53.79	1.58.42	2.30.13	1.45.73	3.09.71	3.38.24
200m Free	3.01.22	3.34.52	4.06.20	3.04.39	2.55.80	3.04.80	2.52.34	3.06.54	3.14.59	2.58.78	3.05.90	3.18.62	3.27.66	3.58.10	4.16.82	5.10.24	5.55.79	7.57.29	10.09.49
50m Back	42.28	50.88	57.45	45.99	40.53	44.58	40.94	43.84	49.59	43.52	43.44	46.81	50.86	55.83	56.17	1.17.15	1.19.44	1.41.62	2.09.18
100m Back	1.32.12	1.50.21	1.25.15	1.39.39	1.27.56	1.33.52	1.32.66	1.37.58	1.49.6	1.34.03	1.38.19	1.42.84	1.52.03	2.06.65	2.09.49	2.47.25	2.45.98	3.46.75	4.35.79
50m Breast	46.1	56.4	1.02.64	46.71	43.34	47.24	44.78	47.24	48.89		45.48	49.24	50.27	1.02.93	1.07.90	1.15.83	1.27.5	1.49.12	2.40.50
100m Breast	1.41.05	2.06.62	2.17.29	1.46.91	1.33.72	1.44.8	1.43.53	1.45.34	1.55.22		1.45.26	1.50.17	1.57.03	2.20.72	2.32.2	2.53.08	3.16.55	4.24.84	7.12.04
50m Fly	39.57	45.48	53.75	38.65	38.66	40.86	38.31	39.42	43.39	38.85	41.53	43.06	46.71	53.44	54.74	1.12.38	1.28.95	1.53.78	4.01.8
100m Fly	1.27.85	1.44.62	1.59.36	1.26.46	1.24.19	1.29.08	1.28.32	1.03.31	1.40.49	1.29.03	1.34.03	1.37.32	1.44.48	1.59.33	2.12.12				
150m IM																			
200m IM	3.22.53	4.04.65	4.35.16	3.26.72	3.12.63	3.29.63	3.21.74	3.24.41	3.47.66	3.26.55	3.39.38	3.50.20	4.04.99	4.42.69	4.45.37	6.20.86	7.43.94		

GIRLS						
EVENT	13 YEARS	14 Years	15 YEARS	16 YEARS	17 YEARS	18 YEARS
50m Freestyle	28.81	28.27	28.02	27.92	27.69	27.69
100m Freestyle	1:02.95	1:01.84	1:00.98	1:00.47	59.81	59.81
200m Freestyle	2:17.99	2:14.92	2:13.20	2:11.91	2:11.26	2:11.26
400m Freestyle	4:49.84	4:42.56	4:39.73	4:38.10	4:36.95	4:36.95
800m Freestyle	9:43.09	9:35.25	9:24.62	9:20.60	9:17.66	9:17.66
1500m Freestyle	18:44.64	18:25.40	18:11.95	18:02.64	17:55.51	17:55.51
50m Backstroke	33.26	32.80	32.31	32.25	32.09	32.09
100m Backstroke	1:12.83	1:10.97	1:09.77	1:09.17	1:08.64	1:08.64
200m Backstroke	2:37.71	2:33.41	2:30.65	2:29.76	2:28.29	2:28.29
50m Breaststroke	37.67	36.58	36.26	36.13	35.85	35.85
100m Breaststroke	1:22.93	1:20.90	1:19.35	1:18.68	1:18.09	1:18.09
200m Breaststroke	2:59.75	2:54.24	2:52.41	2:49.50	2:48.01	2:48.01
50m Butterfly	31.19	30.66	30.17	29.77	29.50	29.50
100m Butterfly	1:11.29	1:09.08	1:07.29	1:05.97	1:05.29	1:05.29
200m Butterfly	2:39.91	2:35.91	2:31.48	2:29.15	2:27.78	2:27.78
200m IM	2:37.89	2:33.15	2:30.39	2:28.40	2:27.31	2:27.31
400m IM	5:37.09	5:26.69	5:20.84	5:15.94	5:14.33	5:14.33
CLUB RELAYS						
	13 - 14 years	15 - 16 years	17 - 18 years			
4x50m Freestyle	1:56.47	1:55.03	1:54.08			
4x50m Medley	2:12.05	2:09.85	2:08.84			

