



BALLARAT GOLD
SWIMMING CLUB

Presents

Oak Tree Ballarat Dental Last Chance Countries & Distance SC Meet

A proposed short course qualifying meet.

Offering a 'Last Chance' to Qualify for the 2026 Victorian Country SC Championships

The meet is called 'BGold OakTree Dental LastChance & Distance SC' ' on Swim Central & Meet Mobile

Sunday 26th July 2026 at

Ballarat Aquatic and Lifestyle Centre, Gillies St North, Ballarat

Doors open 9.00am, warm up 9.15 am, start 10.00am
Entry is via double doors at the North end of the competition pool

Program of events

Event #		Session 1		Event #		Session 2
Female	Male	Event		Female	Male	
1		Mixed Open 400m Freestyle *		14	15	Open 100m Backstroke
2		Mixed Open 400m IM*		16	17	Open 200m Freestyle
3	4	Open 50m Backstroke		18	19	Open 50m Breaststroke
5	6	Open 100m Freestyle		20	21	Open 100m IM
7		Mixed Open 200m Backstroke		22		Mixed Open 200m Butterfly
8	9	Open 50m Butterfly		23	24	Open 50m Freestyle
10	11	Open 100m Breaststroke		25		Mixed Open 200m Breaststroke
12	13	Open 200m IM		26	27	Open 100m Butterfly
						LAST CHANCE COUNTRIES
		BREAK				
						Short BREAK - Session 3
				28		Mixed Open 800m Freestyle ^
				29		Mixed Open 1500m Freestyle^

*Events 1/2 may be combined. Limit of 3 combined heats, open to the first 24 swimmers to enter.

Only enter EITHER Event 1 OR Event 2, do NOT enter both.

^800m & 1500m - Only enter EITHER Event 28 OR Event 29, do NOT enter both.

800m - limit of 2 heats, open to the first 16 swimmers to enter.

1500m— limit of 1 heat, open to the first 8 swimmers to enter.

Coach approved manual times may be accepted subject to space.

Event 28 & 29 may be combined. If there are not enough entries these events may be canceled at the discretion of the organisers. Full refunds will be offered in this instance only.

All enquiries to Natalie Millar, entries@ballaratgold.org.au , 0421 187 049



Conditions of Entry

Entries:

Meet open to SAL registered swimmers only.

Age of competitors is as at date of meet.

[ONLINE entries via Swim Central](#)

\$15 per event (includes Swimming Victoria levy). Late entries \$20 per event.

Entry Fees will not be refunded for any reason.

Closing date 19 July at 6pm.

The Meet Director reserves the right to cancel/ merge events or alter the program as required. Ballarat Gold Swimming Club reserves the right to close online entries early to accommodate time constraints.

Distance Events:

*400m Events 1/2 maybe combined. Limit of 3 combined heats, open to the first 24 swimmers to enter. Only enter EITHER Event 1 OR Event 2, do NOT enter both.

^800m & 1500m - Only enter EITHER Event 28 OR Event 29, do NOT enter both.

800m - limit of 2 heats, open to the first 16 swimmers to enter.

1500m – limit of 1 heat, open to the first 8 swimmers to enter.

Coach approved manual times may be accepted subject to space.

Meet:

One start rule applies.

The SV [11 & Under swim suit rule](#) will apply to this meet.

Backstroke ledges will be available for use at this Meet.

The Referees decisions will be final.

All events are timed finals. Points will be awarded to the top 8 swimmers in the following age categories: 9 & U, 10/11, 12/13, 14/15, 16/17 and 18 & O for both male and female swimmers in all events in Session 1 and Session 2. Medals for 1st, 2nd & 3rd aggregate in each age group will be announced after the conclusion of Session 2.

Ribbons available for top 3 swimmers in individual Events.

General:

Program, timeline and athlete roster available no later than two days prior to competition from

[Swim Central](#) and [Ballarat Gold Website](#)

Free spectator entry. Grandstand seating available.

Pop-up shops in Courtyard: Ballarat Gold BBQ



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