BOYS						
EVENT	13 YEARS	14 YEARS	15 Years	16 YEARS	17 YEARS	18 YEARS
50m Freestyle	27.15	26.17	25.47	25.08	24.76	24.64
100m Freestyle	59.85	57.46	55.84	54.82	54.50	54.24
200m Freestyle	2:12.32	2:07.54	2:03.18	2:01.26	1:58.91	1:57.73
400m Freestyle	4:37.78	4:29.96	4:22.65	4:18.50	4:14.56	4:11.96
800m Freestyle	9:24.10	9:13.50	8:58.45	8:49.36	8:44.97	8:41.49
1500m Freestyle	18:11.51	17:54.61	17:25.16	17:06.32	16:47.84	16:37.10
50m Backstroke	32.04	30.84	29.73	29.23	28.55	28.43
100m Backstroke	1:09.94	1:06.96	1:04.51	1:02.74	1:02.02	1:01.45
200m Backstroke	2:32.93	2:25.18	2:20.18	2:17.17	2:15.39	2:13.77
50m Breaststroke	35.18	33.88	32.73	32.01	31.77	31.46
100m Breaststroke	1:18.28	1:15.02	1:12.46	1:11.37	1:10.19	1:09.43
200m Breaststroke	2:51.26	2:44.05	2:39.26	2:35.01	2:33.39	2:32.37
50m Butterfly	29.77	28.50	27.56	26.84	26.54	26.27
100m Butterfly	1:07.63	1:03.97	1:02.01	1:00.31	59.58	58.98
200m Butterfly	2:32.61	2:25.04	2:19.83	2:16.94	2:14.01	2:12.62
200m IM	2:30.38	2:25.87	2:20.54	2:18.99	2:16.01	2:14.60
400m IM	5:17.15	5:10.90	5:06.30	5:00.12	4:54.34	4:51.18
RELAYS						
	13 - 14 years	15 - 16 years	17 - 18 years			
4x50m Freestyle	1:49.63	1:44.13	1:41.76			
4x50m Medley	2:02.97	1:56.55	1:54.12			

Age as at 11th April 2026

Short Course times are not eligible for entry into this meet

Qualifying times must be achieved on or after 1st May 2025

Entries close 12noon (midday) AEDT Monday 23rd March 2026. Times achieved after this date will not be accepted under any circumstances

NOTE: SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.

GIRLS 12-13 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:36.61	1:41.52	1:15.34	1:09.49	1:04.12	0:55.66	0:54.10	0:49.54	0:43.30	0:43.02	0:47.61	0:43.75	0:42.16	0:43.49	0:41.51	0:45.84	0:53.77	0:38.82
100m Free	3:27.93	3:39.28	2:44.91	2:29.21	2:18.03	1:59.15	1:56.33	1:48.86	1:34.50	1:32.29	1:46.67	1:36.03	1:31.02	1:29.82	1:30.75	1:41.17	1:49.83	1:25.02
50m Back	2:05.21	1:51.76	1:31.26	1:24.09	1:09.98	1:03.95	1:04.98	0:54.74	0:50.81	0:50.27	0:57.69	0:51.97	0:48.11	0:48.08	0:46.57	0:56.21	1:08.04	0:44.16
100m Back	4:34.09	3:59.19	3:17.50	3:15.57	2:54.86	2:15.84	2:15.89	1:56.35	1:47.01	1:44.55	2:00.78	1:48.61	1:42.61	1:41.67	1:39.39	2:03.07	2:28.80	1:33.93
50m Fly				1:15.70	1:11.84	0:59.08	0:56.41	0:52.36	0:44.69	0:45.05	0:54.13	0:47.99	0:44.42	0:48.29	0:43.62	0:48.48	1:01.46	0:40.17
100m Fly							2:14.49	1:56.62	1:39.18	1:39.37	2:03.59	1:43.76	1:38.77	1:40.01	1:41.10	1:51.61	2:24.49	1:30.72
50m Breast	2:32.64	2:01.07	1:39.09	1:30.43	1:21.83	1:13.63	1:09.56	0:58.34	0:51.13		0:59.40	0:55.08	0:53.50	0:52.46	0:50.75	0:59.81	1:14.59	0:47.94
100m Breast		3:59.76	3:15.49	3:15.49	2:56.63	2:33.68	2:27.21	2:06.25	1:52.69		2:07.67	1:59.27	1:50.44	1:54.32	1:53.55	2:12.99	2:38.52	1:45.44
150m IM		8:57.26	4:50.35	4:32.55														
200m IM					6:26.86	5:12.99	5:01.12	4:37.65	3:58.76	3:58.15	4:29.78	4:07.19	3:52.55	3:47.50	3:47.12	4:30.86	5:34.11	3:35.66
GIRLS 14-15 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:27.77	1:32.24	1:08.45	1:03.13	0:58.26	0:51.67	0:50.23	0:45.99	0:40.75	0:40.48	0:44.53	0:40.92	0:39.68	0:40.93	0:39.06	0:43.14	0:50.60	0:36.21
100m Free	3:08.92	3:19.23	2:29.83	2:15.57	2:05.41	1:50.61	1:47.99	1:41.05	1:28.93	1:26.85	1:39.77	1:29.82	1:25.65	1:24.52	1:25.40	1:35.20	1:43.36	1:19.52
50m Back	1:53.76	1:41.54	1:22.92	1:16.40	1:03.58	0:59.37	1:00.32	0:50.81	0:47.82	0:47.31	0:53.96	0:48.61	0:45.28	0:45.25	0:43.83	0:52.90	1:04.02	0:41.30
100m Back	4:09.02	3:37.32	2:59.44	2:57.68	2:38.87	2:06.10	2:06.15	1:48.01	1:40.70	1:38.38	1:52.96	1:41.58	1:36.56	1:35.68	1:33.53	1:55.81	2:20.03	1:27.85
50m Fly				1:08.78	1:05.27	0:54.84	0:52.37	0:48.61	0:42.05	0:42.39	0:50.62	0:44.89	0:41.80	0:45.44	0:41.05	0:45.62	0:57.84	0:37.57
100m Fly							2:04.85	1:48.26	1:33.33	1:33.51	1:55.59	1:37.05	1:32.94	1:34.11	1:35.14	1:45.03	2:15.97	1:24.85
50m Breast	2:18.68	1:50.00	1:30.03	1:22.16	1:14.35	1:08.35	1:04.58	0:54.16	0:48.12		0:55.56	0:51.52	0:50.34	0:49.37	0:47.76	0:56.29	1:10.19	0:44.84
100m Breast			3:37.83	2:57.62	2:40.48	2:22.66	2:16.66	1:57.20	1:46.04		1:59.41	1:51.55	1:43.92	1:47.58	1:46.85	2:05.15	2:29.17	1:38.62
150m IM		8:21.37	5:03.57	4:44.96														
200m IM					5:45.82	4:47.84	4:36.92	4:15.34	3:43.31	3:42.74	4:10.44	3:49.47	3:37.50	3:32.78	3:32.43	4:13.33	5:12.49	3:20.20
GIRLS 12-15 YEARS: 200m & 400m Freestyle																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
200m Free		8:45.78	6:07.91	5:22.83	5:05.57	4:25.20	4:09.67	3:52.63	3:26.17	3:24.20	3:53.53	3:35.37	3:22.62	3:13.81	3:17.85	3:46.84	4:36.08	3:04.52
400m Free						8:40.81	8:18.46	7:59.36	6:58.77	6:59.20	8:04.18	7:11.32	6:52.07	7:03.96	7:02.15	8:30.13	9:42.78	6:27.00
GIRLS 16-18 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:21.48	1:25.62	1:03.54	0:58.61	0:54.08	0:48.62	0:47.26	0:43.28	0:38.71	0:38.45	0:42.12	0:38.70	0:37.69	0:38.88	0:37.11	0:40.98	0:48.06	0:34.44
100m Free	2:55.38	3:04.95	2:19.09	2:05.85	1:56.42	1:44.09	1:41.62	1:35.10	1:24.47	1:22.50	1:34.37	1:24.96	1:21.36	1:20.29	1:21.12	1:30.43	1:38.18	1:15.21
200m Free		7:57.70	5:34.27	4:53.31	4:37.63	4:06.19	3:51.78	3:35.95	3:14.01	3:12.16	3:38.42	3:21.43	3:10.67	3:02.38	3:06.19	3:33.46	4:19.80	2:52.58
400m Free						8:03.47	7:42.73	7:25.00	6:34.08	6:34.48	7:32.86	6:43.42	6:27.78	6:38.96	6:37.26	8:00.05	9:08.42	6:01.96
50m Back	1:45.61	1:34.26	1:16.97	1:10.93	0:59.02	0:55.87	0:56.76	0:47.82	0:45.42	0:44.94	0:51.04	0:45.98	0:43.01	0:42.98	0:41.63	0:50.25	1:00.82	0:39.07
100m Back	3:51.17	3:21.74	2:46.58	2:44.95	2:27.49	1:58.67	1:58.71	1:41.64	1:35.65	1:33.45	1:46.85	1:36.08	1:31.72	1:30.89	1:28.84	1:50.01	2:13.02	1:23.09
50m Fly				1:03.85	1:00.59	0:51.61	0:49.28	0:45.74	0:39.94	0:40.27	0:47.88	0:42.46	0:39.70	0:43.17	0:38.99	0:43.34	0:54.94	0:35.53
100m Fly							1:57.49	1:41.88	1:28.66	1:28.83	1:49.33	1:31.79	1:28.29	1:29.40	1:30.38	1:39.77	2:09.16	1:20.26
50m Breast	2:08.74	1:42.12	1:23.58	1:16.27	1:09.02	1:04.32	1:00.77	0:50.97	0:45.71		0:52.55	0:48.72	0:47.82	0:46.90	0:45.36	0:53.47	1:06.68	0:42.41
100m Breast			3:22.22	2:44.88	2:28.98	2:14.25	2:08.60	1:50.29	1:40.73		1:52.94	1:45.51	1:38.72	1:42.20	1:41.50	1:58.88	2:21.70	1:33.28
150m IM		7:41.08	4:39.18	4:22.06														
200m IM					5:18.03	4:29.22	4:19.01	3:58.81	3:31.22	3:30.68	3:55.68	3:35.94	3:25.72	3:21.26	3:20.92	3:59.61	4:55.56	3:08.40

NOTE: SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.

BOYS 12-13 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	2:00.08	1:35.33	1:13.04	1:07.02	0:55.20	0:48.85	0:45.11	0:43.30	0:37.94	0:36.76	0:41.55	0:37.80	0:36.83	0:38.37	0:36.73	0:39.26	0:46.97	0:34.38
100m Free	4:15.64	3:20.69	2:54.45	2:28.57	2:04.67	1:47.22	1:41.95	1:35.49	1:22.91	1:20.39	1:32.32	1:23.70	1:20.40	1:21.07	1:21.31	1:26.89	1:44.86	1:16.29
50m Back	1:52.85	1:28.78	1:19.44	1:17.15	0:59.13	0:53.81	0:55.68	0:51.25	0:44.15	0:44.22	0:50.44	0:45.69	0:41.61	0:42.02	0:41.19	0:48.07	0:57.80	0:38.72
100m Back	4:00.92	3:18.09	2:54.71	2:56.05	2:23.49	2:01.13	1:55.59	1:46.96	1:34.80	1:30.78	1:48.25	1:37.04	1:29.47	1:29.72	1:28.99	1:46.63	2:05.18	1:24.84
50m Fly				1:11.56	0:56.99	0:51.11	0:48.58	0:47.14	0:41.35	0:39.48	0:45.67	0:41.50	0:38.94	0:39.15	0:39.29	0:41.46	0:49.29	0:36.62
100m Fly							1:51.97	1:41.21	1:30.78	1:25.96	1:39.73	1:33.31	1:25.28	1:26.01	1:25.56	1:33.09	1:56.79	1:21.30
50m Breast	2:27.59	1:35.33	1:27.50	1:19.82	1:15.25	0:59.76	0:54.65	0:53.98	0:46.29		0:51.54	0:49.80	0:45.30	0:47.81	0:44.11	0:50.18	1:04.07	0:42.67
100m Breast			3:26.90	2:53.08	2:40.22	2:12.68	2:00.25	1:54.59	1:41.63		1:55.22	1:45.34	1:38.16	1:39.61	1:35.24	1:54.56	2:22.47	1:33.52
150m IM		6:47.66	5:20.38	4:42.34														
200m IM					5:33.10	4:41.24	4:24.94	4:10.31	3:37.08	3:26.55	3:55.99	3:43.78	3:20.63	3:27.11	3:22.77	3:49.69	4:46.98	3:14.94
BOYS 14-15 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:49.10	1:26.61	1:06.36	1:00.89	0:50.15	0:45.35	0:41.88	0:40.19	0:35.70	0:34.60	0:38.86	0:35.35	0:34.66	0:36.11	0:34.57	0:36.94	0:44.20	0:32.15
100m Free	3:52.27	3:02.33	2:38.50	2:14.99	1:53.27	1:39.53	1:34.64	1:28.64	1:18.02	1:15.65	1:26.35	1:18.29	1:15.66	1:16.29	1:16.51	1:21.77	1:38.68	1:11.35
50m Back	1:42.53	1:20.66	1:12.18	1:10.09	0:53.73	0:49.96	0:51.69	0:47.57	0:41.54	0:41.62	0:47.18	0:42.73	0:39.15	0:39.54	0:38.76	0:45.23	0:54.39	0:36.21
100m Back	3:38.89	2:59.97	2:38.74	2:39.95	2:10.37	1:52.45	1:47.31	1:39.29	1:29.21	1:25.43	1:41.25	1:30.76	1:24.19	1:24.43	1:23.74	1:40.34	1:57.80	1:19.35
50m Fly				1:05.01	0:51.78	0:47.45	0:45.10	0:43.76	0:38.91	0:37.15	0:42.72	0:38.81	0:36.64	0:36.84	0:36.97	0:39.02	0:46.38	0:34.25
100m Fly							1:43.94	1:33.96	1:25.43	1:20.89	1:33.28	1:27.27	1:20.25	1:20.93	1:20.52	1:26.92	1:49.90	1:16.04
50m Breast	2:14.10	1:26.61	1:19.50	1:12.52	1:08.36	0:55.48	0:50.73	0:50.11	0:43.56		0:48.21	0:46.58	0:42.63	0:44.99	0:41.51	0:47.22	1:00.29	0:39.90
100m Breast			3:07.98	2:37.25	2:25.57	2:03.17	1:51.63	1:46.37	1:35.63		1:47.77	1:38.52	1:32.38	1:33.74	1:29.63	1:47.81	2:14.07	1:27.47
150m IM		6:04.41	4:46.39	4:12.38														
200m IM					4:57.76	4:18.64	4:03.65	3:50.20	3:23.03	3:13.19	3:39.08	3:27.74	3:07.65	3:13.71	3:09.65	3:34.83	4:28.42	3:00.96
BOYS 12-15 YEARS: 200m & 400m Freestyle																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
200m Free		6:56.95	5:55.79	5:10.24	4:30.36	3:59.72	3:44.52	3:37.44	3:05.52	3:01.69	3:24.83	3:14.60	2:55.15	2:56.68	2:58.66	3:17.81	4:03.51	2:47.70
400m Free						8:12.05	7:43.51	7:24.15	6:36.74	6:17.34	7:08.84	6:44.38	6:13.93	6:29.66	6:10.53	7:07.88	8:40.99	6:01.83
BOYS 16-18 YEARS																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:41.28	1:20.40	1:01.61	0:56.53	0:46.56	0:42.68	0:39.41	0:37.82	0:33.91	0:32.86	0:36.75	0:33.44	0:32.92	0:34.30	0:32.84	0:35.09	0:41.99	0:30.41
100m Free	3:35.62	2:49.26	2:27.14	2:05.31	1:45.15	1:33.66	1:29.06	1:23.41	1:14.11	1:11.86	1:21.67	1:14.05	1:11.87	1:12.47	1:12.68	1:17.68	1:33.74	1:07.49
200m Free		6:18.83	5:23.25	4:41.87	4:05.64		3:28.43	3:21.85	2:54.58	2:50.98	3:11.57	3:02.01	2:44.83	2:46.26	2:48.13	3:06.14	3:49.15	2:36.85
400m Free						7:36.77	7:10.28	6:52.31	6:13.35	5:55.09	6:41.09	6:18.21	5:51.88	6:06.68	5:48.68	6:42.65	8:10.27	5:38.42
50m Back	1:35.18	1:14.88	1:07.00	1:05.07	0:49.88	0:47.01	0:48.64	0:44.77	0:39.46	0:39.53	0:44.62	0:40.42	0:37.19	0:37.56	0:36.82	0:42.97	0:51.67	0:34.25
100m Back	3:23.20	2:47.07	2:27.36	2:28.49	2:01.02	1:45.82	1:40.99	1:33.44	1:24.74	1:21.15	1:35.76	1:25.84	1:19.97	1:20.20	1:19.55	1:35.31	1:51.90	1:15.05
50m Fly				1:00.35	0:48.07	0:44.65	0:42.44	0:41.18	0:36.96	0:35.29	0:40.41	0:36.71	0:34.81	0:34.99	0:35.12	0:37.06	0:44.06	0:32.39
100m Fly							1:37.81	1:28.42	1:21.15	1:16.84	1:28.23	1:22.54	1:16.23	1:16.88	1:16.48	1:23.21	1:44.39	1:11.92
50m Breast	2:04.48	1:20.40	1:13.80	1:07.32	1:03.46	0:52.21	0:47.74	0:47.16	0:41.38		0:45.60	0:44.06	0:40.50	0:42.74	0:39.43	0:44.85	0:57.27	0:37.74
100m Breast			2:54.50	2:25.98	2:15.14	1:55.90	1:45.04	1:40.10	1:30.84		1:41.93	1:33.19	1:27.75	1:29.04	1:25.14	1:42.41	2:07.35	1:22.73
150m IM		5:35.13	4:23.38	3:52.10														
200m IM					4:33.83	4:01.91	3:47.88	3:35.30	3:12.03	3:02.73	3:26.16	3:15.49	2:57.49	3:03.22	2:59.38	3:23.19	4:13.88	2:50.29

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MEN	EVENT	WOMEN
24.51	50m Freestyle	27.56
53.96	100m Freestyle	59.54
1:57.14	200m Freestyle	2:10.63
4:10.70	400m Freestyle	4:36.95
8:41.49	800m Freestyle	9:17.66
16:37.10	1500m Freestyle	17:55.51
28.28	50m Backstroke	31.96
1:01.14	100m Backstroke	1:08.31
2:13.10	200m Backstroke	2:27.54
31.30	50m Breaststroke	35.71
1:09.08	100m Breaststroke	1:17.73
2:31.60	200m Breaststroke	2:47.16
26.14	50m Butterfly	29.35
58.68	100m Butterfly	1:05.03
2:11.95	200m Butterfly	2:27.04
2:13.92	200m Individual Medley	2:26.80
4:49.72	400m Individual Medley	5:12.76
RELAYS		
3:40.00	4 x 100m Free	4:01.00
7:55.00	4 x 200m Free	8:45.00
4:00.00	4 x 100m Medley	4:29.00
4:12.00	MIXED 4 x 100m Medley	4:12.00

Age as at 6th April 2026.

Only Long Course times will be accepted.

Qualifying times must be achieved after 1st January 2025.

Entries close 12noon (midday) AEDT Friday 20th March 2026 - Times achieved after the closing date will not be accepted under any circumstances.

NOTE: SwimAus strongly advises all participants to check the Start List on the day it is published to ensure your seed times are correct. All care is taken to ensure the most recent times are used, however due to unexpected system delays, this may not always be the case. Swimmers will have a small window of time to submit any changes if needed.

WOMEN																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:16.68	1:20.58	0:59.80	0:55.15	0:50.89	0:46.19	0:44.90	0:41.11	0:37.02	0:36.78	0:39.30	0:36.12	0:36.05	0:37.19	0:35.49	0:39.20	0:45.97	0:32.74
100m Free	2:45.04	2:54.04	2:10.89	1:58.43	1:49.56	1:38.87	1:36.53	1:30.33	1:20.79	1:18.91	1:28.06	1:19.27	1:17.82	1:16.79	1:17.59	1:26.49	1:33.91	1:11.71
200m Free		7:23.46	5:10.31	4:32.29	4:17.73	3:51.67	3:38.11	3:23.22	3:04.30	3:02.54	3:21.55	3:05.87	3:01.12	2:53.24	2:56.86	3:22.77	4:06.79	2:43.24
400m Free						7:34.97	7:15.44	6:37.78	6:14.34	6:14.73	6:57.88	6:12.26	6:08.35	6:18.98	6:17.36	7:36.00	8:40.95	5:42.35
50m Back	1:39.38	1:28.70	1:12.43	1:06.74	0:55.54	0:53.07	0:53.92	0:45.42	0:43.44	0:42.98	0:47.62	0:42.90	0:41.14	0:41.11	0:39.82	0:48.06	0:58.17	0:37.25
100m Back	3:37.54	3:09.85	2:36.76	2:35.22	2:18.79	1:52.72	1:52.77	1:36.55	1:31.49	1:29.39	1:39.70	1:29.66	1:27.73	1:26.93	1:24.97	1:45.22	2:07.22	1:19.22
50m Fly				1:00.08	0:57.02	0:49.03	0:46.81	0:43.45	0:38.21	0:38.52	0:44.68	0:39.62	0:37.97	0:41.29	0:37.30	0:41.45	0:52.55	0:33.88
100m Fly							1:51.60	1:36.77	1:24.80	1:24.96	1:42.02	1:25.65	1:24.45	1:25.50	1:26.44	1:35.43	2:03.53	1:16.52
50m Breast	2:01.15	1:36.10	1:18.65	1:11.78	1:04.95	1:01.10	0:57.72	0:48.42	0:43.72		0:49.04	0:45.47	0:45.74	0:44.86	0:43.39	0:51.14	1:03.78	0:40.44
100m Breast			3:10.30	2:35.16	2:20.19	2:07.52	2:02.16	1:44.76	1:36.35		1:45.39	1:38.45	1:34.42	1:37.75	1:37.08	1:53.71	2:15.53	1:28.93
150m IM		7:25.17	4:29.54	4:13.02														
200m IM					5:07.05	4:21.52	4:11.60	3:51.99	3:26.06	3:25.54	3:43.87	3:25.13	3:20.70	3:16.34	3:16.02	3:53.76	4:48.35	3:03.44

MEN																		
Event	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S18	S19
50m Free	1:35.30	1:15.66	0:57.97	0:53.19	0:43.81	0:40.54	0:37.43	0:35.93	0:32.44	0:31.43	0:34.30	0:31.20	0:31.49	0:32.80	0:31.41	0:33.56	0:40.16	0:29.00
100m Free	3:22.90	2:39.28	2:18.46	1:57.92	1:38.95	1:28.97	1:24.60	1:19.24	1:10.89	1:08.73	1:16.21	1:09.10	1:08.74	1:09.31	1:09.52	1:14.29	1:29.66	1:04.34
200m Free		5:51.67	5:00.08	4:21.67	3:48.03	3:29.42	3:16.14	3:09.95	2:45.84	2:42.42	2:56.78	2:47.95	2:36.57	2:37.93	2:39.71	2:56.82	3:37.67	2:28.36
400m Free						7:09.84	6:44.91	6:08.57	5:54.65	5:37.31	6:10.11	5:49.00	5:34.26	5:48.32	5:31.22	6:22.49	7:45.71	5:20.09
50m Back	1:29.57	1:10.46	1:03.05	1:01.23	0:46.94	0:44.66	0:46.20	0:42.53	0:37.74	0:37.81	0:41.64	0:37.72	0:35.57	0:35.93	0:35.22	0:41.10	0:49.42	0:32.66
100m Back	3:11.22	2:37.22	2:18.67	2:19.73	1:53.89	1:40.52	1:35.92	1:28.76	1:21.05	1:17.62	1:29.36	1:20.10	1:16.49	1:16.71	1:16.09	1:31.16	1:47.03	1:11.55
50m Fly					0:56.79	0:45.23	0:40.31	0:39.12	0:35.36	0:33.75	0:37.70	0:34.26	0:33.29	0:33.47	0:33.59	0:35.45	0:42.14	0:30.88
100m Fly							1:32.92	1:23.99	1:17.62	1:13.49	1:22.33	1:17.02	1:12.91	1:13.53	1:13.15	1:19.59	1:39.85	1:08.57
50m Breast	1:57.14	1:15.66	1:09.45	1:03.35	0:59.72	0:49.59	0:45.35	0:44.80	0:39.58		0:42.55	0:41.11	0:38.73	0:40.88	0:37.72	0:42.90	0:54.78	0:35.99
100m Breast			2:44.21	2:17.37	2:07.17	1:50.10	1:39.78	1:35.09	1:26.89		1:35.11	1:26.96	1:23.93	1:25.16		1:21.43	1:37.95	2:01.81
150m IM		5:23.56	4:14.29	3:44.09														1:18.88
200m IM					4:24.38	3:54.99	3:41.37	3:29.15	3:07.35	2:58.27	3:15.83	3:05.70	2:53.16	2:58.75	2:55.00	3:18.23	4:07.68	2:45.81

Age as at 6th April 2026.

Only Long Course times can be used to enter this event.

Qualifying times must be achieved after 1st January, 2025.

Entries close 12noon (midday) AEDT Friday 20th March 2026 - Times achieved after the closing date will not be accepted under any circumstances.

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2025/26 MATTIOLI VICTORIAN COUNTRY LONG COURSE CHAMPIONSHIPS

16 - 18 JANUARY 2026



Qualifying Requirements

Qualifying times must have been achieved between 18 January 2025 and 5 January 2026.

Each country club can enter a maximum of 2 relay teams per event and each competitor is limited to a maximum of 4 relay event swims whether age group or open.

Swimmers are only eligible to compete in relays for the club they are a primary member of as at the closing date for entries.

Mixed Open Relays must be made up of 2 Women and 2 Men (swum in any order)

RELAYS

Event	Open			17 & Over		16 & Under		14 & Under		12 & Under	
	Men	Women	Mixed	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
4 x 50m Freestyle			1:57.00	2:08.00	2:13.00	2:12.00	2:14.00	2:18.00	2:15.00	2:32.00	2:30.00
4 x 50m Medley			2:09.00	2:32.00	2:34.00	2:34.00	2:36.00	2:35.00	2:36.50	2:54.00	2:50.00
4 x 100m Freestyle	4:06.00	4:40.00									
4 x 100m Medley	4:40.00	5:12.00									

2025/26 MATTIOLI VICTORIAN COUNTRY LONG COURSE CHAMPIONSHIPS

16 - 18 JANUARY 2026



MEN								
Distance	Course	Open	18 & Over	16-17 Years	14-15 Years	13 Years	12 Years	11 Years & Under
FREESTYLE								
50m	LC		29.50					37.74
100m	LC	59.50		1:02.91	1:04.17	1:10.90	1:16.70	
200m	LC	2:11.90						
400m	LC	4:40.10						
BACKSTROKE								
50m	LC		37.60					45.30
100m	LC	1:09.20		1:15.10	1:18.30	1:27.20	1:31.20	
200m	LC	2:30.30						
BREASTSTROKE								
50m	LC		41.60					51.90
100m	LC	1:18.00		1:24.40	1:28.80	1:36.90	1:43.70	
200m	LC	2:49.70						
BUTTERFLY								
50m	LC		34.60					45.90
100m	LC	1:07.00		1:12.75	1:15.95	1:28.10	1:35.96	
200m	LC	2:28.70						
INDIVIDUAL MEDLEY								
200m	LC		2:36.90	2:38.60	2:46.20	2:59.10	2:59.10	3:13.10
400m	LC	5:19.80						

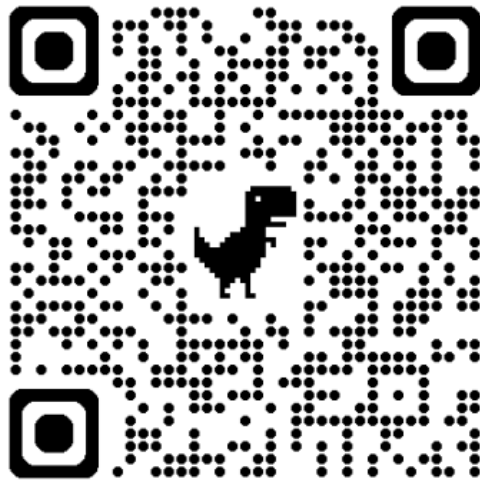
2025/26 MATTIOLI VICTORIAN COUNTRY LONG COURSE CHAMPIONSHIPS

16 - 18 JANUARY 2026



WOMEN								
Distance	Course	Open	18 & Over	16-17 Years	14-15 Years	13 Years	12 Years	11 Years & Under
FREESTYLE								
50m	LC		33.00					36.95
100m	LC	1:05.30		1:08.94	1:09.38	1:13.00	1:15.03	
200m	LC	2:22.90						
400m	LC	5:00.00						
BACKSTROKE								
50m	LC		39.90					45.10
100m	LC	1:15.50		1:21.80	1:22.60	1:25.20	1:29.10	
200m	LC	2:41.20						
BREASTSTROKE								
50m	LC		45.50					51.10
100m	LC	1:26.50		1:31.73	1:32.69	1:37.10	1:42.16	
200m	LC	3:05.10						
BUTTERFLY								
50m	LC		36.30					45.00
100m	LC	1:15.20		1:21.30	1:22.80	1:31.70	1:38.80	
200m	LC	2:45.30						
INDIVIDUAL MEDLEY								
200m	LC		2:50.80	2:51.50	2:52.40	2:57.00	2:57.00	3:14.10
400m	LC	5:42.60						

Results on Meet Mobile
[Or view pdf Results here:](#)



Thank You.

**We hope that you enjoyed
swimming with us.**

**We look forward to seeing you in
2026**